LifePro LP-BIOHL-BLK

Lifepro Red Light Therapy Panel User Manual

Brand: LifePro | Model: LP-BIOHL-BLK

Product Overview

The Lifepro Red Light Therapy Panel is designed to provide professional-grade red light therapy from the comfort of your home. It utilizes powerful dual-chip LEDs with 660nm (red light) and 850nm (near-infrared) wavelengths to support various wellness goals, including muscle recovery, skin rejuvenation, and pain relief. Its convenient and portable design, along with multiple hanging options, makes it versatile for use across different body areas.



The Lifepro Red Light Therapy Panel, showcasing its compact design and packaging.

Important Safety Instructions

- Always read the entire user manual before operating the device.
- Wear the provided safety glasses during operation to protect your eyes from direct light exposure.
- Do not look directly into the LED lights when the device is on.
- Keep the device dry and away from water or high humidity.
- Consult a healthcare professional before use if you have any medical conditions or concerns.



The Red Light Therapy Panel with its accessories, including the essential safety glasses.

Package Contents

Verify that all items are present in your package:

- Lifepro Red Light Therapy Panel (LP-BIOHL-BLK)
- Power Cord
- Hanging Kit (includes door hook and adjustable cable pulley system)
- 2 Pairs of Safety Glasses
- User Manual (PDF available online)

Your browser does not support the video tag.

Official video demonstrating the unboxing and contents of the Lifepro BioHeal Red Light Panel.

Setup Guide

Using the Stand

The device comes with an integrated stand that allows for easy positioning on a flat surface. Simply adjust the stand to your desired angle for optimal light exposure.

Hanging the Device

For full-body or targeted standing treatments, use the included hanging kit. Attach the adjustable cable pulley system to the designated points on the top of the panel and secure the door hook over a sturdy door frame. Ensure the device is stable before use.



The panel can be easily hung on a door for convenient full-body or targeted treatments.

