

MOUNTUP MU7007

MOUNTUP Ultrawide Single Monitor Arm Instruction Manual

Model: MU7007

1. INTRODUCTION

Thank you for choosing the MOUNTUP Ultrawide Single Monitor Arm, Model MU7007. This manual provides detailed instructions for the safe and efficient installation, operation, and maintenance of your new monitor arm. Please read this manual thoroughly before installation and keep it for future reference.

2. SAFETY INFORMATION

Please observe the following safety precautions during installation and use:

- Do not exceed the maximum weight capacity of 33 lbs (15 kg).
- Ensure your monitor's VESA pattern is compatible (75x75mm or 100x100mm).
- Verify that your desk surface is strong enough to support the combined weight of the monitor arm and your monitor.
- Always use the provided hardware and follow installation steps carefully.
- Keep children and pets away during installation.
- Adjust the gas spring tension only when the arm is in a horizontal position to prevent sudden movement.

3. PACKAGE CONTENTS

Please check that all components are present and undamaged:

- Monitor Arm Assembly
- Detachable VESA Plate
- C-Clamp Base
- Grommet Base (Optional)
- Mounting Hardware Kit (screws, washers, spacers)
- Allen Wrenches
- Instruction Manual



Image: All components of the MOUNTUP Ultrawide Single Monitor Arm, showing the main arm, the C-clamp mounting option, and the grommet mounting option.

4. SPECIFICATIONS

Feature	Specification
Model Number	MU7007
Screen Size Compatibility	22 - 40 inches
Weight Capacity	6.6 - 33 lbs (3 - 15 kg)
VESA Compatibility	75x75mm, 100x100mm
Mounting Options	C-Clamp, Grommet
Tilt Range	+90° / -45°
Swivel Range	180° (at arm joints), 360° (at VESA plate)
Rotation	360° (Portrait to Landscape)
Max Extension	22.5 inches (57.15 cm)
Max Height Adjustment	19.75 inches (50.16 cm)

Feature	Specification
Material	Alloy Steel
Color	Black
USB Ports	2 (integrated into base, USB cable not included)



Image: The monitor arm supporting an ultrawide screen, highlighting its compatibility with screens up to 40 inches and a weight capacity of 30.9 lbs.

5. SETUP AND INSTALLATION

The MOUNTUP monitor arm offers two installation methods: C-Clamp and Grommet Mount.

5.1. Choose Your Mounting Method

Determine which mounting method is suitable for your desk. The C-clamp is drill-free, while the grommet mount requires a hole in your desk.

5.2. C-Clamp Installation

1. Attach the C-clamp to the bottom of the main pole.
2. Place the monitor arm assembly onto your desk edge.
3. Tighten the C-clamp screw until the arm is securely fastened to the desk.

5.3. Grommet Mount Installation (Optional)

1. If your desk has a grommet hole, or you plan to drill one, attach the grommet base plate to the bottom of the main pole.
2. Insert the pole through the grommet hole.
3. Secure the base from underneath the desk using the provided hardware.

5.4. Attaching the Monitor

1. Attach the detachable VESA plate to the back of your monitor using the appropriate VESA screws and spacers from the hardware kit. Ensure the screws are tightened securely.
2. Slide the monitor (with the attached VESA plate) onto the arm's VESA head until it clicks into place.
3. Tighten the security screw on the VESA head to prevent accidental detachment.

Easy Installation

Within **15** Min

**Free Up Desk Space,
No Messy**

Detachable VESA Plate

Image: A woman demonstrating the easy installation process, attaching a monitor to the arm using the detachable VESA plate, indicating setup can be completed within 15 minutes.

6. OPERATING AND ADJUSTMENTS

The MOUNTUP monitor arm offers extensive adjustability for optimal ergonomic positioning.

6.1. Gas Spring Tension Adjustment

The gas spring tension needs to be adjusted to match your monitor's weight. If the monitor rises too easily or drops, adjust the tension:

- **Monitor raises up:** Turn the adjustment screw (located on the arm joint) clockwise (towards the "-" direction) to reduce tension for lighter monitors.
- **Monitor drops down:** Turn the adjustment screw counter-clockwise (towards the "+" direction) to increase tension for heavier monitors.
- **Important:** Hold the arm in a horizontal position during adjustment to prevent sudden movement.

6.2. Height Adjustment

Once the gas spring tension is correctly set, you can freely move the monitor up and down to your desired height. The arm allows for a height adjustment range of 13 inches, with a minimum height of 6.7 inches and a maximum height of 19.7 inches from the desk surface.

