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Boston Tech Aquapik One

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Model: Aquapik One | Brand: Boston Tech

1. INTRODUCTION

Thank you for choosing the Boston Tech Aquapik One Portable Dental and Nasal Irrigator. This device is designed to provide effective oral and nasal hygiene, helping to remove plaque, food debris, and bacteria from hard-to-reach areas. Please read this manual thoroughly before initial use to ensure proper operation, maintenance, and safety.

The Aquapik One features a unique pressure pump system, 5 operating modes, and 8 specialized nozzles for comprehensive care, suitable for various needs including sensitive gums, implants, and orthodontics.

2. PRODUCT OVERVIEW

2.1 Package Contents

- Aquapik One Portable Irrigator Unit
- 8 Multifunctional Nozzles (2 Standard, 1 Tongue Scraper, 1 Orthodontic Tip, 1 Periodontal Tip, 2 Hydraulic Rotating Toothbrushes, 1 Nasal Irrigator Nozzle)
- Travel Bag
- USB Charging Cable
- User Manual

2.2 Key Features

- **5 Operating Modes:** Pulse, Gingival Protection, Soft, Standard, Strong.
- **8 Specialized Nozzles:** For diverse oral and nasal hygiene needs.
- **300 ml Water Reservoir:** Sufficient capacity for a complete cleaning session.
- **Rechargeable Battery:** Integrated 2500 mAh lithium battery for extended use.
- **IPX8 Waterproof Rating:** Allows for safe use in the shower and easy cleaning.
- **Pressure Range:** 20-130 PSI for effective cleaning.
- **Pulse Rate:** 1400 pulses per minute.

- **Portable Design:** Compact and includes a travel bag for convenience.

2.3 Product Diagram



Image 1: AquaPik One irrigator, packaging, 8 nozzles, and travel bag.



Image 2: Diagram illustrating the irrigator's dimensions (22.5 cm height, 8 cm base width, 6 cm base depth), pressure range (20-130 PSI), 5 modes, IPX8 waterproof rating, 8 nozzles, 300 ml capacity, 2-year warranty, and 1400 pulses/min.

3. SETUP

3.1 Charging the Device

Before first use, fully charge the Aquapik One. A full charge typically takes several hours.

1. Ensure the device is turned off.
2. Locate the charging port cover on the device and open it.
3. Insert the USB charging cable into the port.
4. Connect the other end of the USB cable to a compatible USB power adapter (not included) or a USB port.
5. The charging indicator lights will illuminate to show charging status. Once fully charged, the lights will indicate completion or turn off.



Image 3: Close-up of the charging port on the Aquapik One device.

3.2 Filling the Water Reservoir

1. Twist and detach the water reservoir from the main unit.
2. Fill the reservoir with lukewarm water. For enhanced cleaning, you may add a small amount of mouthwash, ensuring it is non-alcoholic and diluted as per mouthwash instructions. Do not use essential oils or abrasive solutions.
3. Reattach the reservoir securely to the main unit, ensuring a tight seal to prevent leaks.

3.3 Attaching a Nozzle

1. Select the desired nozzle for your cleaning needs.
2. Insert the nozzle into the opening at the top of the irrigator handle until it clicks into place.
3. To remove, press the nozzle release button (if present) and pull the nozzle out.



Image 4: Illustration of the nozzle rotating for optimal cleaning angles.

4. OPERATING INSTRUCTIONS

4.1 Power On/Off

Press the power button once to turn the device on. Press it again to turn it off.

4.2 Selecting a Mode

The Aquapik One offers 5 cleaning modes. With the device on, press the 'MODE' button to cycle through the available modes: Pulse, Gingival Protection, Soft, Standard, and Strong. The indicator lights will show the currently selected mode.



8 Inculide Nozzles



2 Standard Nozzle

Remove bacteria deep between teeth and below the gumline.



Tongue Scraper

Great for cleaning the bacteria, food debris and dead cells from tongue surface.



Periodontal Tip

Massage gums, relieve periodontitis, gingivitis, teeth shrinking.



2 Hydraulic Rotating Toothbrush

The ideal complement to traditional brushing and comprehensive oral hygiene



Orthodontic Tip

Special tip for the person with the false tooth, wearing orthotics, dental braces, teeth socket.



Nasal Irrigator Nozzle

Specifically designed for the care of the nasal cavities, the cleaning of impurities and hygiene

Image 5: Hand pressing the mode button to select one of the 5 available cleaning modes: Pulse, Gingival Protection, Soft, Standard, Strong.

