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Trideer TRUSAM-YBAC-BL00

Trideer Flexible Seating Yoga Ball Chair Instruction Manual

Model: TRUSAM-YBAC-BL00
Brand: Trideer

Introduction

The Trideer Flexible Seating Yoga Ball Chair is designed to promote active sitting, improve posture, and enhance concentration for children in various settings, including classrooms and homes. Its unique design encourages subtle movement, which can increase blood flow and engagement, making learning and sitting more dynamic and comfortable.

Safety Information

This product is manufactured with materials that comply with CPSC standards for children, ensuring safety from harmful heavy metals and phthalates. The special foaming process allows the ball to bear a significant weight (up to 264 LB) and features an anti-burst design. In the event of a puncture, the ball will deflate slowly rather than bursting, minimizing the risk of injury.



Image: Certifications for the Trideer Flexible Seating Yoga Ball Chair, highlighting its compliance with CPSC and CA Prop 65 standards for child safety. The image also shows a child comfortably seated on the ball, demonstrating its intended use.

Setup

Inflation Instructions:

1. Unpack the yoga ball chair and all accessories, including the pump and valve plugs.
2. Insert the pump nozzle into the ball's inflation hole.
3. Begin inflating the ball. Initially, the ball may not inflate to 100% of its size due to packaging.
4. Inflate the ball to about 80% capacity.
5. Allow the ball to rest for 24 hours. This allows the material to stretch and adapt.
6. After 24 hours, deflate the ball to about 50% capacity.
7. Re-inflate the ball to the desired size, ensuring it is firm but not overinflated. The ball should be firm enough to support weight comfortably while allowing for slight movement.
8. Once inflated, quickly remove the pump and insert a valve plug to seal the hole.



Image: The Trideer Flexible Seating Yoga Ball Chair in blue, accompanied by its inflation pump and spare valve plugs, illustrating the components included for setup.

Operating Instructions

Using as a Flexible Seating Chair:

The Trideer Flexible Seating Yoga Ball Chair is designed to be used like a traditional chair, promoting active sitting and improved posture. The unique stabilizing legs keep the ball in place when not in use, preventing it from rolling away.

- **Proper Sitting Posture:** Sit upright on the ball with your feet flat on the floor. Your hips should be slightly higher than your knees, forming an open angle. This posture naturally aligns the spine and engages core muscles.
- **Enhanced Concentration:** The subtle movements and micro-adjustments required to maintain balance on the ball can increase blood flow to the brain, which may lead to reduced restlessness and deeper concentration during tasks like studying or homework.
- **Active Engagement:** The ball allows for gentle bouncing and swaying, providing an outlet for excess energy and promoting active engagement, especially beneficial for sensory-seeking children.



Image: A child demonstrating proper sitting posture on the Trideer Flexible Seating Yoga Ball Chair while engaged in desk work, highlighting its use for focused learning.