6.3. Tilt Angle Adjustment

To adjust the monitor's tilt angle:

1. Loosen the tilting bolt (turn towards the "-" direction) on the VESA head.
2. Adjust the monitor to your desired tilt angle (+90° to -45°).
3. Retighten the tilting bolt (turn towards the "+" direction) to secure the angle.

6.4. Swivel and Rotation

- **Swivel:** The arm joints allow for 180° swivel, and the VESA plate can swivel 360°, providing flexibility to share your screen or adjust viewing angles.
- **Rotation:** The VESA plate supports 360° rotation, allowing you to switch your monitor between landscape and portrait orientations.

Easy Adjustment



Monitor raise up?

Turn clockwise("-" direction)
Reduce tension for lighter monitor



Monitor drop down?

Turn counter-clockwise("+" direction)
Increase tension for heavier monitor

Gas Spring Adjust

Please hold the arm in a horizontal position

Tilt Angle Adjust

1. Loosen tilting bolt (Turn to "-" direction)
2. Adjust to your desired angle
3. Retighten tilting bolt (Turn to "+" direction)



Image: Detailed instructions for adjusting the gas spring tension and the monitor's tilt angle using an Allen wrench.

Full Range Motion



Image: Visual representation of the monitor arm's full range of motion, including tilt ($+90^{\circ}/-45^{\circ}$), 360° swivel at arm joints, and 360° rotation for portrait/landscape viewing.