4.3 Using the Irrigator (Dental)

1. Lean over a sink and place the nozzle tip into your mouth, aiming it at your gumline.
2. Turn on the device and select your desired mode.
3. Keep your mouth slightly open to allow water to flow into the sink.
4. Guide the water jet along your gumline, pausing briefly between teeth. Ensure you clean both the front and back surfaces of your teeth.
5. For optimal results, start with the back teeth and work your way to the front, covering all areas.
6. Turn off the device when finished or when the reservoir is empty.

4.4 Using the Irrigator (Nasal)

Use the dedicated nasal irrigator nozzle for nasal cleaning. Fill the reservoir with a saline solution specifically designed for nasal irrigation, or lukewarm water mixed with non-iodized salt (consult a healthcare professional for proper saline solution preparation).

1. Lean over a sink and tilt your head to one side.
2. Gently insert the nasal nozzle into one nostril, ensuring a comfortable seal.
3. Turn on the device to a very low pressure setting (e.g., 'Soft' mode).
4. Allow the solution to flow through your nasal passage and exit the other nostril. Breathe through your

mouth during this process.

5. Repeat for the other nostril.

6. Gently blow your nose to clear any remaining solution.

4.5 Nozzle Usage Guide



Image 6: Detailed view of the 8 included nozzles and their specific applications.

Nozzle Type	Recommended Use
Standard Nozzle (x2)	Removes bacteria deep between teeth and below the gumline. Suitable for general daily cleaning.
Tongue Scraper (x1)	Cleans bacteria and dead cells from the tongue surface for fresh breath.
Periodontal Tip (x1)	Massages gums and assists in treating periodontitis, gingivitis, and gum recession.
Hydraulic Rotating Toothbrush (x2)	An ideal complement to traditional brushing for comprehensive oral hygiene.
Orthodontic Tip (x1)	Specifically designed for cleaning around braces, retainers, and other orthodontic appliances.
Nasal Irrigator Nozzle (x1)	Designed for cleaning nasal cavities and promoting nasal hygiene.

5. MAINTENANCE AND CLEANING

Regular cleaning and maintenance will prolong the life of your Aquapik One irrigator.

5.1 Cleaning the Water Reservoir

1. Empty any remaining water after each use.
2. Detach the reservoir and rinse it thoroughly with warm water.
3. For deeper cleaning, you can use a mild soap and water solution, then rinse completely.
4. Allow the reservoir to air dry before reattaching or storing.

5.2 Cleaning the Nozzles

1. Remove the nozzle from the device.
2. Rinse the nozzle under running water.
3. For thorough cleaning, soak nozzles in a cup of white vinegar for 5-10 minutes, then rinse well with warm water.
4. Replace nozzles every 3-6 months, or sooner if they show signs of wear.

5.3 Cleaning the Main Unit

Wipe the exterior of the main unit with a soft, damp cloth. Do not immerse the main unit in water, except for rinsing the exterior as its IPX8 rating allows for water exposure. Ensure the charging port cover is securely closed during cleaning.

5.4 Storing the Device

After cleaning, ensure all parts are dry. Store the Aquapik One in a cool, dry place, away from direct sunlight. The included travel bag is ideal for storage and transport.



Take it anywhere with the included travel bag

Image 7: The Aquapik One irrigator alongside its protective travel bag.

6. TROUBLESHOOTING

If you encounter any issues with your Aquapik One, please refer to the following table for common problems and solutions.

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or no charge.	Charge the device fully.
Weak water pressure.	Low battery, clogged nozzle, or insufficient water in reservoir.	Charge the device, clean the nozzle, or refill the reservoir.
Water leaks from reservoir.	Reservoir not properly attached or damaged.	Ensure reservoir is securely twisted into place. Check for cracks or damage.
Nozzle detaches during use.	Nozzle not fully inserted.	Push nozzle firmly until it clicks into place.

7. SPECIFICATIONS

- **Model:** Aquapik One
- **Brand:** Boston Tech
- **Water Reservoir Capacity:** 300 ml
- **Pressure Range:** 20-130 PSI
- **Pulse Rate:** 1400 pulses/minute
- **Operating Modes:** 5 (Pulse, Gingival Protection, Soft, Standard, Strong)
- **Battery:** Integrated 2500 mAh Rechargeable Lithium Battery
- **Waterproof Rating:** IPX8
- **Dimensions (L x W x H):** Approximately 50 x 30 x 1500 mm (5 x 3 x 150 cm)
- **Weight:** Approximately 590 grams
- **Certifications:** FDA Approved, CE Certified, ADA Accepted

8. WARRANTY AND SUPPORT

The Boston Tech Aquapik One Portable Dental and Nasal Irrigator comes with a **2-year warranty** from the date of purchase. This warranty covers manufacturing defects under normal use conditions.

For warranty claims, technical support, or any questions regarding your device, please contact Boston Tech customer service. Please retain your proof of purchase for warranty validation.

Boston Tech is committed to providing high-quality products and reliable customer support.