

## ResMed AirFit P10 Frame System

# ResMed AirFit P10 Frame System User Manual

Replacement CPAP Frame System with Nasal Pillows Cushion

## INTRODUCTION

---

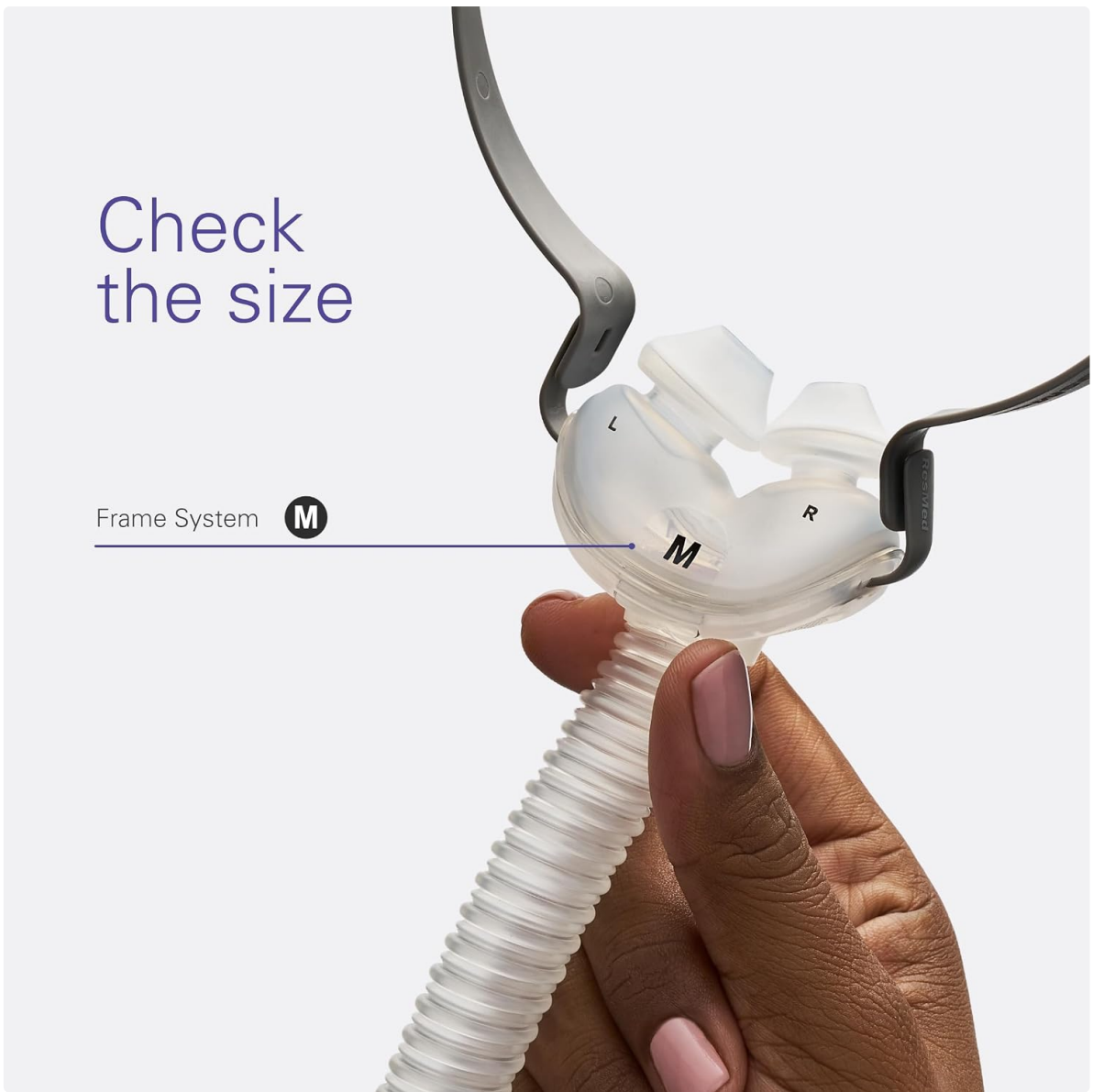
The ResMed AirFit P10 Frame System is designed to provide comfort and stability for CPAP therapy. This system includes the frame, a short tube, and nasal pillows. It is a lightweight and easy-to-use accessory intended to simplify your nightly routine. The AirFit P10 features QuietAir diffused venting technology for a quieter sleep environment. Please note that this product is the frame system only and does not include headgear. A prescription is required for the complete CPAP mask system.