Free Height Adjustment

Find the Best Ergonomic Position

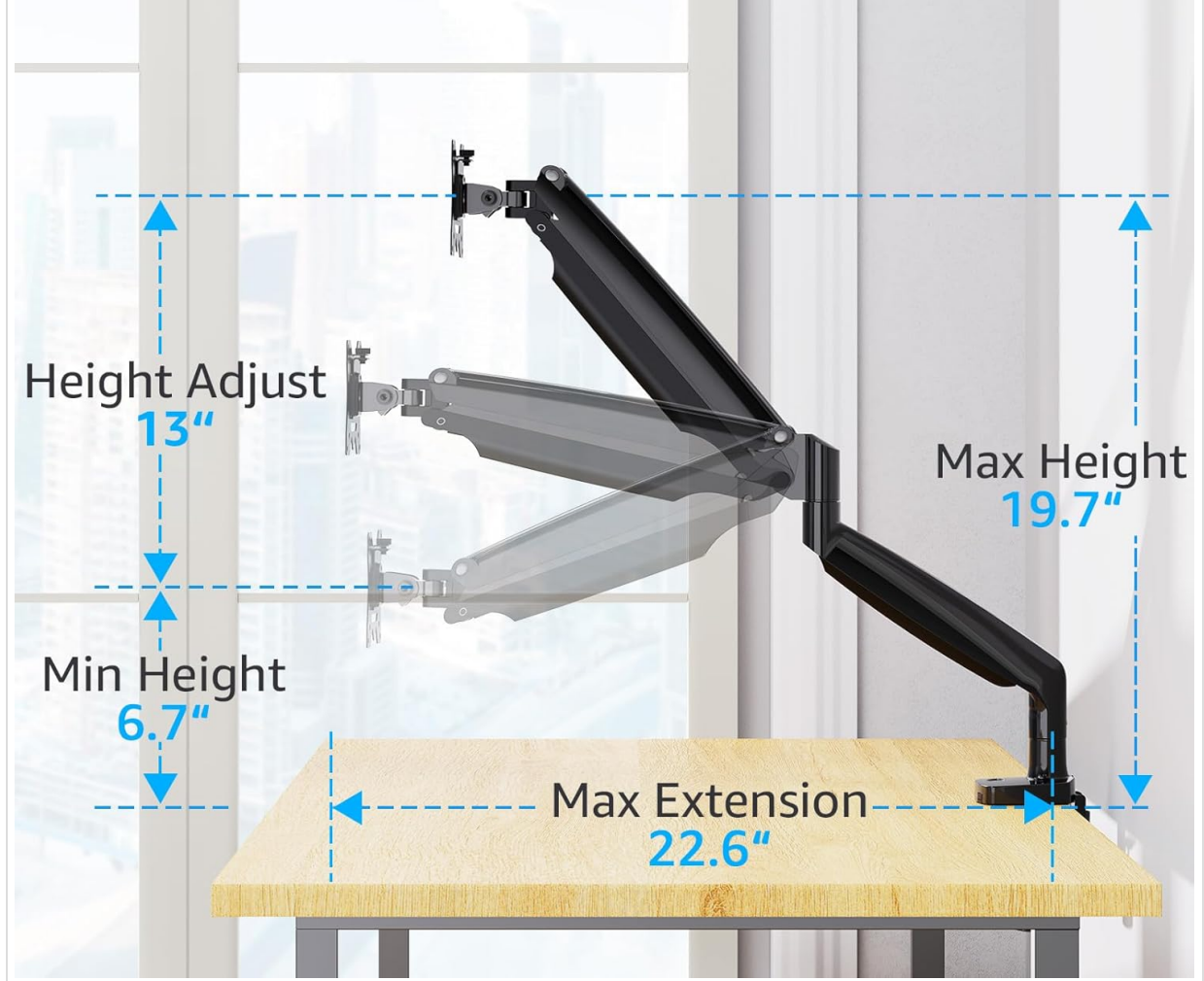


Image: A diagram illustrating the free height adjustment capabilities, showing minimum height (6.7"), maximum height (19.7"), and maximum extension (22.6").

6.5. Cable Management

The monitor arm features integrated cable management to keep your workspace tidy. Route your cables through the removable covers on the arm and the base. The base also includes two USB connectors for convenient access (USB cable not included).

Detachable USB Connector



Image: A visual guide demonstrating the routing of cables through the detachable USB connector integrated into the monitor arm's base, promoting a clutter-free desk.

7. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your monitor arm:

- **Cleaning:** Wipe the arm and base with a soft, damp cloth. Avoid abrasive cleaners.
- **Check Connections:** Periodically check all screws and bolts to ensure they are tight and secure. Retighten if necessary.
- **Gas Spring:** The gas spring is designed for long-term use (over 20,000 cycles) and generally requires no specific maintenance beyond initial tension adjustment.

8. TROUBLESHOOTING

If you encounter issues with your MOUNTUP monitor arm, refer to the following common problems and solutions:

8.1. Monitor Sags or Does Not Hold Position

- **Cause:** Gas spring tension is too low for the monitor's weight.
- **Solution:** Increase the gas spring tension by turning the adjustment screw counter-clockwise (towards

the "+" direction) as described in Section 6.1.

8.2. Monitor Floats Up or is Difficult to Push Down

- **Cause:** Gas spring tension is too high for the monitor's weight.
- **Solution:** Decrease the gas spring tension by turning the adjustment screw clockwise (towards the "-" direction) as described in Section 6.1.

8.3. Monitor Tilts Forward or Backward Unexpectedly

- **Cause:** The tilt angle bolt on the VESA head is loose.
- **Solution:** Retighten the tilt angle bolt as described in Section 6.3.

8.4. Arm Feels Loose or Unstable

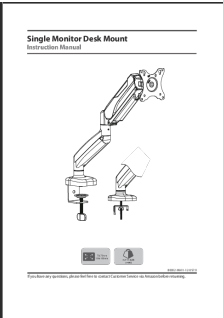
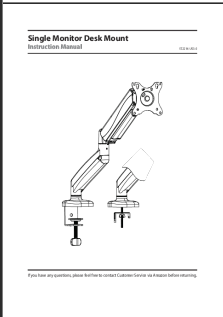
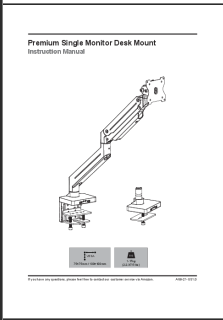
- **Cause:** The desk clamp or grommet mount is not sufficiently tightened.
- **Solution:** Recheck and tighten the C-clamp or grommet mounting hardware securely.

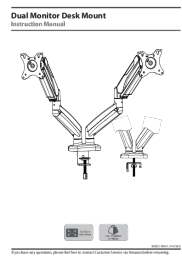
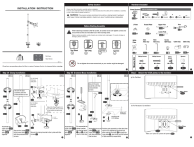
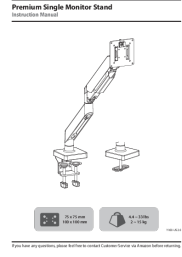
9. WARRANTY AND SUPPORT

MOUNTUP stands behind the quality and durability of its products. This monitor arm comes with a 3-year support period, ensuring its strength and reliability.