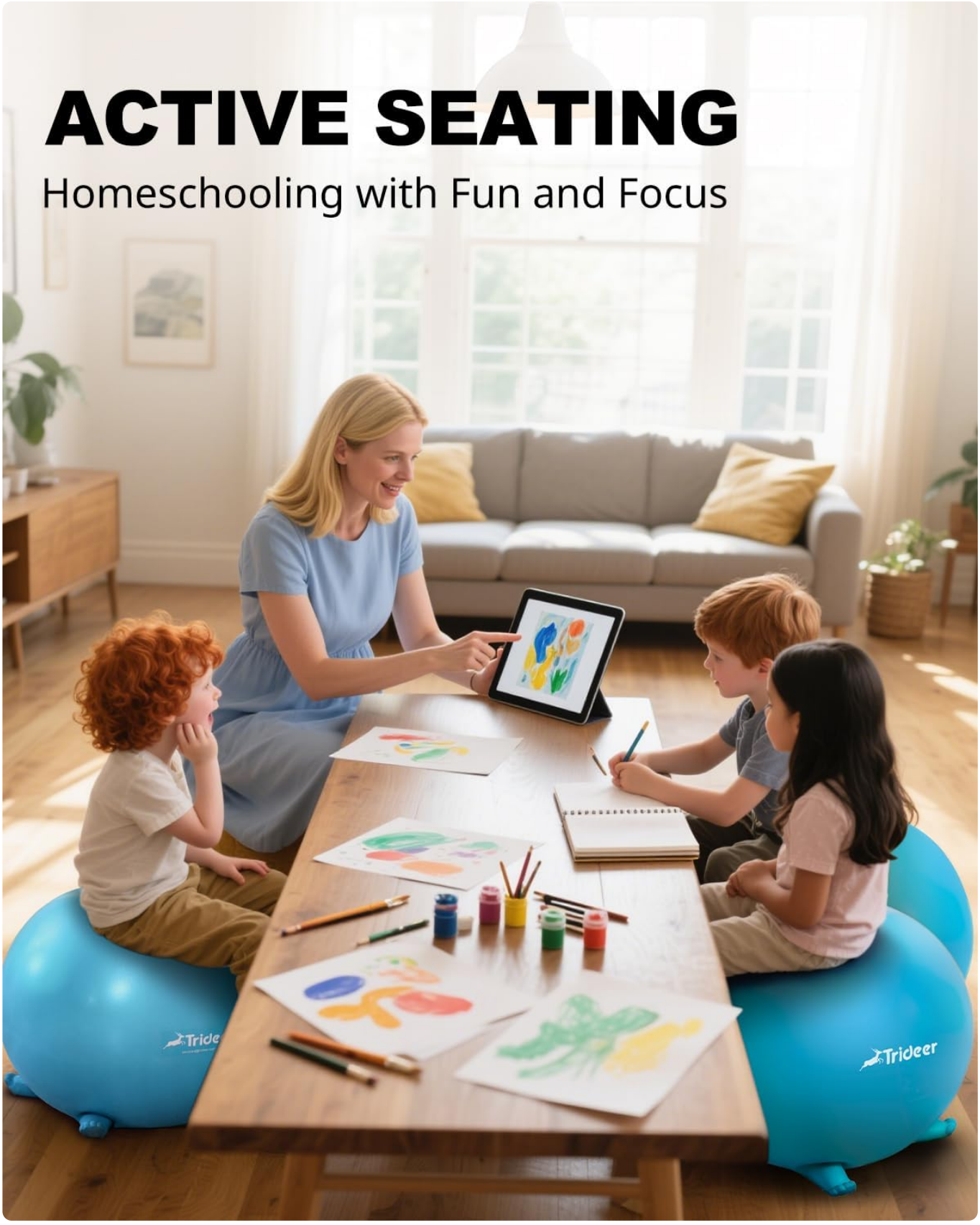


Image: A group of children and a teacher utilizing Trideer Flexible Seating Yoga Ball Chairs in a learning environment, showcasing the product's application in active seating for enhanced focus.



Image: A detailed view of the uniquely designed stabilizing legs of the Trideer Flexible Seating Yoga Ball Chair, which help keep the ball in place when not in use.

Official Product Video:

▶ **Watch video online**

Trideer Flexible Seating for Classroom Elementary

Video: This official product video from Trideer demonstrates the features and benefits of the Flexible Seating Yoga Ball Chair, including its use for improving posture and concentration, and its stable design.

Maintenance

Cleaning:

To clean your Trideer Flexible Seating Yoga Ball Chair, simply wipe it clean with a damp cloth. Avoid using harsh chemicals or abrasive cleaners, as these may damage the material.

Storage:

Thanks to its uniquely designed legs, the Trideer Flexible Seating Yoga Ball Chair can be easily stored under a desk or stacked in a corner, saving valuable floor space when not in use.

