

## Canmore TW356

# CANMORE TW356 Golf GPS Wearable Device User Manual

Model: TW356

## 1. INTRODUCTION

The CANMORE TW356 is a golf GPS wearable device designed to provide accurate distance measurements and course information for golfers. It features a high-contrast LCD display, preloaded worldwide course data, and an upgraded processor for enhanced performance. This manual provides essential information for the proper use and care of your device.

Your browser does not support the video tag.

**Video Description:** An overview of the Canmore Golf GPS Watch, demonstrating its use on the golf course. The video shows a golfer wearing the watch, driving a golf cart, and using the watch to view distances.

## 2. WHAT'S IN THE BOX

- CANMORE TW356 Golf GPS Wearable Device
- USB Charging Cable
- User Manual (this document)

## 3. KEY FEATURES

- **Worldwide Course Data:** Access to over 41,000 preloaded golf courses globally with no subscription fees.
- **Enhanced Performance:** Features faster GPS acquisition, more accurate location tracking, and an upgraded processor IC compared to previous models.
- **Extended Battery Life:** Offers up to 60% longer battery life than the Canmore TW-353.
- **Distance Measurement:** Automatically displays distances to the front, middle, and back of the green, hazard distances, and shot distance.
- **Scorecard Functionality:** Integrated scorecard for tracking your game.
- **Comfortable Design:** Equipped with a soft, sweatproof, and durable rubber wristband for comfortable wear without affecting your swing.
- **High Contrast Display:** White-on-black monochrome LCD display with backlights ensures readability in various lighting

conditions, including direct sunlight.

**CANMORE**

**WEARABLES**

**GOLF**

- Scoreboard
- Shot Distance
- Hazard Distance
- Distance to Green
- 40,000+ Pre-course
- Auto Hole Advanced

**TW353**

**TW356**

Upgrade IC Chip  
1. Faster GPS Locating  
2. 50% Longer Battery Life

**H300**

Lightweight

**HG200/HG200 Pro**

Intuitive Operation

**HG200+/HG200 max**

Colored Golf Course Map

**GOLF & FITNESS TRACKING**

- Alarm
- Timer
- Stopwatch
- Pedometer
- Step Tracking
- Calories Estimator

**TW410G**

**TW411**

Upgrade IC Chip  
1. Faster GPS Locating  
2. 50% Longer Battery Life

**MULTI-SPORT**

- Heart Rate Sensor
- Multi-sports Tracker
- Power Saving Mode
- Custom Training Plan

**TW402**

**Image Description:** A graphic illustrating the key features of the CANMORE TW356, including distance to front/center/back of green, scorecard, distance to hazard, auto hole detection, shot distance, and up to 20 hours of battery life in GPS mode.

## 4. SETUP

### 4.1 Charging the Device

Before initial use, fully charge your CANMORE TW356 device. Connect the supplied USB charging cable to a 5V USB power source (e.g., computer USB port, USB wall adapter). Attach the magnetic end of the cable to the charging contacts on the device. Charging typically takes approximately 2 hours. Only use 5V USB power sources to prevent damage to the battery.

**Exceptional Battery Life**

Up to 20 hours (Golf mode)  
Up to 80 days (Stand by mode)

20 hours

CANMORE

SCORE [ ] A  
#1 320  
Par 258  
227 v  
GPS

**Image Description:** A close-up of the CANMORE TW356 watch face showing a battery icon and the text "Exceptional Battery Life," indicating up to 20 hours in golf mode and 80 days in standby mode.

### 4.2 Initial GPS Connection

For the first GPS connection, wear the watch outdoors with the face pointing towards the sky. This allows the device to acquire

satellite signals. The initial connection may take up to 3 minutes. Once connected, the correct time will be displayed. Ensure no obstructions are covering the GPS receiver during location acquisition.



**Image Description:** An illustration depicting a satellite connecting to a golf course, highlighting the high-speed satellite connection feature of the CANMORE TW356 for precise distance measurements.

### 4.3 Unit Settings

The default display unit is yards. To change this setting, navigate to the "Setting" menu on your device, then select "Unit," and choose between "YARD" or "METER."

## 5. OPERATING INSTRUCTIONS

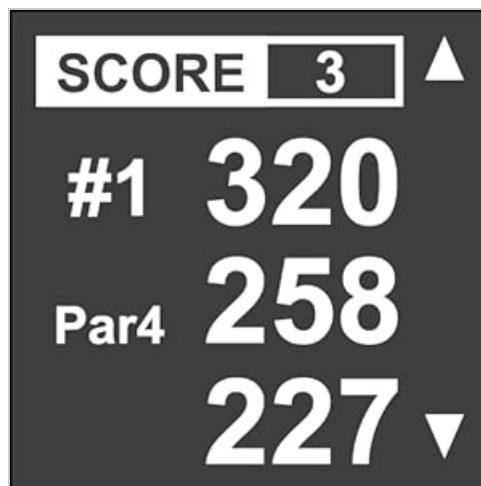
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### 5.1 Starting a Round

Once the GPS is connected, the device will automatically search for nearby golf courses. Select your desired course to begin playing. The watch will then display relevant information for the current hole.

