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› AERLANG Mini Massage Gun EM17 Instruction Manual

AERLANG EM17

AERLANG Mini Massage Gun EM17 Instruction Manual

Model: EM17

1. INTRODUCTION

Thank you for choosing the AERLANG Mini Massage Gun EM17. This portable deep tissue percussion muscle massager is designed to provide targeted relief for muscle soreness and fatigue, improve circulation, and aid in muscle relaxation. Please read this manual thoroughly before use to ensure safe and effective operation.



Image: The AERLANG Mini Massage Gun EM17, a compact black handheld device, ready for use.

2. SAFETY INFORMATION

To reduce the risk of electric shock, fire, and injury, please observe the following safety precautions:

- Do not immerse the device in water or other liquids.
- Keep away from heat sources and direct sunlight.
- Do not use on injured, inflamed, or swollen areas of the body.
- Consult a physician before use if you have any medical conditions, are pregnant, or have a pacemaker.
- Keep out of reach of children.
- Do not operate continuously for more than 10 minutes to prevent overheating and muscle overuse. The device features an automatic shut-off after 10 minutes.
- Use only the provided charging cable and adapter.

3. PACKAGE CONTENTS

Verify that all items are present in the package:

- AERLANG Mini Massage Gun EM17
- 6 Massage Heads
- USB-C Charging Cable
- User Manual
- Carry Case



Image: The AERLANG Mini Massage Gun EM17 with its various attachments and charging cable, stored in a compact carry case.

4. PRODUCT FEATURES

- **Deep Tissue Percussion:** Delivers targeted percussion to relieve soreness and fatigue.
- **10 Speed Levels:** Adjustable intensity from gentle to powerful (1200-3200 rpm).
- **Smart Pressure Compensation:** Automatically adjusts force for deeper tissue penetration.

- **6 Interchangeable Massage Heads:** Specialized tools for various muscle groups.
- **Automatic Shut-off:** Device powers off after 10 minutes of continuous use to prevent overuse.
- **Cordless & Portable:** Lightweight (580g) with a compact design and rechargeable battery.
- **USB-C Charging:** Convenient charging with up to 3 hours of use per charge.

5. SETUP

5.1 Charging the Device

Before first use, fully charge the massage gun. Connect the USB-C charging cable to the charging port on the device and plug the other end into a compatible USB power adapter (not included). The display will indicate charging status. A full charge takes approximately 2 hours.



Image: The AERLANG Mini Massage Gun EM17 being charged via its USB-C port, with the battery indicator visible on the display.

5.2 Attaching Massage Heads

To attach a massage head, gently push the desired head into the front opening of the massage gun. Ensure it is securely

seated. To remove, pull the head straight out.



Easy To Carry Refresh your body anytime, anywhere



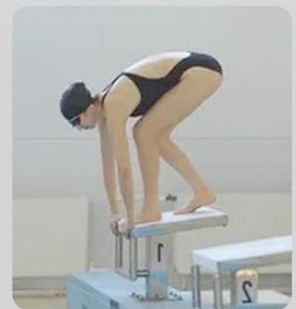
Elderly



Fitness enthusiast



Office worker



Athletes

Image: Illustration demonstrating the quick rotating installation and removal of the six different massage heads on the device.

6. OPERATING INSTRUCTIONS

6.1 Power On/Off

Press and hold the power button on the control panel for 2 seconds to turn the device on or off. The display will illuminate when powered on.

6.2 Adjusting Speed Levels

Once powered on, press the power button repeatedly to cycle through the 10 available speed levels. The current speed level will be shown on the display. Levels 1-3 are for muscle relaxation, 4-6 for muscle arousal, and 7-10 for deep relaxation.

USB-C charging port Up to **3 hours** of use



Portable &
Lightweight



Weights
only 550g



Image: The AERLANG Mini Massage Gun EM17's display showing the 10 adjustable speed levels and their corresponding intensity for muscle treatment.

6.3 Application

Gently press the massage gun onto the desired muscle area. Move the device slowly over the muscle, applying light to moderate pressure. Avoid pressing too hard or staying in one spot for too long. The device will automatically shut off after 10 minutes of continuous use.



PALM SIZE

MINI is the agile massage device
ergonomic comfort



Image: A user demonstrating the AERLANG Mini Massage Gun EM17 on their shoulder, highlighting its one-button control and suitability for various users and settings.

7. ATTACHMENT GUIDE

The AERLANG Mini Massage Gun EM17 comes with 6 specialized massage heads, each designed for different muscle groups and massage needs:

- **Round Head:** General full-body muscle massage, large muscle groups.
- **Flat Head:** Suitable for all body parts, especially for muscle relaxation and shaping.
- **Bullet Head:** For deep tissue, trigger points, and small muscle areas like feet and joints.
- **U-Shape Head:** Designed for the spine, neck, and Achilles tendon.
- **Shovel Head:** For scraping and relaxing muscles, suitable for back and waist.
- **Massage Head (Cone/Finger):** For specific deep tissue and acupoint massage.