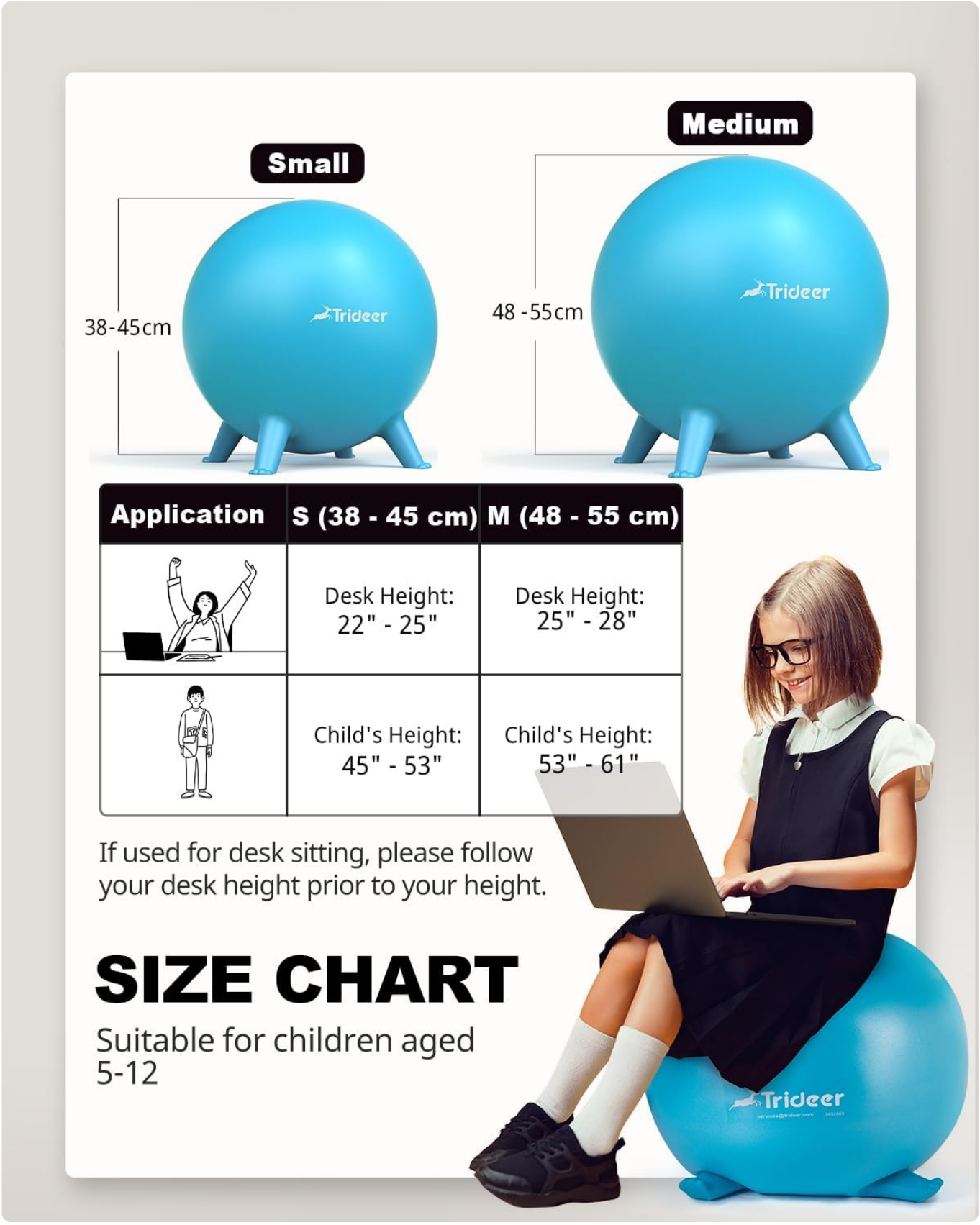


Image: Size chart providing guidance on selecting the appropriate Trideer Flexible Seating Yoga Ball Chair size (Small or Medium) based on the user's height and desk height for optimal ergonomic use.

Troubleshooting

Ball Deflates Slowly:

The Trideer Flexible Seating Yoga Ball Chair is designed with an anti-burst feature. If the ball encounters a sharp object, it will deflate slowly rather than bursting suddenly. This is a safety mechanism and not a defect. Re-inflate the ball as per the setup instructions if it loses air over time or due to minor punctures.

Ball Rolls Around:

The ball is equipped with uniquely designed legs to prevent it from rolling around when not in use. Ensure the ball is fully inflated and placed on a flat, stable surface. The legs are designed to flex slightly under weight but maintain stability.

Specifications

Feature	Detail
Product Dimensions	19.69"D x 10.63"W x 18.9"H
Color	Blue
Brand	Trideer
Size	55cm
Style	Traditional
Leg Style	Straight
Maximum Weight Recommendation	264 Pounds
Product Care Instructions	Wipe Clean
Assembly Required	No
Number of Pieces	1
Number of Items	1
Item Weight	1.5 pounds
Manufacturer	Trideer
ASIN	B09TZYN6X7
Country of Origin	China
Item model number	TRUSAM-YBAC-BL00
Date First Available	April 25, 2022

Warranty and Support

The Trideer Flexible Seating Yoga Ball Chair comes with a 12-month warranty. For any product-related inquiries, issues, or support needs, please contact Trideer customer service. Lifetime customer service is provided to ensure your satisfaction.
You can find more information and contact details on the official Trideer store page:Trideer Store.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question