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> User Manual for TORJALPH Smart Watch

TORJALPH b1dea5ca-a205-4181-af0f-6ad06b94ae05

User Manual

TORJALPH Smart Watch Model: b1dea5ca-a205-4181-af0f-6ad06b94ae05

INTRODUCTION

This manual provides comprehensive instructions for the operation and maintenance of your TORJALPH Smart Watch. This device is designed to be compatible with both iPhone and Android smartphones, offering a range of features including fitness tracking, health monitoring, and smart notifications. Please read this manual thoroughly before using the product to ensure proper function and longevity.

WHAT'S IN THE BOX

- 1 x Torjalph fitness I68 Waterproof Smart Watch
- 1 x User Manual
- 1 x Charging Cable

SETUP

1. Charging the Device

Before first use, fully charge your smart watch. Connect the provided magnetic charging cable to the charging contacts on the back of the watch and to a USB power source. A full charge typically takes approximately 3 hours. The watch has a 230 mAh battery capacity, providing 5-7 days of use and up to 14 days of standby time.

230mAh

Larger Battery capacity 7 days

Long Battery Life



Figure 1: Smart Watch with Charging Cable and Battery Information.

2. App Installation and Pairing

To connect your smart watch to your Android or iOS phone, download the "Da Fit" application. You can find the QR code for the app in the physical user manual included with your product. Ensure that Bluetooth is enabled on your phone and grant necessary permissions for calls and SMS to the "Da Fit" app.

1. Scan the QR code in the manual to download the "Da Fit" APP.
2. Ensure Bluetooth is turned on and grant call/SMS permissions.
3. Open the "Da Fit" app and search for "TS29" to pair your device.



Figure 2: Smart Watch Interface and App Icons.

OPERATING INSTRUCTIONS

1. Display and Watch Faces

The smart watch features a 1.83-inch full HD color touch screen with 240*284 resolution. You can customize the watch face from over 200 options available within the "Da Fit" application to suit your preference.



1.69"

Full Touch Screen Fitness Tracker Smart Watch with Heart Rate/Sleep /Blood Oxygen Monitoring Health Monitor

Figure 3: Various Watch Face Options on the 1.83-inch Display.

2. Activity Tracking

The watch supports 12 sports modes, including walking, running, cycling, swimming, badminton, basketball, football, and rope skipping. It functions as a fitness tracker, providing detailed insights into your daily activities.



Figure 4: Smart Watch displaying Stopwatch Function during a workout.

3. Health Monitoring

The smart watch includes features for monitoring your heart rate, blood pressure, and blood oxygen levels automatically throughout the day. It also provides sleep monitoring to help you understand your sleep patterns.