Operating Instructions

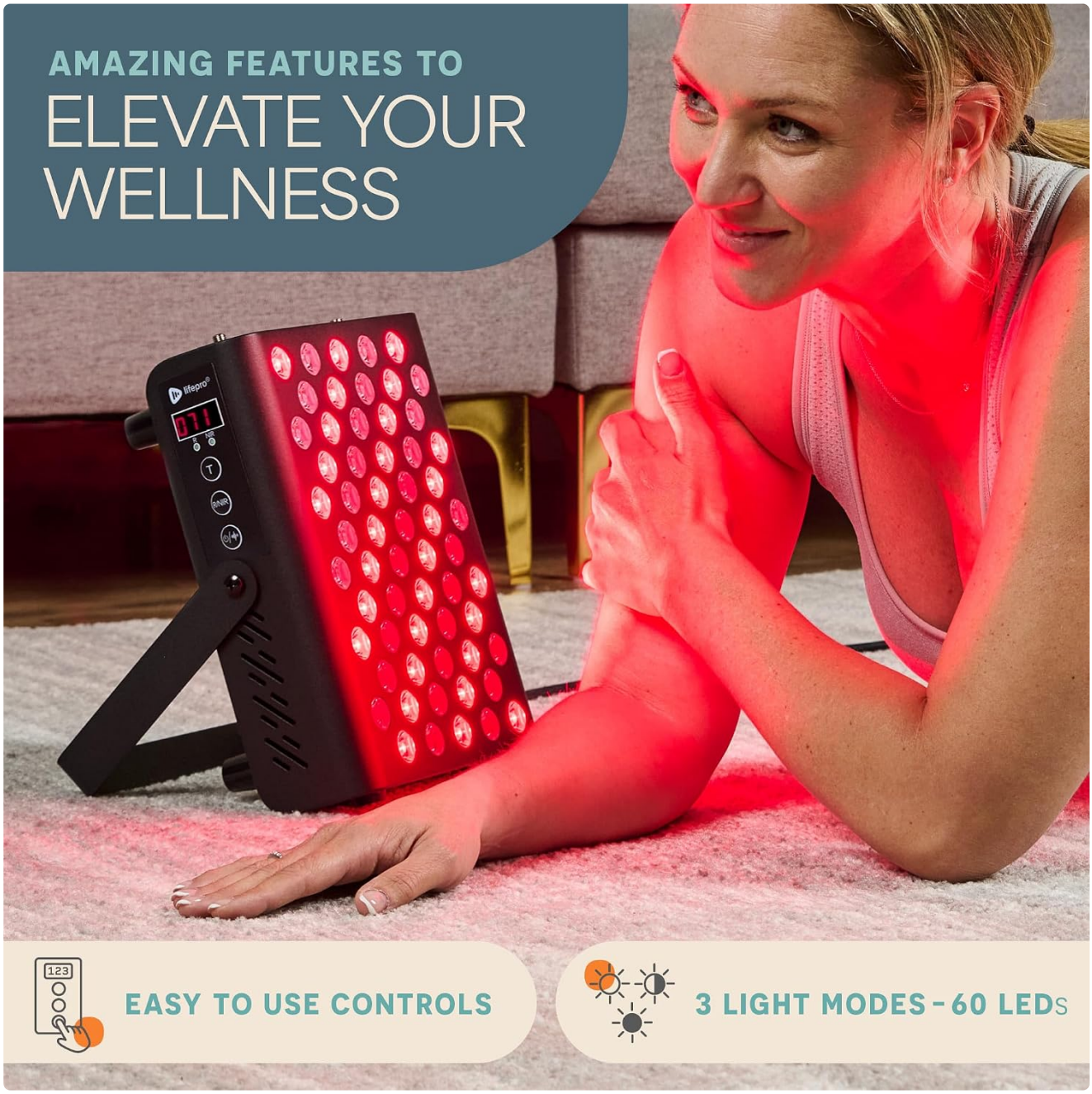
Powering On/Off

Locate the power switch on the back of the device. Flip the switch to the 'ON' position to power on the unit. Flip it to 'OFF' to power down.

Understanding Light Modes

The Lifepro Red Light Therapy Panel features dual wavelengths (660nm red light and 850nm near-infrared light) and multiple modes for varied therapeutic effects:

- **660nm Red Light Mode:** Visible red light, ideal for skin health, collagen production, and reducing wrinkles.
- **850nm Near-Infrared (NIR) Mode:** Invisible light that penetrates deeper into tissues, muscles, and joints for pain relief and inflammation reduction.
- **Combined Mode:** Utilizes both 660nm and 850nm wavelengths simultaneously for comprehensive benefits.
- **Pulsing Mode:** An additional mode for enhanced healing and faster recovery, particularly beneficial for sports injuries.



The control panel on the side of the device allows for mode and timer selection.

Setting the Timer

Use the timer buttons on the control panel to set your desired session duration. The device typically defaults to 10 minutes, but can be adjusted for longer sessions as needed.

Recommended Usage Guidelines

For optimal results, position the device at a recommended distance from the target area. The irradiance (light intensity) varies with distance, impacting the depth and coverage of the treatment.