Suitable for different parts

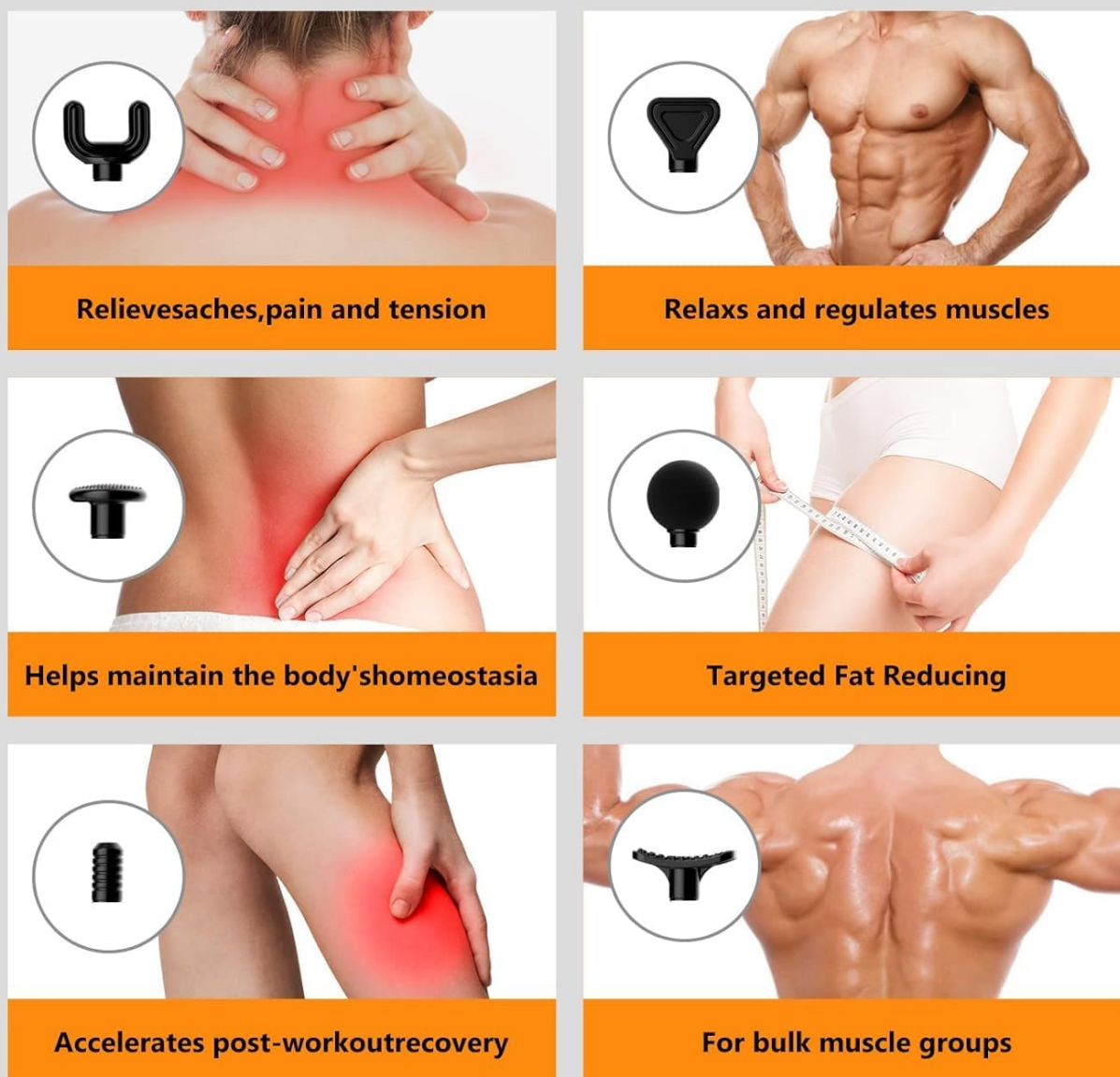


Image: A visual guide to the six massage heads and their applications for different body parts, including neck, back, arms, and legs.

8. MAINTENANCE AND CARE

- **Cleaning:** Wipe the device with a slightly damp cloth after each use. Do not use abrasive cleaners or solvents.
- **Storage:** Store the massage gun and its accessories in the provided carry case in a cool, dry place, away from direct sunlight.
- **Battery Care:** To prolong battery life, avoid fully discharging the battery frequently. Charge the device regularly, even if not in use for extended periods.

9. TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Device does not turn on	Low battery; Not powered on correctly	Charge the device; Press and hold the power button for 2 seconds.
Device stops during use	Automatic 10-minute shut-off; Low battery	Restart the device if desired; Charge the device.
Massage head falls off	Not securely attached	Ensure the massage head is pushed firmly into place.
Weak percussion	Low battery; Speed setting too low	Charge the device; Increase the speed level.

10. SPECIFICATIONS

- **Model:** EM17
- **Dimensions:** 6 x 3 x 10 inches
- **Weight:** 1.76 pounds (approximately 580g)
- **Power Source:** Battery Powered (1 x 12V battery included)
- **Charging Time:** 2 hours
- **Massage Therapy Technique:** Percussion
- **Speed Levels:** 10 (1200-3200 rpm)
- **Automatic Shut-off:** 10 minutes
- **Material:** ABS Plastic
- **Color:** Black

11. WARRANTY AND SUPPORT

AERLANG provides a 1-year warranty for the Mini Massage Gun EM17 from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or normal wear and tear.

For warranty claims, technical support, or any questions regarding your product, please contact AERLANG customer service. Refer to the contact information provided with your purchase or visit the official AERLANG website for assistance.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question