Blood Oxygen

Monitoring Your Health
Butler Take the Troubles
Out of Your Life

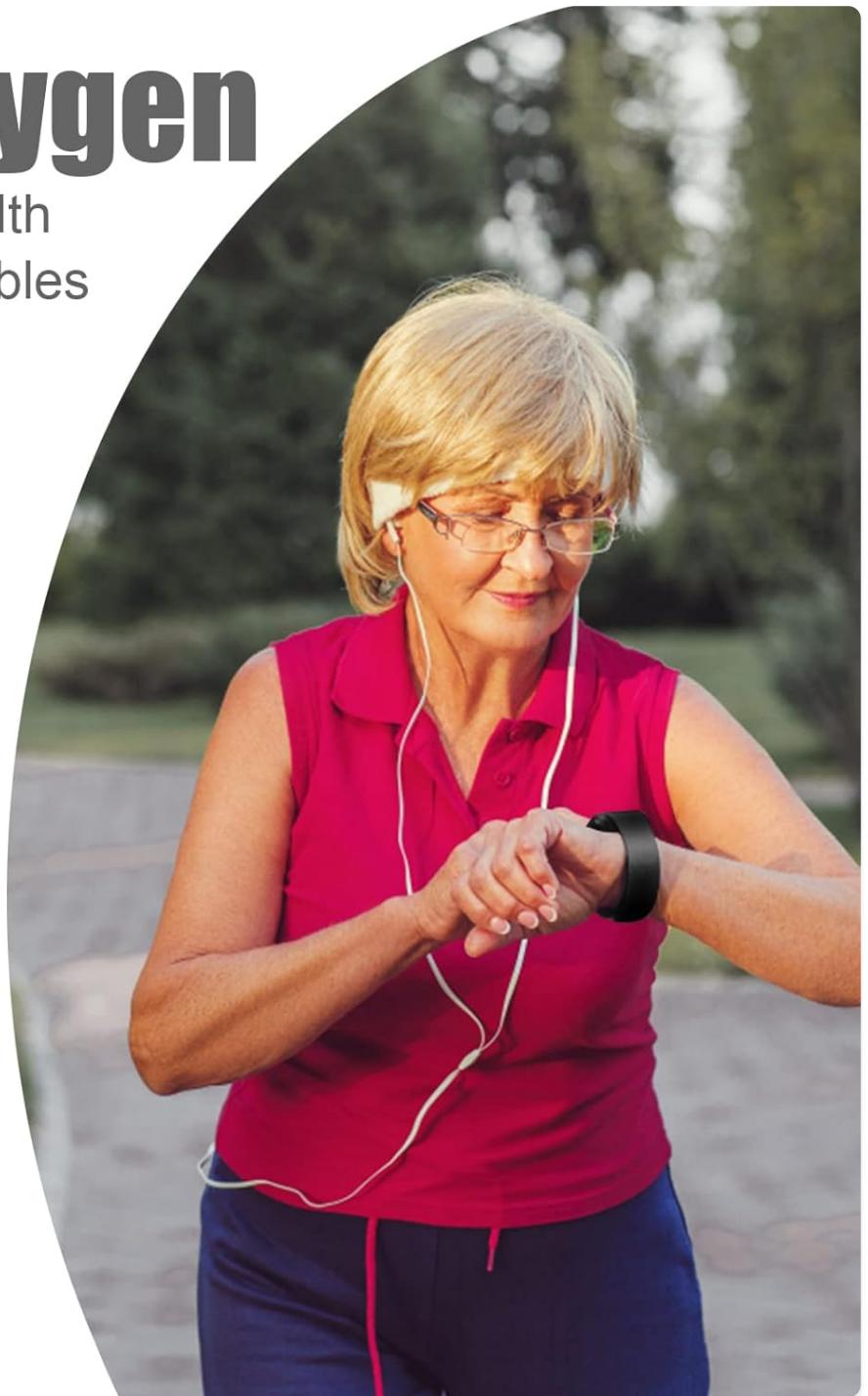


Figure 5: Blood Oxygen Monitoring Feature.

4. Smart Notifications and Remote Control

Receive notifications for calls, SMS, and messages from applications such as Facebook, WhatsApp, Messenger, Instagram, and Gmail directly on your watch. You can view information and sender names. The watch also supports sedentary reminders, alarm clocks, stopwatch, timer, weather information, music control, and remote camera control.



Figure 6: Remote Camera Control Functionality.

MAINTENANCE

Water Resistance

The TORJALPH Smart Watch has an IP68 waterproof rating, meaning it is resistant to water and dust. You can wear it while swimming, washing hands, or during rainy days without concern for corrosion from sweat or rain. However, it is not recommended for hot water activities like hot showers or saunas.

3ATM IP68

Waterproof Smart Watch

You can Swim,Bathe,Daily Washing
Hands ,Life Waterproof



Figure 7: Smart Watch demonstrating IP68 Waterproofing.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 30 minutes.
- **Unable to pair with phone:**
 - Make sure Bluetooth is enabled on your phone.
 - Ensure the "Da Fit" app has all necessary permissions (location, Bluetooth, notifications).
 - Restart both your phone and the smart watch.
 - Forget the device in your phone's Bluetooth settings and try pairing again through the "Da Fit" app.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch regularly. Note that health monitoring features are for reference only and should not replace professional medical advice.

• **Notifications not appearing:**

- Check notification settings within the "Da Fit" app to ensure desired apps are enabled.
- Verify that your phone's notification settings allow the "Da Fit" app to display notifications.
- Ensure the watch is connected via Bluetooth to your phone.

- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed. Ensure the watch is fully charged before use.

SPECIFICATIONS

Brand	TORJALPH
Model Number	b1dea5ca-a205-4181-af0f-6ad06b94ae05
Screen Size	1.83 inches (LCD Full Touch Screen)
Resolution	240*284
Waterproof Rating	IP68
Battery Capacity	230mAh
Charging Time	Approx. 3 hours
Battery Life	5-7 days (usage), 14 days (standby)
Compatible System	Android 5.0+ / iOS 9.0+
Watchband Material	Silicone Strap
Product Dimensions	255.9*45*10.5mm (approx. 10.06 x 1.77 x 0.41 inches)
Item Weight	40g (approx. 1.41 ounces)
Special Features	Alarm Clock, Weather Forecast, Heart Rate Monitor, Oxymeter (SpO2), Music Player, Sleep Monitor, Pedometer, Activity Tracker, Blood Pressure Monitor, Email, Lightweight, Multisport Tracker, Notifications, Phone Call, Sedentary Reminder, Time Display, Touch Screen, GPS Via Smartphone

WARRANTY AND SUPPORT

For warranty information and technical support, please refer to the contact details provided on the product packaging or the official TORJALPH website. Keep your purchase receipt for warranty claims.



