

Fastrack NR3238SM01

Fastrack NR3238SM01 Quartz Multifunction Watch User Manual

Model: NR3238SM01

1. INTRODUCTION

This manual provides essential instructions for the proper use, setup, and maintenance of your Fastrack NR3238SM01 Quartz Multifunction Watch. Please read this manual thoroughly to ensure optimal performance and longevity of your timepiece. Keep this manual for future reference.

2. SAFETY INFORMATION

- Avoid exposing the watch to extreme temperatures (hot or cold) or sudden temperature changes.
- Do not expose the watch to strong magnetic fields, as this may affect the accuracy of the quartz movement.
- Keep the watch away from harsh chemicals, solvents, and detergents, which can damage the case, strap, or seals.
- Ensure the crown is pushed in completely after setting to maintain water resistance.
- Do not operate the crown or pushers while the watch is submerged in water.

3. PRODUCT OVERVIEW

The Fastrack NR3238SM01 is a quartz multifunction watch featuring a silver dial, stainless steel strap, and multiple sub-dials for enhanced functionality.



Figure 3.1: Front view of the Fastrack NR3238SM01 watch, displaying the main dial, three sub-dials, and the stainless steel bracelet.



Figure 3.2: Side view of the Fastrack NR3238SM01 watch, illustrating the profile of the case and the crown.



Figure 3.3: Back view of the Fastrack NR3238SM01 watch, showing the stainless steel case back with model and water resistance markings.

Components:

- **Crown:** Used for setting time and date.
- **Pushers:** Used for adjusting multifunction sub-dials (if applicable).
- **Dial:** Displays time, day, and date.
- **Hands:** Hour, minute, and second hands.
- **Sub-dials:** Typically display day of the week, date, or 24-hour format.
- **Stainless Steel Strap:** Secures the watch to the wrist.
- **Case Back:** Protects the internal movement.

4. SETUP

4.1 Setting the Time

1. Pull the crown out to the second click position. The second hand will stop.
2. Rotate the crown to set the hour and minute hands to the desired time. Ensure AM/PM is correctly set if your watch has a 24-hour indicator or date changes at midnight.

3. Push the crown back in to the normal position. The second hand will resume movement.

4.2 Setting the Date and Day

The Fastrack NR3238SM01 features multifunction sub-dials for day and date. The specific adjustment method may vary slightly, but generally involves the crown and/or pushers.

1. Pull the crown out to the first click position.
2. Rotate the crown (usually clockwise or counter-clockwise) to adjust the date.
3. Use the pushers (if present) to adjust the day of the week. Pressing a pusher typically advances the day indicator by one step.
4. Once the date and day are set, push the crown back in to the normal position.

Note: Avoid setting the date between 9:00 PM and 3:00 AM, as this can interfere with the automatic date change mechanism and potentially damage the movement.

5. OPERATING INSTRUCTIONS

5.1 Reading Multifunction Sub-dials

Your watch includes sub-dials that display additional information:

- One sub-dial typically indicates the **day of the week** (e.g., SUN, MON, TUE).
- Another sub-dial displays the **date** (1-31).
- A third sub-dial may show a **24-hour format** or a second time zone, synchronizing with the main time display.

These sub-dials are designed to provide quick reference to calendar information alongside the primary time display.

6. MAINTENANCE

6.1 Cleaning Your Watch

To maintain the appearance of your watch:

- Wipe the case and stainless steel strap regularly with a soft, dry cloth.
- For stubborn dirt, use a slightly damp cloth and then dry thoroughly.
- Avoid using abrasive cleaners or brushes, which can scratch the watch's surfaces.

6.2 Water Resistance

Your Fastrack NR3238SM01 watch has a water resistance rating of **5 ATM (50 meters)**. This means it is suitable for:

- Daily use.
- Splashes, rain, and brief immersion in water.

It is **not suitable** for showering, swimming, diving, or any water sports where the watch might be subjected to high-velocity water or prolonged immersion. Always ensure the crown is fully pushed in to maintain water resistance.

6.3 Battery Replacement

The watch is powered by a quartz movement requiring a battery. When the watch stops or the second hand begins to skip, the battery may need replacement. It is recommended to have the battery replaced by a qualified watch technician to ensure proper sealing and maintain water resistance.

7. TROUBLESHOOTING

- **Watch not running:** Check if the crown is fully pushed in. If it is, the battery may need replacement.
- **Incorrect time/date:** Refer to Section 4, "Setup," to reset the time and date.
- **Condensation inside the watch:** This indicates a loss of water resistance. Seek professional service immediately to prevent damage to the movement.
- **Strap discomfort:** Ensure the strap is adjusted correctly. If irritation occurs, clean the strap and consult a doctor if symptoms persist.

For issues not covered here, please contact customer support or an authorized service center.

8. SPECIFICATIONS

Feature	Specification
Model Number	NR3238SM01
Movement Type	Quartz
Display Type	Analog
Case Material	Brass
Case Diameter	49.7 Millimetres
Case Thickness	7.95 Millimetres
Band Material	Stainless Steel
Band Width	24.85 Millimetres
Dial Colour	Silver
Crystal Material	Mineral Glass
Water Resistance Depth	50 Metres (5 ATM)
Item Weight	120 Grams
Power Source	Battery Powered (1 Lithium Polymer battery included)

9. WARRANTY AND SUPPORT

9.1 Warranty Information

Your Fastrack NR3238SM01 watch comes with a **2-year manufacturer's warranty** from the date of purchase. This warranty covers manufacturing defects in materials and workmanship under normal use. It does not cover:

- Damage resulting from improper handling, lack of care, accidents, or normal wear and tear.
- Water damage if the watch was not used according to its water resistance rating.
- Battery replacement.
- Unauthorized repairs or modifications.

Please retain your proof of purchase for warranty claims.

9.2 Customer Support

For warranty service, technical support, or any inquiries regarding your Fastrack watch, please contact the manufacturer:

Manufacturer: Titan Co Ltd No -03 Sipcot INdustries Complex Hosur 635126

Please visit the official Fastrack website or your local authorized service center for further assistance.