

## Armitron 40/8353

# Armitron Sport 40/8353 Digital Chronograph Watch User Manual

Model: 40/8353

## INTRODUCTION

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This manual provides detailed instructions for the setup, operation, and maintenance of your Armitron Sport 40/8353 Digital Chronograph Watch. This watch features a black resin case with an olive top ring, an LCD display, and an olive camouflage resin strap. Key functions include a chronograph, three alarms, military time display, and a backlight. It is water resistant up to 100 meters (330 feet).



Front view of the Armitron Sport 40/8353 Digital Chronograph Watch, showcasing the digital display and camouflage strap.

## WATCH COMPONENTS

Familiarize yourself with the watch's buttons and display areas:

- **MODE Button:** Used to cycle through different functions (Time, Chronograph, Alarm).
- **SET Button:** Used to enter setting mode for time, date, and alarms.
- **ADJUST Button:** Used to change values during setting mode.
- **LIGHT Button:** Activates the backlight for visibility in low light conditions.
- **LCD Display:** Shows time, seconds, day, date, and function indicators.



Side view of the watch, illustrating the placement of the control buttons.

## Initial Power On

Your watch comes with a pre-installed battery. If the display is blank or dim, the battery may need replacement. Please refer to the Maintenance section for battery information.

## Setting Time and Date

1. In normal time display mode, press the **MODE** button repeatedly until the time setting mode is indicated (e.g., flashing digits).
2. Press the **SET** button to select the value you wish to adjust (e.g., hours, minutes, year, month, day). The selected value will flash.
3. Use the **ADJUST** button to increase the flashing value. Hold the button to advance rapidly.
4. Continue pressing **SET** to cycle through all adjustable values (hours, minutes, AM/PM or 24-hour format, year, month, day).
5. Once all settings are correct, press the **MODE** button to exit the setting mode and return to normal time display.

*Note: The watch supports both 12-hour (with AM/PM indicator) and 24-hour (military time) formats. This can typically be toggled during the hour setting process using the ADJUST button.*

## OPERATING INSTRUCTIONS

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### Time Display Mode

This is the default mode, showing the current time (hours, minutes, seconds), day of the week, and date (month, day).

### Chronograph (Stopwatch) Function

1. From time display mode, press the **MODE** button until "CHRONO" or "STW" appears on the display.
2. Press the **ADJUST** button to start the chronograph.
3. Press the **ADJUST** button again to stop the chronograph.
4. To resume timing, press the **ADJUST** button.
5. To reset the chronograph to zero, press the **SET** button while the chronograph is stopped.
6. Press the **MODE** button to return to time display mode.

### Alarm Function

The watch features three independent alarms.

1. From time display mode, press the **MODE** button until "ALARM" or "ALM" appears. Repeated presses may cycle through Alarm 1, Alarm 2, Alarm 3.
2. Press the **SET** button to select the alarm you wish to set.
3. Use the **ADJUST** button to set the desired hour and minute for the alarm.
4. Press **SET** to move between hour and minute settings.
5. To activate or deactivate an alarm, press the **ADJUST** button while in the alarm display mode (without entering setting mode). An alarm icon will appear when active.
6. Press the **MODE** button to return to time display mode.

### Backlight

Press the **LIGHT** button to illuminate the display for a few seconds. This feature is useful in dark environments.

## MAINTENANCE

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## Battery Replacement





The watch uses one product-specific battery. When the display becomes dim or stops functioning, the battery needs replacement. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and water resistance.

## Cleaning Your Watch

Wipe the watch case and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, as these can damage the resin and acrylic components.

## Water Resistance

Your Armitron Sport 40/8353 watch is water resistant to 100 meters (330 feet). This rating means it is suitable for swimming and snorkeling, but not for scuba diving. Do not operate buttons while the watch is submerged in water.

WATER RESISTANT CHART	
 NOT WATER RESISTANT	<b>NOT WATER RESISTANT</b>
 ACCIDENTAL SPLASHES	<b>WATER RESISTANT TO 30M (100FT):</b> In general, withstands splashes or brief immersion in water, but not suitable for swimming or bathing
 SWIMMING	<b>WATER RESISTANT TO 50M (165FT):</b> In general, suitable for short periods of recreational swimming, but not diving or snorkeling
 SNORKELING	<b>WATER RESISTANT TO 100 M (330 FT):</b> In general, suitable for swimming and snorkeling, but not scuba diving

This chart illustrates the general guidelines for watch water resistance ratings. Your watch is rated for 100M (330FT).





Rear view of the watch, showing the resin strap and buckle closure.

## TROUBLESHOOTING

- **Display is blank or dim:** The battery may be low or depleted. Replace the battery.
- **Buttons are unresponsive:** Ensure the watch is not in a locked mode (if applicable, though this model typically does not have a lock). If issues persist, a battery reset (by a professional) might be needed.
- **Time is incorrect:** Re-enter time setting mode and adjust the time and date as per the "Setting Time and Date" section.
- **Water inside the watch:** Immediately take the watch to a qualified technician. Do not attempt to open it yourself, as this will void the warranty and compromise water resistance.

## SPECIFICATIONS

<b>Model Number</b>	40/8353
<b>Display Type</b>	Digital LCD
<b>Movement Type</b>	Digital Quartz
<b>Case Material</b>	Resin
<b>Strap Material</b>	Resin
<b>Crystal Material</b>	Acrylic
<b>Water Resistance</b>	100 Meters (330 Feet)
<b>Functions</b>	Chronograph, 3 Alarms, Military Time, Backlight, Day/Date Display
<b>Case Diameter</b>	52.5 mm
<b>Case Thickness</b>	17.5 mm
<b>Band Width</b>	22 mm
<b>Battery Type</b>	Product-specific (1 required)

## WARRANTY INFORMATION

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Armitron watches typically come with a limited warranty covering manufacturing defects. Please refer to the warranty card included with your purchase or visit the official Armitron website for specific terms and conditions regarding your Model 40/8353. Keep your proof of purchase for warranty claims.

## CUSTOMER SUPPORT

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For further assistance, technical support, or service inquiries, please contact Armitron customer service. Contact details can usually be found on the official Armitron website or on the packaging of your watch.

*Online resources may include FAQs and additional instructional videos.*