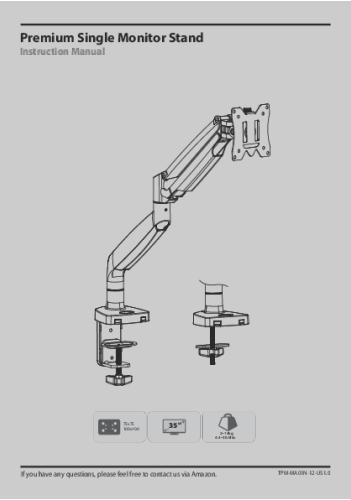
For further assistance, technical support, or warranty claims, please contact MOUNTUP customer service through the retailer where you purchased the product or visit the official MOUNTUP website for contact information.

Related Documents - MU7007

	<p>MOUNTUP Single Monitor Desk Mount Instruction Manual</p> <p>Comprehensive instruction manual for the MOUNTUP Single Monitor Desk Mount, detailing assembly, installation, adjustments, and maintenance for VESA-compatible monitors.</p>
	<p>MOUNTUP Single Monitor Desk Mount Instruction Manual YZ2216-US3.0</p> <p>Comprehensive instruction manual for the MOUNTUP YZ2216-US3.0 Single Monitor Desk Mount, detailing assembly, installation, and adjustment procedures for gas spring monitor arms. Includes product dimensions, package contents, and step-by-step guides.</p>
	<p>MOUNTUP Premium Single Monitor Desk Mount Installation Manual</p> <p>Comprehensive installation and adjustment guide for the MOUNTUP Premium Single Monitor Desk Mount (Model AG9-21-US1.0). Features VESA compatibility (75x75mm, 100x100mm) and supports monitors from 1kg to 17kg (2.2-37.5 lbs). Includes clamp and grommet mounting options, gas spring tension adjustment, and cable management.</p>

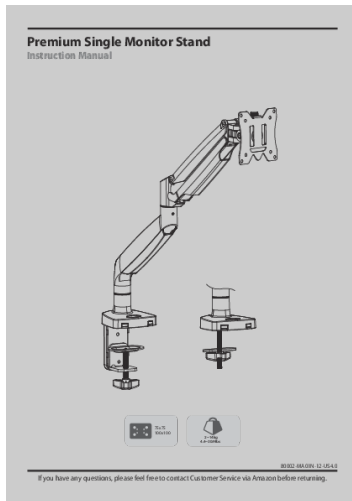
	<p>MOUNTUP Dual Monitor Desk Mount Instruction Manual</p> <p>Comprehensive instruction manual for the MOUNTUP Dual Monitor Desk Mount, detailing assembly, installation options (clamp and grommet), monitor attachment, adjustments, and maintenance for VESA-compatible monitors.</p>
	<p>MOUNTUP MU3003 Single Monitor Desk Mount Installation Guide</p> <p>Comprehensive installation instructions for the MOUNTUP MU3003 single monitor desk mount, covering clamp and grommet base installation, monitor attachment, tilting, and rotation adjustments. Includes product dimensions and hardware details.</p>
	<p>Premium Single Monitor Stand Instruction Manual - MOUNTUP Y100-US2.0</p> <p>Detailed instruction manual for the MOUNTUP Premium Single Monitor Stand (Model Y100-US2.0), covering safety, package contents, assembly steps, adjustments, and dimensions. Supports VESA 75x75mm and 100x100mm, with a weight capacity of 4.4-33 lbs.</p>

Documents - MOUNTUP – MU7007



[pdf] User Manual Accessories

Manual Instruction Ultrawide Single Monitor Desk Mount for Max 40 Monitors MU7007 MOUNTUP MP7007 MANUAL v 1691720181 cdn shopify s files 1 0524 2241 0425 ||| Premium Single Monitor Stand Instruction Manual 75x75 100x100 35 2-14kg 4.4-30.9lbs If you have any questions, please feel free to contact us via Amazon. TPM-MA01N-12-US1.0 WARNING If you have any confusion or are not quite sure about the installation, please do not hesitate to ask for our ... lang:en score:37 filesize: 3.51 M page_count: 12 document date: 2023-08-10



[\[pdf\]](#) User Manual Accessories

MU7007 User Manual Amazon MOUNTUP Ultrawide Single Monitor Arm for Max 35 Inch Screen Heavy Duty Desk Mount Support 6 30 9lbs Gas Spring Computer Stand Holder VESA Bracket with Clamp Grommet Base Black Electronics B1fCju7tKBL m media amazon images I |||

Premium Single Monitor Stand Instruction Manual 75x75 100x100 2-14kg 4.4-30.9lbs 80002-MA01N-12-US4.0 If you have any questions, please feel free to contact Customer Service via Amazon before returning. WARNING If you have any confusion or are not quite sure about the installation, please do n...

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