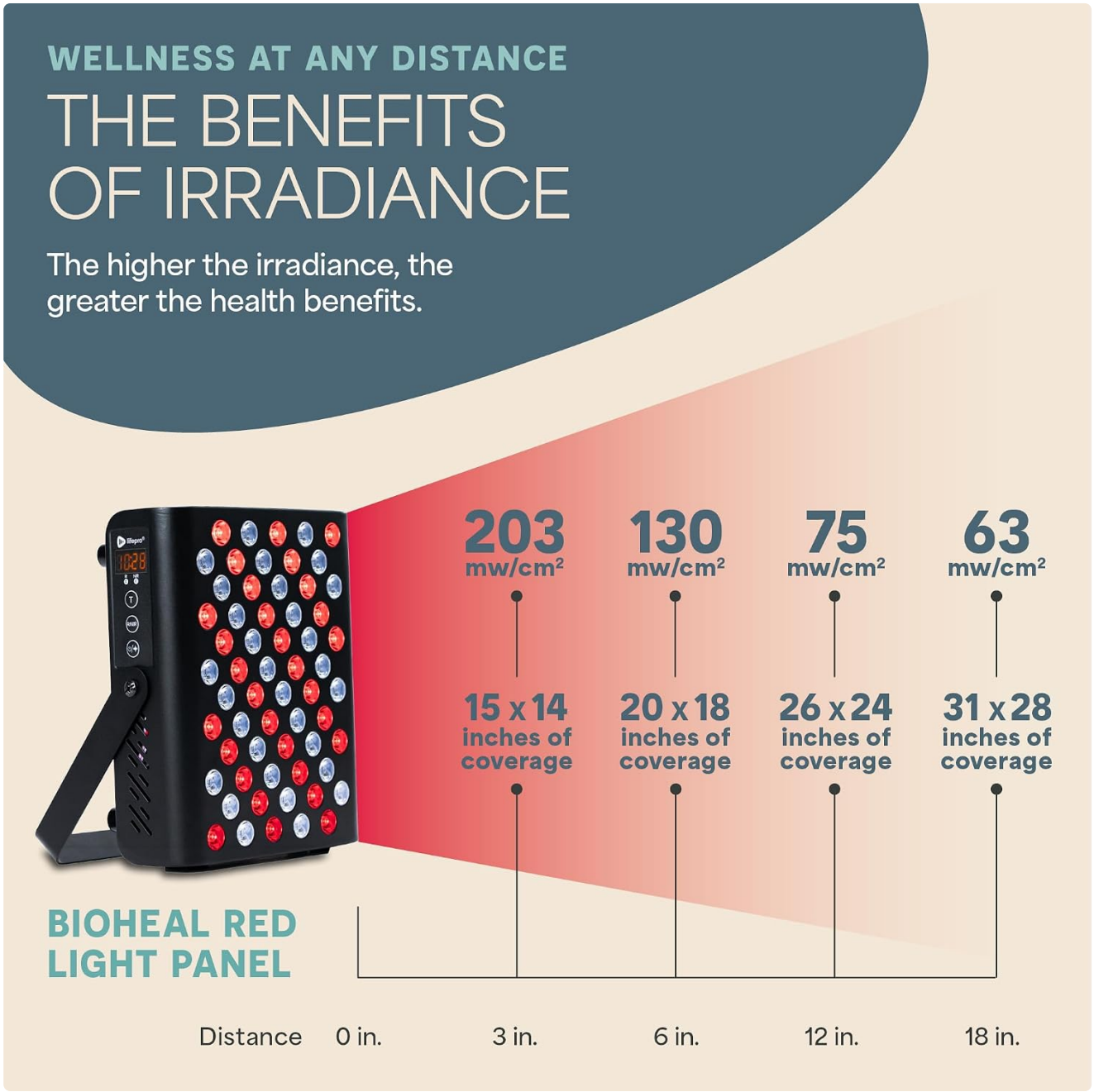


Chart illustrating the benefits of irradiance at various distances from the panel.

For skin health (wrinkles, acne, wounds), use the 660nm mode for 10 minutes, 3-5 times per week, with the panel 4 inches from the skin.

For joint and arthritis pain, use the 850nm mode for 10 minutes, 5-7 times per week, with the panel 4 inches from the symptomatic joint.

For muscle recovery, use the 850nm mode for 10 minutes, 3-5 times per week, with the panel 4 inches from the target muscle area.

Care and Maintenance

- Clean the device regularly with a soft, dry cloth. Do not use abrasive cleaners or solvents.
- Store the device in a cool, dry place when not in use.
- Ensure the device is unplugged before cleaning or storing.

Troubleshooting

Issue	Possible Cause	Solution
Device does not turn on	Not plugged in; Power switch off; Power outlet issue	Ensure power cord is securely plugged in; Flip power switch to ON; Try a different power outlet.
Lights are dim or flickering	Low power supply; Device malfunction	Ensure stable power supply; Contact customer support if issue persists.
Device overheats	Blocked ventilation; Prolonged use	Ensure ventilation openings are clear; Allow device to cool down between sessions.

Product Specifications

Feature	Detail
Model Name	LP-BIOHL-BLK
Dimensions (LxWxH)	14.17 x 11.81 x 3.94 inches
Item Weight	5.73 Pounds
LED Wavelengths	660nm (Red Light), 850nm (Near-Infrared)
Number of LEDs	60 LEDS
Timer Settings	Adjustable (e.g., 10-20 minutes)
Color	Black
Power Source	Corded Electric

Warranty and Customer Support

LifePro stands by the quality of its products. The Lifepro Red Light Therapy Panel comes with a**Lifetime Support** warranty. For any questions, concerns, or warranty claims, please contact LifePro customer support.

For detailed instructions and further information, you can also refer to the official User Manual PDFDownload User Manual (PDF)

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question