

WOQQW JH-R2

WOQQW Shiatsu Neck and Back Massager with Heat (Model JH-R2) Instruction Manual

Brand: WOQQW | Model: JH-R2

INTRODUCTION

This manual provides comprehensive instructions for the safe and effective use of your WOQQW Shiatsu Neck and Back Massager with Heat. This electric deep tissue 4D kneading massage pillow is designed to relieve muscle soreness, neck stiffness, and cervical fatigue across various body parts including the shoulder, leg, and body.

Key Features:

- 8 powerful deep-kneading Shiatsu nodes for effective muscle relief.
- Three adjustable speed and intensity levels for personalized comfort.
- Built-in infrared heating to boost blood circulation.
- 15-minute auto shut-off with overheat protection (manually adjustable).
- Ergonomic 4D kneading U-shape design for versatile full-body application (neck, back, shoulders, legs, hips, calves, thighs, feet, arms).
- Suitable for multi-scene use: home, office, car, and travel. Includes AC adapter and car adapter.
- Constructed from premium PU leather, which is stain-resistant and easy to clean.
- Massage area features high-quality, soft, and breathable fabric for durability.

SETUP

1. **Unpacking:** Carefully remove the massager and all accessories from the packaging. Ensure all components are present: the massager unit, AC power adapter, and car adapter.



Image: The WOQQW Shiatsu Neck and Back Massager unit, showcasing its U-shape design and control panel.

2. Power Connection:

- For home or office use, connect the AC power adapter to the massager's power input port and then plug the adapter into a standard electrical outlet.
- For car use, connect the car adapter to the massager's power input port and then plug the car adapter into your vehicle's 12V accessory outlet (cigarette lighter socket).

Massage in your car, home, or office



Image: The massager shown with both the AC wall adapter and the car adapter, illustrating its versatile power options.

OPERATING INSTRUCTIONS

The control panel is conveniently located on one of the arm straps for easy access during use.

CONTROL PANEL



Image: A close-up of the massager's control panel, showing the Power, Direction, Speed, and Heat buttons.

1. **Power On/Off:** Press the **Power Button** (top button with a circle and vertical line) to turn the massager on. The massage nodes will begin rotating, and the heat function will activate by default (indicated by red lights). Press the Power Button again at any time to turn the unit off.
2. **Change Massage Direction:** Press the **Direction Button** (second button with circular arrows) to change the rotation direction of the massage nodes. The direction automatically changes every 1 minute during continuous operation.
3. **Adjust Speed/Intensity:** Press the **Speed Button** (third button with vertical bars) to cycle through three adjustable speed and intensity levels: low, medium, and high.
4. **Activate/Deactivate Heat:** Press the **Heat Button** (bottom button with wavy lines) to activate or deactivate the infrared heating function. When active, the massage nodes will glow red.
5. **Applying Pressure:** Utilize the arm straps by placing your hands through the loops. You can pull down on the straps to apply more pressure to the massage area, allowing for deeper tissue kneading. Release the straps to reduce pressure.

Your browser does not support the video tag.

Video: A demonstration of how to use the WOQQW Shiatsu Neck and Back Massager with heat, showing the application of pressure using the arm straps. This video is provided by the seller, WOQQW.

6. **Automatic Shut-off:** The massager is equipped with a 15-minute auto shut-off feature to prevent overheating and ensure safety. You can manually restart the device after it shuts off.

MAINTENANCE

- **Cleaning:** The massager is made from premium PU leather, which is stain-resistant and easy to clean. Wipe the surface with a damp cloth. Do not immerse the unit in water.
- **Storage:** Store the massager in a cool, dry place when not in use.

TROUBLESHOOTING

No specific troubleshooting steps are provided in this manual. If you encounter any issues with your massager, please refer to the "Warranty and Support" section for contact information.

SPECIFICATIONS

Feature	Detail
Model Number	JH-R2
Brand	WOQQW
Power Source	Corded Electric
Material	Faux Leather
Recommended Use	Back, Neck, Shoulder, Whole Body
Auto Shut-off	15 minutes
Heat Function	Infrared Heating
Massage Nodes	8 Shiatsu nodes
Speed Levels	3 adjustable levels

IMPORTANT INFORMATION

Safety Information:

Automatic shut-off after 15 minutes of use to prevent overheating.

Directions:

To change the direction of massage, press button to cycle through available options.

Legal Disclaimer:

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

WARRANTY AND SUPPORT

WOQQW is committed to providing quality products and customer satisfaction. If you encounter any issues while using your massager or have questions regarding warranty details, please contact WOQQW customer support. They aim to provide a satisfactory solution within 24 hours.

Your browser does not support the video tag.

Video: A short preview video from WOQQW, the seller, showcasing the Shiatsu Neck and Back Massager. This video is 7 seconds long and provides a quick visual overview of the product.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

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