## PRODUCT COMPONENTS

---

# Check the size

Frame System **M**



**Image:** An exploded view showing the components of the ResMed AirFit P10 Frame System, including the frame, short tube, and nasal pillows. This image illustrates how the parts fit together.

The AirFit P10 Frame System includes:

- Frame
- Short Tube
- Nasal Pillows Cushion

*Note: Headgear is not included with this frame system.*

## SETUP

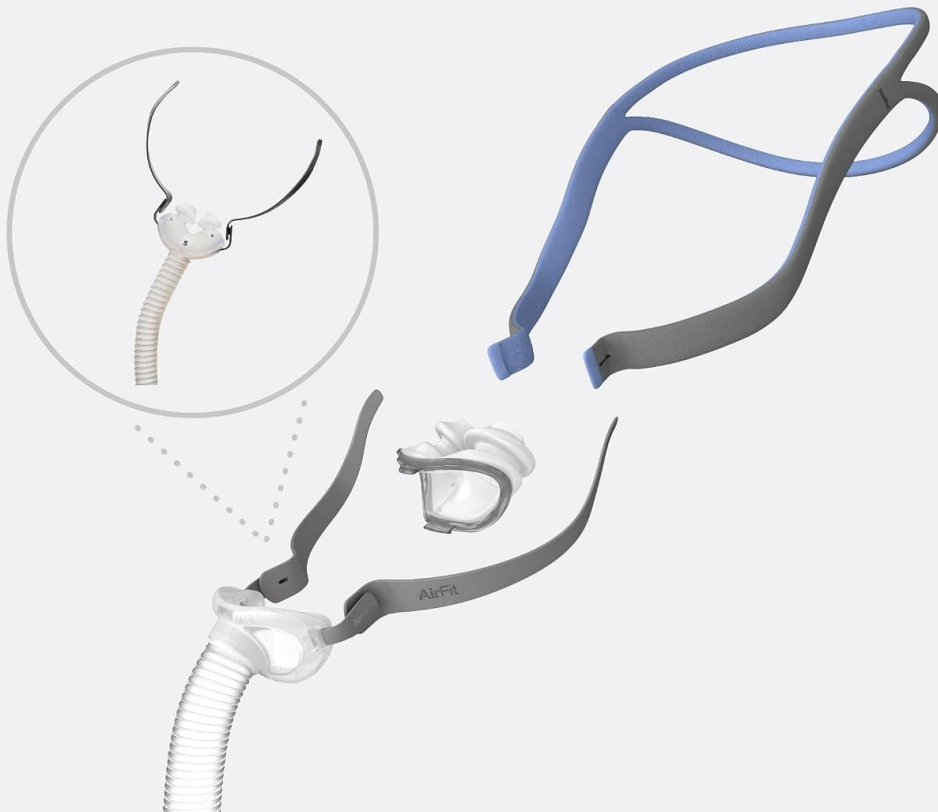
To set up your ResMed AirFit P10 Frame System:

1. **Identify Components:** Ensure you have the frame, short tube, and nasal pillows cushion.
2. **Attach Nasal Pillows:** Gently push the nasal pillows cushion onto the frame until it is securely in place.
3. **Connect Short Tube:** Attach the short tube to the frame's elbow connector.
4. **Connect Headgear (Sold Separately):** If you have compatible headgear, connect it to the frame's attachment points. The QuickFit headgear system is designed for easy slip-on and adjustment.

5. **Verify Size:** Check the size indicator on your frame system to ensure it matches your required size.

# AirFit™ P10 Frame System (Without Headgear)

Small, lightweight and easy to use



**Image:** A close-up view of the ResMed AirFit P10 frame, highlighting the "M" size indicator. This helps users confirm the size of their frame system.