### 5.2 Viewing Distances

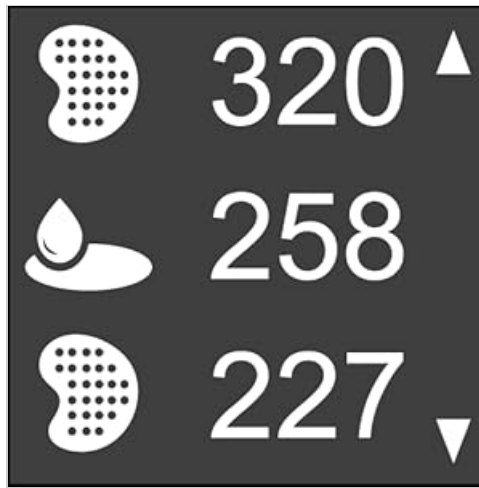
The main screen will show distances to the front, middle, and back of the green. The device automatically advances to the next hole as you progress.



**Image Description:** A close-up of the CANMORE TW356 watch display showing the current hole number, par, and three distance readings (front, middle, back) to the green.

### 5.3 Hazard Distances

The device can display distances to various course hazards. Consult the device's on-screen prompts or specific button functions to access this information.



**Image Description:** A screen display from the CANMORE TW356 showing distances to various course hazards, represented by icons for bunkers and water, along with their respective yardages.

#### 5.4 Shot Distance Measurement

To measure your shot distance, mark your starting point on the device, then walk to your ball. The device will calculate and display the distance traveled.



**Image Description:** The CANMORE TW356 watch display showing "SHOT" and a numerical value, indicating the measured shot distance.

#### 5.5 Scorecard

Utilize the integrated scorecard feature to keep track of your score throughout the round. Refer to the device's on-screen menu for instructions on inputting and managing scores.



**Image Description:** A composite image showing different display modes of the CANMORE TW356, including distance to front/center/back of green, distance to hazards, shot distance, and a scorecard display.

## 6. COURSE DATA UPDATES

The CANMORE TW356 comes with over 41,000 preloaded golf courses worldwide. To ensure the most accurate and up-to-date course information, it is recommended to regularly update the course data.

- Course data is updated biweekly.
- Download updates from the official CANMORE website.
- Connect your watch to a Windows, Mac, or Linux computer to perform the update.
- Consider subscribing to course map updates via email for notifications.



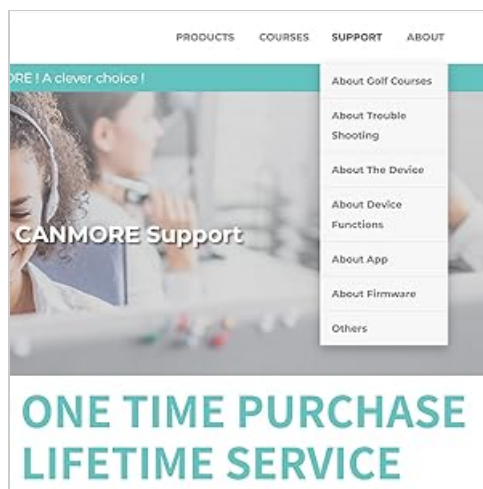
**Image Description:** A visual representation of the CANMORE TW356's extensive course database, showing a golfer on a course with text highlighting "Preloaded 40,000+ courses" and a reminder to "Update Weekly" for the latest data.

## 7. MAINTENANCE

- **Cleaning:** Regularly clean the charging port with brushes and a soft cloth to remove sweat and dirt, which can affect charging performance.
- **Water Resistance:** The watch is IPX7 rated waterproof. While it can withstand immersion in water up to 1 meter for 30 minutes, for optimal performance and longevity, store the product in a cool, dry place and clean it after exposure to sweat and dirt.
- **Storage:** When not in use, store the device in a cool, dry environment.

## 8. TROUBLESHOOTING

- **Distance Measurement Displays "—":** If the distance measurement shows dashes instead of figures, connect the watch to power and recharge it. Low battery levels can activate a power reserve mode, reducing GPS range and affecting location accuracy.
- **GPS Not Locating:** Ensure you are in an open area with no obstructions covering the GPS receiver. If the issue persists, ensure the device is adequately charged.
- **Charging Issues:** Clean the charging connectors on both the watch and the cable to ensure good contact. Use only 5V USB power sources.



**Image Description:** A graphic featuring the word "help" and an image of a customer service representative, directing users to support resources for assistance.

## 9. SPECIFICATIONS

Feature	Detail
Brand	Canmore
Model Name	TW356
Screen Size	0.9 Inches
Display Type	LCD
Special Feature	Waterproof (IPX7)

Feature	Detail
Connectivity Technology	USB, Bluetooth
Map Type	Worldwide (41,000+ courses)
Battery Life	18 Hours (GPS mode)
Operating System Compatibility	Mac OS, Windows
Memory Storage Capacity	64 MB
Mounting Type	Wrist Mount
Item Weight	42 Grams

## 10. WARRANTY AND SUPPORT

The CANMORE TW356 Golf GPS Wearable Device comes with a 1-year warranty. CANMORE also provides industry-leading customer service and a lifetime subscription for new course data and course change updates.

For further assistance, please visit the official CANMORE website or contact their customer service.

