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> Marea B57010/3 Smartwatch User Manual

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Model: B57010/3

INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your Marea B57010/3 Smartwatch. Please read this guide thoroughly to ensure proper use and to maximize the features of your device.





Figure 1: Marea B57010/3 Smartwatch. This image shows the smartwatch with its pink casing and strap, featuring a vibrant digital display that indicates the time, date, and various activity metrics.

SETUP

1. Initial Charging

Before first use, charge the smartwatch for at least 2 hours using the provided charger. If using a power adapter, ensure its output is a maximum of 5V-1A.

2. App Installation and Pairing

1. Download the official Marea smartwatch application on your smartphone. The app is compatible with iOS 8.0 or higher and Android 4.4 or higher.
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the Marea app and follow the on-screen instructions to pair your smartwatch via Bluetooth 5.1. The watch and phone must be within Bluetooth range for connection.

OPERATING INSTRUCTIONS

Basic Navigation

The Marea B57010/3 features a 1.69-inch Full Touch screen. Swipe across the screen to navigate through menus and tap to select options.

Key Features

- **Display Selection:** Customize your watch face from various options.
- **Message Display:** View the last 8 messages received on your connected smartphone.
- **Sports Data:** Track various sports activities and monitor your performance.
- **Sleep Monitor:** Analyze your sleep patterns and quality.
- **Health Monitoring:** Monitor heart rate, blood pressure, and blood oxygen levels. *Refer to the 'Health Monitoring Notes' section for important disclaimers.*
- **Smartwatch Finder:** Locate your smartwatch if it's within Bluetooth range of your phone.
- **Do Not Disturb Mode:** Silence notifications during specific times.
- **Sedentary Reminder:** Receive alerts to encourage movement after periods of inactivity.
- **Daily Heart Rate:** View your heart rate trends throughout the day.
- **Water Drinking Reminder:** Get reminders to stay hydrated.
- **Physiological Cycle Reminder:** Track and predict physiological cycles.
- **Weather:** View current weather conditions.
- **Music Remote Control:** Control music playback on your smartphone.
- **Breathing Guide:** Follow guided breathing exercises.
- **Flashlight:** Use the screen as a temporary light source.
- **Chronograph & Countdown:** Utilize stopwatch and timer functions.
- **Alarms:** Set multiple alarms.
- **Vibrations:** Receive haptic feedback for notifications and alerts.
- **Theater Mode:** Adjust screen brightness and disable vibrations for discreet use.
- **Notifications:** Receive alerts for incoming calls, SMS messages, and activated app notifications.

HEALTH MONITORING NOTES

For accurate heart rate monitoring, ensure the smartwatch is in proper contact with your arm. The watch should not be too tight, as this can affect blood circulation, nor too loose, as this can interfere with the heart rate sensor's monitoring capabilities.

Important: The measurement results provided by this device are for reference only and cannot replace medical tests or professional medical advice. Always follow your doctor's instructions and do not rely solely on these results for medical evaluation or treatment decisions.

MAINTENANCE

Water Resistance (IP67)

The Marea B57010/3 Smartwatch has an IP67 water resistance rating, suitable for daily use. This means it is protected against dust and can withstand immersion in water up to 1 meter for up to 30 minutes. However, it cannot be used for diving or prolonged underwater activities. Avoid using it in the shower or with hot water, as water vapor can damage the watch. It is also not suitable for use in saltwater.

Cleaning

To clean your smartwatch, gently wipe the screen and strap with a soft, dry, or slightly damp cloth. Avoid using harsh chemicals or abrasive materials.

Battery Care

To prolong battery life, avoid exposing the smartwatch to extreme temperatures. Charge the device regularly, but avoid overcharging for extended periods. Use only the provided charger or a compatible 5V-1A adapter.

TROUBLESHOOTING

- **Connectivity Issues:** Ensure Bluetooth is enabled on both your smartphone and smartwatch. Keep the devices within close proximity. If issues persist, try unpairing and re-pairing the devices through the app.
- **Inaccurate Health Readings:** Verify that the smartwatch is worn correctly on your wrist, neither too tight nor too loose, ensuring good contact with the skin. Clean the sensor area if necessary.
- **Watch Not Responding:** Try restarting the smartwatch. If it remains unresponsive, ensure it is sufficiently charged.
- **App Synchronization Problems:** Check your smartphone's internet connection and ensure the Marea app is updated to the latest version.

SPECIFICATIONS

Model Number	B57010/3
Display	1.69 inch Full Touch Screen, 240 x 280 resolution
Battery	180 mAh
Processor	GR5515
Memory	RAM 256KB / ROM 64MB
Bluetooth	5.1
Water Resistance	IP67
Dimensions	36 x 44 mm
Compatibility	iOS 8.0 or higher / Android 4.4 or higher
Operating System	Android, iOS
Connectivity Technology	Bluetooth
Special Features	Chronograph, Alarm
Compatible Devices	Smartphone
Battery Composition	Silver Oxide
GPS	Integrated GPS
Shape	Rectangular
Color	Rose

WARRANTY AND SUPPORT

For information regarding warranty, repairs, or technical support, please refer to the documentation provided with your purchase or contact Marea customer service directly. Specific details on spare parts availability and software updates are not available in this manual.