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› My Massage Pillow User Manual

MyMassagePillow 753569706028

My Massage Pillow User Manual

Model: 753569706028

Brand: MyMassagePillow

INTRODUCTION

The MyMassagePillow is a pressure-activated, vibrating massage pillow designed to provide relief for various body pains and improve circulation. It operates on 2 D-size batteries and features a high/low switch to adjust vibration speed and patterns. This manual provides essential information for the safe and effective use of your massage pillow.



Image: Front view of the My Massage Pillow, showcasing its black and grey arrow pattern design.

SAFETY INFORMATION

Always use the massager while awake and aware of your body position. Do not use near water. After use, remove batteries and store them separately from the massager to prevent accidental activation. Keep out of reach of children and pets.

SETUP

Battery Installation

1. Locate the battery compartment on the back of the My Massage Pillow. This compartment is typically secured with a zipper or Velcro closure.
2. Open the compartment to reveal the battery housing.
3. Insert two (2) D-size batteries, ensuring correct polarity (+/-) as indicated inside the compartment.
4. Securely close the battery compartment.



With as little as 10 pounds of pressure to the center of the pillow, My Massage Pillow can be easily used on any part of the body.

Access the batteries, power supply connection or vibrating speed control.



Image: Rear view of the My Massage Pillow, highlighting the access point for battery installation and control adjustments.

OPERATING INSTRUCTIONS

Activating the Massage

The My Massage Pillow is pressure-activated. There is no external on/off switch. To begin the massage, simply apply pressure to the pillow by leaning against it or placing a body part on it. The vibration will start automatically.

Adjusting Speed and Vibration Patterns

The pillow features a high/low switch to adjust the intensity of the massage. Locate this switch within the battery compartment area. Toggle the switch to select your preferred vibration speed and pattern.

4 Pressure Activated Settings



Circle



Zigzag



Wave



Pulse



Image: Visual representation of the four pressure-activated vibration patterns: Circle, Zigzag, Wave, and Pulse, which can be adjusted via the high/low switch.

Recommended Usage Areas

The My Massage Pillow can be used on various parts of the body to help relieve pain and improve circulation, including:

- **Back:** Aids posture and boosts circulation.
- **Legs:** Increases circulation and reduces pain.
- **Feet:** Vibration stimulates blood flow.
- **Shoulder:** Helps relieve muscle pain and tightness.



Perfect for Targeting Pain & Soreness



Back

Can aid posture to boost circulation.



Legs

Can increase circulation and reduce pain.



Feet

Vibration can help stimulate blood flow.



Shoulder

Can help relieve muscle pain and tightness.

Image: An infographic illustrating the primary body areas where the My Massage Pillow can be effectively used for pain relief and circulation improvement.

MAINTENANCE

Cleaning

To clean the pillow, gently wipe the surface with a damp cloth. Do not immerse the pillow in water or use harsh chemical cleaners. Allow it to air dry completely before storage or next use.

Storage

When not in use for extended periods, remove the D-size batteries from the compartment. Store the pillow and batteries separately in a cool, dry place, away from direct sunlight and extreme temperatures. This prevents accidental activation and prolongs battery life.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Pillow does not vibrate.	<ul style="list-style-type: none">○ Batteries are dead or low.○ Batteries are inserted incorrectly.○ Insufficient pressure applied.	<ul style="list-style-type: none">○ Replace with new D-size batteries.○ Check battery polarity and reinsert correctly.○ Apply more direct pressure to the pillow's center.
Vibration is weak or inconsistent.	<ul style="list-style-type: none">○ Batteries are low.○ Pillow is not on a flat, stable surface.	<ul style="list-style-type: none">○ Replace with new D-size batteries.○ Ensure the pillow is placed on a firm, even surface.

PRODUCT SPECIFICATIONS

- **Model Number:** 753569706028
- **Power Source:** Battery Powered
- **Batteries:** 2 x D-size batteries (included)
- **Dimensions:** Approximately 13 x 13 x 4 inches
- **Weight:** Approximately 1.8 Pounds
- **Color:** Black & Grey Arrows
- **Special Feature:** Speed Control (High/Low switch)
- **Activation:** Pressure-activated
- **Manufacturer:** MYMASSAGEPILLOW

WARRANTY AND SUPPORT

For any questions, concerns, or support regarding your My Massage Pillow, please contact the manufacturer directly. Specific warranty details may vary and are typically provided with your purchase documentation or can be obtained by contacting customer service.

Please refer to your purchase receipt or the product packaging for contact information for MYMASSAGEPILLOW customer support.

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