

DGYAO B09TKNG4HH

DGYAO Red Infrared Light Therapy Device

MODEL: B09TKNG4HH (SINGLE FOOT THERAPY PAD)

User Instruction Manual

1. Introduction

The DGYAO Red Infrared Light Therapy Device is designed to provide targeted light therapy for foot pain relief. This device utilizes a combination of 660nm red light and 880nm near-infrared (NIR) light to penetrate tissues, stimulate cellular repair, and promote circulation. It features a comfortable, double-sided pad design that can easily wrap around the foot, an auto-off timer, and a portable controller for convenient use.

2. Safety Information

Please read all safety information before using the device. Improper use may result in injury or device damage.

- **Consult a Physician:** Always consult with a healthcare professional before starting any new therapy, especially if you have pre-existing medical conditions, are pregnant, or are taking medications.
- **Eye Protection:** While 880nm infrared light is invisible, 660nm red light is visible. Avoid direct eye exposure to the light. It is recommended to use eye protection during therapy sessions.
- **Skin Sensitivity:** If you experience any discomfort, excessive heat, or skin irritation during use, discontinue treatment immediately.
- **Not a Medical Device:** Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This device is for personal use and not intended to replace professional medical advice or treatment.
- **Children and Pets:** Keep the device out of reach of children and pets.
- **Water Exposure:** Do not immerse the device in water or use it in wet environments.

3. Package Contents

Verify that all components are present in the package:

- 1 x DGYAO Single Foot Therapy Pad

- 1 x Power Adapter
- 1 x Time Controller
- 1 x DC Cord

4. Setup Instructions

Follow these steps to set up your DGYAO Red Infrared Light Therapy Device:

1. Connect the power adapter to a power outlet.
2. Connect the power adapter's output wire to the 'IN' port of the time controller.
3. Connect the DC cord to one of the 'OUT' ports (OUT-1 or OUT-2) on the time controller.
4. Connect the other end of the DC cord to the input port on the DGYAO Foot Therapy Pad.
5. Ensure all connections are secure.



Image: Components of the DGYAO Red Infrared Light Therapy Device.

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Video: Demonstrates the connection process for the DGYAO Infrared Light Therapy Device, showing how to connect the power adapter, time controller, and the therapy pad.

5. Operating Instructions

To begin a therapy session:

1. Once the device is connected as described in Section 4, place your foot into the therapy pad. The double-sided design allows for comprehensive coverage.
2. Press the power button on the time controller to turn on the device. The red lights will become visible.
3. The device is equipped with a 20-minute auto-off timer. You can adjust the timer settings on the controller if other options are available.
4. Relax and allow the light therapy to work. The device will automatically shut off after the set time.
5. After use, you may press the power button again to manually turn off the device, or simply disconnect it from the power source.



Image: A foot receiving red infrared light therapy from the device.

6. Dual Light Therapy Explained

This therapy pad incorporates two specific wavelengths for comprehensive treatment:

- **660nm Red Light:** This wavelength is visible to the human eye and is absorbed by the skin's

superficial layers. It stimulates cellular repair, increases circulation, and promotes a more vibrant tissue appearance.

- **880nm Near-Infrared (NIR) Light:** This wavelength is invisible to the human eye and penetrates deeper into the body's tissues. It causes thermal effects that increase tissue temperature, enhance blood circulation, boost metabolism, and improve cell viability and regenerative capacity.

The combination of these two wavelengths provides a synergistic effect for pain relief and tissue recovery.



Image: Detailed view of the red and near-infrared light distribution within the therapy pad.

7. Maintenance

To ensure the longevity and proper functioning of your device:

- **Cleaning:** Disconnect the device from power before cleaning. Wipe the surface of the therapy pad with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- **Handling:** Handle the device with care. Avoid dropping or subjecting it to strong impacts.

8. Troubleshooting

If you encounter issues with your device, refer to the following common problems and solutions:

- **Device Not Turning On:**

- Ensure all cables are securely connected to the power adapter, controller, and therapy pad.
- Verify that the power adapter is plugged into a working electrical outlet.
- Check if the power button on the controller has been pressed.

- **Lights Not Illuminating:**

- Confirm the device is powered on.
- Remember that 880nm infrared lights are invisible to the naked eye; only the 660nm red lights will be visible.

- **No Heat Sensation:**

- The device is designed for therapeutic light delivery, not significant heat generation. A slight warmth may be felt, but intense heat is not the primary mechanism of action.

If troubleshooting steps do not resolve the issue, please contact customer support.

9. Specifications

Model	B09TKNG4HH (Single Foot Therapy Pad)
Light Wavelengths	660nm (Red Light), 880nm (Near-Infrared Light)
Number of Light Bulbs	132 (66pcs 660nm, 66pcs 880nm)
Dimensions	12.91 x 6.02 x 2.91 inches (Package)
Weight	1.79 Pounds (Package)
Auto-Off Timer	20 minutes
Manufacturer	DGYAO

10. Warranty and Support

DGYAO offers a lifetime free replacement policy for the charger, controller, and connectors of this device. For any questions, concerns, or warranty claims, please contact DGYAO customer support through the retailer where the product was purchased or visit the official DGYAO website for contact information.