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› SALTER Fitness PT-1730 Stationary Bike User Manual

SALTER pt-1730

SALTER Fitness PT-1730 Stationary Bike User Manual

Model: PT-1730 | Brand: SALTER

1. INTRODUCTION

This manual provides essential information for the safe and effective use of your SALTER Fitness PT-1730 Stationary Bike. Please read it thoroughly before assembly and operation, and keep it for future reference.

The SALTER Fitness PT-1730 is a high-quality stationary bike designed for domestic use, featuring a magnetic braking system, an 18 kg equivalent inertia flywheel, and 16 levels of resistance for varied workout intensities.



Figure 1: Side view of the SALTER Fitness PT-1730 Stationary Bike, showcasing its robust design and integrated components.

2. SAFETY INFORMATION

- Ensure the bike is placed on a stable, level surface.
- Keep children and pets away from the equipment during use.
- Consult a physician before starting any exercise program.
- Maximum user weight: 130 kg. Do not exceed this limit.
- Wear appropriate exercise clothing and footwear.
- Check all bolts and nuts are securely tightened before each use.
- Disconnect from power when not in use or during cleaning.

3. ASSEMBLY INSTRUCTIONS

The SALTER Fitness PT-1730 Stationary Bike requires assembly. Please follow the detailed instructions provided in the separate assembly guide that accompanies your product. Ensure all parts are present and undamaged before beginning assembly.

3.1 Initial Setup

- **Placement:** Position the bike on a flat, stable surface, ensuring adequate space around it for safe operation.
- **Leveling:** Use the adjustable levelers on the rear base to stabilize the bike and prevent wobbling.
- **Power Connection:** Connect the bike to a suitable power outlet as it requires a power connection for the console and resistance system.



Figure 2: Close-up of the bike's base, showing the adjustable levelers for stability.

4. OPERATING INSTRUCTIONS

4.1 Adjusting the Seat

The seat can be adjusted both vertically and horizontally to ensure a comfortable and ergonomically correct riding position. Loosen the adjustment knobs, move the seat to the desired position, and securely tighten the knobs.



Figure 3: The bike's seat, illustrating its vertical and horizontal adjustment capabilities for user comfort.

4.2 Console Overview

The control panel provides comprehensive feedback on your workout. It displays Time, Distance, Speed, Calories, Pulse, RPM (Revolutions Per Minute), ODOMETER (total distance), and WATT (power output). It also includes a TEST RECOVERY function.



Figure 4: The control panel of the SALTER PT-1730, featuring an LCD screen and a convenient holder for a tablet or mobile phone.



Figure 5: A detailed view of the console buttons, including MODE, ENTER, RECOVERY, and resistance adjustment controls.

4.3 Resistance Levels

The bike offers 16 levels of magnetic resistance. Adjust the resistance using the console controls to match your desired workout intensity.

4.4 Workout Programs

The PT-1730 features both Manual mode and 12 preset programs:

- **Manual Mode:** Allows you to control resistance manually.
- **6 Preset Programs:** Each with 16 resistance levels, designed for various fitness goals.
- **BODY FAT Program:** Helps estimate body fat percentage.
- **TARGET PULSE Program:** Allows you to set a target heart rate for your workout.
- **3 H.R.C. (Heart Rate Control) Programs:** Automatically adjust resistance to maintain your target heart rate.

- **User Program:** Customize and save your own workout profile.

4.5 Pulse Measurement

Your heart rate can be measured using two systems:

- **Contact Sensors:** Integrated into the handlebars. Grip them firmly to display your pulse on the console.
- **Wireless System:** For higher intensity exercises, the bike supports a wireless heart rate monitor (emitter belt not included).



Figure 6: Front view of the bike, highlighting the handlebars with integrated pulse sensors and the console.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your stationary bike.

- **Cleaning:** Wipe down the bike with a damp cloth after each use to remove sweat and dust. Avoid abrasive cleaners.
- **Inspection:** Periodically check all nuts, bolts, and moving parts for tightness and wear. Tighten any loose fasteners.
- **Lubrication:** No specific lubrication is required for the magnetic braking system. Refer to the assembly guide for any other lubrication points.
- **Storage:** Store the bike in a dry, cool place away from direct sunlight and extreme temperatures. The integrated wheels facilitate easy movement for storage.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Console not displaying data.	No power, loose connection, or battery issue (if applicable).	Ensure power adapter is securely plugged in. Check all cable connections.
Resistance not changing.	Loose cable connection to resistance mechanism, console malfunction.	Check resistance control cable connections. Restart the console.
Unstable or wobbly bike.	Uneven surface, loose assembly bolts, or unadjusted levelers.	Adjust the rear base levelers. Ensure all assembly bolts are tightened.
Inaccurate pulse reading.	Improper hand placement on sensors, dry hands, or interference.	Ensure firm and consistent contact with sensors. Slightly moisten hands if dry.

If you encounter issues not listed here or if solutions do not resolve the problem, please contact SALTER customer support.

7. PRODUCT SPECIFICATIONS

Model: PT-1730
Brand: SALTER
Braking System: Magnetic, silent and maintenance-free
Inertia Flywheel: Equivalent to 18 kg
Resistance Levels: 16
Console Display: Time, Distance, Speed, Calories, Pulse, RPM, ODOMETER, WATT, TEST RECOVERY
Programs: Manual, 6 Preset (16 levels), BODY FAT, TARGET PULSE, 3 H.R.C., User Program
Pulse Measurement: Handlebar contact sensors, Wireless system (emitter belt not included)
Seat Adjustment: Vertical and Horizontal
Additional Features: Tablet/mobile support, Integrated transport wheels, Adjustable rear base levelers
Power Source: Wired Electric
Dimensions (L x W x H): 105 x 60 x 140 cm
Product Weight: 37 kg
Maximum User Weight: 130 kg
Usage: Domestic

Color: Grey

8. WARRANTY AND SUPPORT

For information regarding the warranty period and terms for your SALTER Fitness PT-1730 Stationary Bike, please refer to the warranty card included with your purchase or visit the official SALTER website. Keep your proof of purchase for warranty claims.

For technical support, spare parts, or any inquiries, please contact SALTER customer service. Contact details can typically be found on the SALTER website or in your product documentation.

You can visit the SALTER brand store for more information:[SALTER Official Store](#)

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question