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› ResMed AirTouch N20 Cushion (Small) User Manual

ResMed AirTouch N20 Cushion

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Model: AirTouch N20 Cushion (Small)

IMPORTANT SAFETY INFORMATION

Warning: Magnetic Interference

- Keep the mask magnets at a safe distance of at least 6 inches (150 mm) away from implants or medical devices that may be adversely affected by magnetic interference. This warning applies to you or anyone in close physical contact with your mask.
- The magnets are located in the mask frame and lower headgear clips, with a magnetic field strength of up to 400mT. When worn, they connect to secure the mask but may inadvertently detach while asleep.
- Masks with magnetic components are contraindicated for use by patients where they, or anyone in close physical contact while using the mask, have the following:
 - **Active medical implants that interact with magnets:** pacemakers, implantable cardioverter defibrillators (ICD), neurostimulators, cerebrospinal fluid (CSF) shunts, insulin/infusion pumps.
 - **Metallic implants/objects containing ferromagnetic material:** aneurysm clips/flow disruption devices, embolic coils, stents, valves, electrodes, implants to restore hearing or balance with implanted magnets, ocular implants, metallic splinters in the eye.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

PRODUCT OVERVIEW

The ResMed AirTouch N20 Cushion is a replacement component for your CPAP nasal mask system. It is designed to provide a comfortable and secure seal for effective sleep apnea therapy. This cushion features UltraSoft memory foam that adapts to facial contours, aiming to reduce discomfort and minimize air leaks.



Image: The ResMed AirTouch N20 Cushion in its packaging, showcasing the product's design and size.

Key Features

- **Custom Fit Design:** The AirTouch N20 Cushion adapts to facial contours, aiming for a personalized seal to address fit issues.
- **Memory Foam Comfort:** Features an UltraSoft memory foam cushion, designed to reduce discomfort during use.
- **Compatible Components:** The AirTouch mask system is compatible with the AirTouch N20 Cushion or the AirFit N20 InfinitySeal Cushion.
- **Headgear Not Included:** This AirTouch nasal cushion does not include the ResMed AirTouch N20 headgear or frame system.

AirTouch™ N20 UltraSoft™ Memory Foam Cushion

Made from our patented UltraSoft memory foam

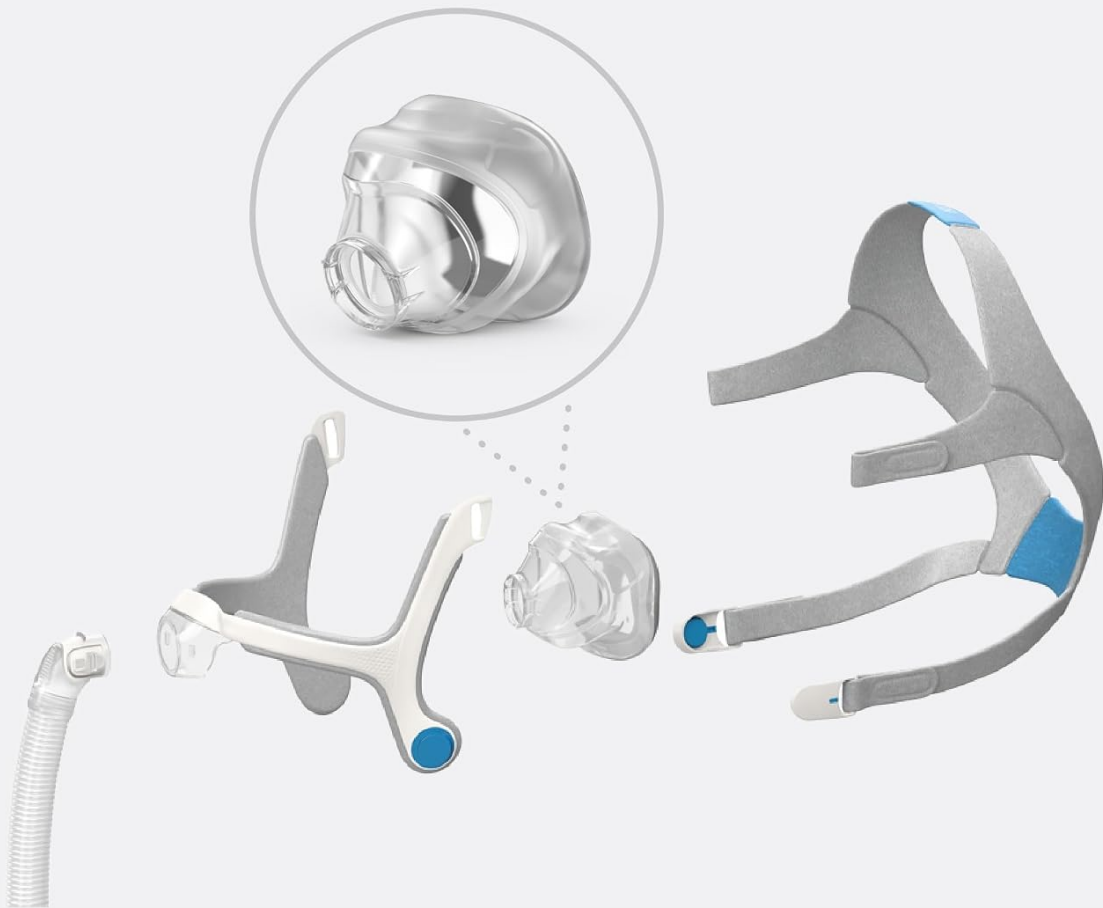


Image: An exploded view illustrating the various components of the ResMed AirTouch N20 mask system, including the memory foam cushion, frame, and headgear.