## OPERATING INSTRUCTIONS

Once assembled, follow these steps to use your AirFit P10 Frame System:

1. **Position Nasal Pillows:** Place the nasal pillows gently into your nostrils.
2. **Secure Headgear:** If using compatible headgear (not included), slip it over your head. The QuickFit headgear is designed for easy application, similar to swim goggles.
3. **Adjust for Fit:** Use the side-clip on your headgear (if applicable) to adjust for a secure yet comfortable fit. Avoid overtightening, which can cause discomfort or leaks.
4. **Connect to CPAP Machine:** Connect the short tube to your CPAP machine's air tubing.
5. **Check for Leaks:** Turn on your CPAP machine and check for any air leaks around the nasal pillows. Adjust the headgear as needed to minimize leaks.

# QuickFit™ headgear fits your life



Slip it on and off like a pair of swim goggles. A single side-clip provides added adjustability for the right fit.



**Image:** A man wearing the ResMed AirFit P10 nasal pillows mask with headgear. This demonstrates the proper way to wear the mask for effective CPAP therapy.

## MAINTENANCE

---

Proper maintenance ensures the longevity and effectiveness of your AirFit P10 Frame System.







### Daily Care:

- Replace components at the first signs of deterioration.
- If required, wipe the outside of the foam with CPAP wipes or similar alcohol-free wipes.
- Lay flat on a towel to air dry after cleaning.

### Important Cleaning Restrictions:

- Do not expose to direct sunlight.
- Do not put in a dishwasher or washing machine.
- Do not use alcohol or bleach to clean any part of the system.

# Caring for your AirFit frame system daily\*

-  Replace at signs of deterioration
-  If required, wipe the outside of the foam with CPAP wipes or similar alcohol-free wipes
-  Lay flat on towel to air dry
-  Do not expose to direct sunlight
-  Do not put in dishwasher or washing machine
-  Do not use alcohol or bleach to clean

\*Please refer to the Mask User Guide for full weekly cleaning instructions.

**Image:** An infographic detailing daily care instructions for the AirFit frame system, including what to do and what to avoid during cleaning.

## Replacement Schedule:

It is recommended to replace your frame system every 3 months to maintain optimal performance and hygiene.

Signs that it might be time to replace your frame system include:

- You are experiencing excessive leaks.
- Your therapy feels less effective than usual.
- Your frame system starts to show visible wear and tear.

# Replacement tip

We recommend replacing your frame system **every 3 months**



Signs it might be time to replace your frame system:

- You are experiencing excessive leaks
- Your therapy feels less effective than usual
- Your frame system starts to show wear and tear

**Image:** A visual reminder to replace the frame system every 3 months, accompanied by a graphic of the frame system.

## TROUBLESHOOTING

---

If you encounter issues with your AirFit P10 Frame System, consider the following:

- **Excessive Leaks:**

- Check the fit of the nasal pillows. Ensure they are correctly seated in your nostrils.
- Adjust the headgear for a snug, but not overly tight, fit.
- Inspect the nasal pillows and frame for any signs of wear, tears, or damage. If damaged, replacement is necessary.
- Consider if it's time to replace the frame system (recommended every 3 months).

- **Therapy Feels Less Effective:**

- This could be related to leaks. Follow the steps for excessive leaks.
- Ensure all components are clean and free from blockages.
- Verify that the CPAP machine is functioning correctly and delivering the prescribed pressure. Consult your healthcare provider if you suspect machine issues.
- If the frame system is old or showing wear, replacement may improve therapy effectiveness.

- **Discomfort:**

- Ensure the headgear is not too tight. Adjust for comfort without compromising the seal.
- Check if the nasal pillows are correctly sized for your nostrils. Incorrect sizing can cause discomfort.
- Clean the nasal pillows regularly to prevent skin irritation.

## SPECIFICATIONS

Feature	Detail
Product Dimensions	7 x 4.7 x 2 inches
Product Weight	3.53 ounces
Manufacturer	ResMed
ASIN	B09V1WDYJJ
Components Included	Frame, Short Tube, Nasal Pillows Cushion
Headgear	Not Included

*Note: 1 AAA battery is listed in the product specifications, but this is likely an error in the source data as CPAP mask components do not typically require batteries. Please disregard this specification for the frame system.*

## WARRANTY AND SUPPORT

For specific warranty information regarding your ResMed AirFit P10 Frame System, please refer to the documentation provided with your original complete CPAP mask system or contact ResMed directly. ResMed is committed to supporting users with their products.

If you require further assistance, have questions about your product, or need to report an issue, please contact ResMed customer support through their official website or your medical equipment provider.