

Atsuwell ASL-Z2103

Atsuwell 6x11 Microwavable Heating Pad User Manual

Model: ASL-Z2103

INTRODUCTION

Thank you for choosing the Atsuwell 6x11 Microwavable Heating Pad. This versatile compress is designed to provide targeted moist heat or soothing cold therapy for various body parts, including the neck, shoulders, arms, legs, ankles, and knees. It is filled with flaxseed, millets, and clay beads, offering a comfortable and effective solution for relaxation and discomfort relief.

IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before use. Failure to follow these instructions may result in injury or damage to the product.

- **Do Not Overheat:** Overheating can damage the product and cause burns. Follow recommended heating times strictly.
- **Microwave Use Only:** This product is designed for microwave heating. Do not use conventional ovens or other heating methods.
- **Check Temperature:** Always check the temperature of the heating pad before applying it to your skin. If it feels too hot, allow it to cool down.
- **Supervise Children:** Keep out of reach of children and supervise use by individuals who may not be able to follow instructions.
- **Do Not Machine Wash:** This product is not machine washable. Refer to the maintenance section for cleaning instructions.
- **Consult a Doctor:** If you have any medical conditions, are pregnant, or have sensitive skin, consult a healthcare professional before using this product.
- **Inspect Before Use:** Before each use, inspect the heating pad for any signs of damage or wear. Discontinue use if damaged.

PRODUCT OVERVIEW

The Atsuwell Microwavable Heating Pad features a dual-sided design for varied comfort and therapy intensity.



Deliver Gentle Heat Therapy Pressure

The Atsuwell heating pad applied to a man's shoulder, demonstrating its use for targeted heat therapy.

Double-Side Fabric Design

with Natural Filling



Claybeads

Long Lasting Heat Retention



Flaxseeds & Millet

Soothing Moist Therapy



Breathable Linen

- ✓ Great Moist Heat Retention
- ✓ Delivers Cooling Therapy
- ✓ Durable

Soft plush

- ✓ Skin-Friendly
- ✓ Smooth & Comfortable



This image illustrates the dual-side fabric design and natural filling, including clay beads, flaxseeds, and millet, which contribute to long-lasting heat retention and soothing moist therapy.

- **Dimensions:** 6 x 11 inches
- **Filling:** Flaxseed, millets, and clay beads for moist heat and weight.
- **Dual-Side Fabric:**
 - **Breathable Linen:** Provides extra heat retention and is suitable for cooling therapy.
 - **Ultra-soft Plush:** Skin-friendly and comfortable, ideal for sensitive skin.
- **Unscented:** Designed for users sensitive to fragrances.

SETUP

The Atsuwell Microwavable Heating Pad requires no assembly. It is ready for use as either a hot or cold compress directly out of the packaging.

OPERATING INSTRUCTIONS

For Hot Compress (Moist Heat Therapy):

1. Ensure the heating pad is clean and dry.
2. Place the heating pad flat in a clean microwave.
3. Heat for **60 to 90 seconds**.
4. Carefully remove the heating pad from the microwave.
5. **Always check the temperature** before applying to your skin. If it is too hot, allow it to cool for a few minutes.
6. Apply the heated pad to the desired area for up to 15-20 minutes.
7. If additional heat is desired, reheat in 15-second increments, checking the temperature after each interval. **Do not exceed a total heating time of 2 minutes per session.**



A hand placing the Atsuwell heating pad into a microwave for heating.

For Cold Compress (Cooling Therapy):

1. Place the heating pad in a sealed plastic bag to protect it from moisture and odors.
2. Place the sealed bag in the freezer for at least 2 hours.
3. Remove from the freezer and apply the chilled pad to the desired area for soothing coldness.



The Atsuwell heating pad placed inside a freezer, ready for use as a cold compress.

Application Areas:

The flexible design allows application to various body parts:



Shoulder application.



Knee application.



Ankle application.

This video demonstrates the flexibility and application of the heating pad for various body parts.

Your browser does not support the video tag.

Official Atsuwell video demonstrating the microwave heating pad's versatility for different body areas, including menstrual pain relief, knee, and shoulder application.

MAINTENANCE

- **Cleaning:** Spot clean only with a damp cloth. Do not submerge in water or machine wash, as this can damage the natural filling.
- **Storage:** Store in a cool, dry place when not in use. Ensure the pad is completely dry before storing.
- **Longevity:** With proper care, your Atsuwell heating pad will provide long-lasting comfort.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Pad not heating sufficiently.	Insufficient microwave time or low microwave wattage.	Increase microwave time in 15-second increments. Ensure total heating time does not exceed 2 minutes.
Pad feels too hot.	Overheated in microwave.	Allow the pad to cool down before applying to skin. Reduce heating time for future uses.
Pad has an unusual smell after heating.	Natural filling may release a slight scent when heated, especially during initial uses.	This is normal and should dissipate over time. Ensure the pad is not overheated.

SPECIFICATIONS

- **Model Name:** Warm Compress
- **Dimensions:** 6 x 11 inches
- **Weight:** Approximately 1.65 Pounds
- **Filling Material:** Flaxseed, Millets, Clay Beads
- **Outer Material:** Fabric (Linen and Plush)
- **Color:** Grey
- **Manufacturer:** Atsuwell
- **Model Number:** ASL-Z2103
- **UPC:** 727146969847

WARRANTY AND SUPPORT

Atsuwell products are designed for quality and durability. For any issues or support needs, please contact Atsuwell customer service. Refer to the product packaging or the official Atsuwell website for specific warranty details and contact information.

Return Policy: This product is eligible for return within 30 days of purchase, subject to the retailer's return policy.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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