Our softest cushion ever



Designed to conform to your unique facial contours.



Image: A woman wearing the ResMed AirTouch N20 mask, demonstrating how the cushion conforms to facial contours for a comfortable fit.

GETTING STARTED

Checking Your Cushion Size

Ensure you have the correct cushion size for your mask to achieve an optimal seal and comfort. The size is typically indicated on the cushion itself.

Check the size



Image: A hand holding the AirTouch N20 cushion, with an arrow pointing to the 'S' (Small) size indicator on the cushion.

Attaching the Cushion

1. Align the AirTouch N20 cushion with the mask frame.
2. Gently press the cushion onto the frame until it clicks securely into place. Ensure there are no gaps between the cushion and the frame.
3. Connect the short tube from the mask frame to your CPAP tubing.
4. Fit the mask onto your face, ensuring the cushion covers your nose comfortably without obstructing your mouth.
5. Adjust the headgear straps to achieve a snug but not overly tight fit. The goal is to create a seal without causing pressure points or discomfort.

DAILY USE

Achieving a Proper Seal

Before each use, ensure the cushion is clean and properly seated on your face. Turn on your CPAP device and

check for any air leaks. If leaks occur, gently adjust the mask position or headgear straps. The memory foam should conform to your face, providing a soft and effective seal.

MAINTENANCE AND CARE

Daily Cleaning

Proper cleaning helps maintain the cushion's performance and hygiene. Follow these guidelines for daily care:

- ✓ Replace at signs of deterioration.
- ✓ If required, wipe the outside of the foam with CPAP wipes or similar alcohol-free wipes.
- ✓ Lay flat on a towel to air dry.
- ✗ Do not expose to direct sunlight.
- ✗ Do not put in a dishwasher or washing machine.
- ✗ Do not use alcohol or bleach to clean.

**Please refer to the Mask User Guide for full weekly cleaning instructions.*

Caring for your AirTouch cushion daily*

-  Replace at signs of deterioration
-  If required, wipe the outside of the foam with CPAP wipes or similar alcohol-free wipes
-  Lay flat on towel to air dry
-  Do not expose to direct sunlight
-  Do not put in dishwasher or washing machine
-  Do not use alcohol or bleach to clean

*Please refer to the Mask User Guide for full weekly cleaning instructions.

Image: A visual guide detailing the do's and don'ts for daily care of the AirTouch cushion, emphasizing gentle cleaning and proper drying.

Replacement Schedule

We recommend replacing your nasal cushion once a month to ensure optimal performance and hygiene.

Signs it might be time to replace your mask cushion:

- The edges of your cushion are stiff or cracked.
- Your cushion shows discoloration.
- You are experiencing discomfort, redness, or skin irritation.
- Your cushion is slippery, even after being cleaned.

Replacement tip

We recommend replacing your nasal cushion **once a month**



Signs it might be time to replace your mask cushion:

- The edges of your cushion are stiff or cracked
- Your cushion shows discoloration
- You are experiencing discomfort, redness or skin irritation
- Your cushion is slippery, even after being cleaned

Image: A graphic illustrating the recommended monthly replacement schedule for the nasal cushion and key indicators that suggest it's time for a replacement.

TROUBLESHOOTING

- **Air Leaks:** If you experience air leaks, check that the cushion is correctly attached to the mask frame and that the headgear is adjusted for a snug fit without being too tight. Inspect the cushion for any signs of wear or damage that might compromise the seal.
- **Discomfort or Skin Irritation:** Ensure the headgear is not overtightened. The memory foam cushion is designed for comfort, but if irritation persists, check for proper cleaning and consider if the cushion needs replacement.
- **Cushion Slippery After Cleaning:** This indicates the cushion may be at the end of its lifespan and should be replaced to maintain an effective seal.

PRODUCT SPECIFICATIONS

Specification	Detail
Product Dimensions	4 x 3.25 x 3 inches
Item Weight	1.76 ounces
Manufacturer	ResMed
ASIN	B09V1X4K5C
First Available Date	March 7, 2022

WARRANTY AND SUPPORT

For information regarding product warranty, returns, or technical support, please refer to the official ResMed website or contact ResMed customer service directly. Keep your purchase receipt for warranty claims.

You can visit the [ResMed Store on Amazon](#) for additional product information and support resources.

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