Xiaomi BHR5381GL

Xiaomi Watch S1 Active User Manual
Model: BHR5381GL

1. PRODUCT OVERVIEW

The Xiaomi Watch S1 Active is a versatile smartwatch designed for fitness enthusiasts and daily use. It features a vibrant 1.43-inch AMOLED display, comprehensive fitness tracking with 117 modes, dual-band GPS, and Bluetooth phone call capabilities. This manual provides essential information for setting up, operating, and maintaining your device.

Figure 1: Front view of the Xiaomi Watch S1 Active, showcasing its round display and white strap.

2. SETUP

2.1 Unboxing

Upon opening the package, ensure all components are present:

- Xiaomi Watch S1 Active
- Magnetic Charging Cable
- User Manual (this document)

2.2 Charging the Device

Before first use, fully charge your watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port.

Figure 2: Rear view of the Xiaomi Watch S1 Active, highlighting the optical sensors and magnetic charging contacts.

2.3 Pairing with Your Smartphone

1. Download the Xiaomi Wear app (or Mi Fitness app) from your smartphone's app store.
2. Open the app and log in or create a Xiaomi account.
3. Turn on your watch by pressing and holding the power button.
4. In the app, navigate to 'Devices' and select 'Add device'.
5. Follow the on-screen instructions to scan the QR code on the watch display or select your watch from the list of nearby devices.
6. Confirm the pairing request on both your watch and smartphone.

3. OPERATING THE WATCH

3.1 Basic Navigation

- **Touchscreen:** Swipe up, down, left, or right to navigate through menus and notifications. Tap to select.

- **Power Button (Top Right):** Press to wake/sleep the screen, return to the watch face, or long-press to access power options.
- **Sport Button (Bottom Right):** Press to quickly access workout modes.

Figure 3: Angled view of the Xiaomi Watch S1 Active, illustrating the two physical buttons on the right side of the watch case.

3.2 Fitness Tracking

The watch supports 117 fitness modes, including 19 professional modes. To start a workout:

1. Press the Sport button or swipe to the 'Workout' app on the watch.
2. Select your desired activity (e.g., Outdoor Running, Cycling, Swimming).
3. Wait for GPS signal acquisition (if applicable) and tap 'Go' to begin.
4. During the workout, you can pause, resume, or end the activity using the on-screen controls.

3.3 Phone Calls & Notifications

Once paired, the watch can receive notifications from your smartphone and allow you to answer Bluetooth

phone calls directly from your wrist.

- **Notifications:** Swipe down from the watch face to view recent notifications.
- **Phone Calls:** When a call comes in, the watch will display the caller ID. Tap the green icon to answer or the red icon to decline.

3.4 Customizing Watch Faces

The Xiaomi Watch S1 Active offers over 200 watch faces. You can change them directly on the watch or through the Xiaomi Wear app.

- **On Watch:** Long-press the current watch face, then swipe left or right to browse available faces. Tap to select.
- **Via App:** Open the Xiaomi Wear app, go to 'Watch faces', and choose from the extensive library.

4. MAINTENANCE

4.1 Cleaning

Regularly clean your watch to ensure optimal performance and hygiene.

- Wipe the screen and body with a soft, lint-free cloth.
- For stubborn stains, dampen the cloth slightly with water. Avoid using harsh chemicals or abrasive materials.
- Clean the charging contacts periodically to ensure good connection.

4.2 Software Updates

Keep your watch's software updated for new features and performance improvements. Updates are typically managed through the Xiaomi Wear app.

- Ensure your watch is sufficiently charged (at least 30%).
- Open the Xiaomi Wear app and check for available updates in the device settings.
- Follow the on-screen prompts to download and install the update. Keep the watch close to your phone during the process.

4.3 Battery Care

To maximize battery life:

- Avoid extreme temperatures.
- Charge the watch before the battery is completely depleted.
- If storing for a long period, charge it to about 50% and power it off.

5. TROUBLESHOOTING

Issue	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Long-press the power button for at least 10 seconds.

Issue	Possible Solution
Bluetooth connectivity issues	Ensure Bluetooth is enabled on your phone. Restart both the watch and phone. Unpair and re-pair the devices in the app.
GPS not working accurately	Ensure you are in an open outdoor area. Wait for the GPS signal to acquire before starting an activity. Update watch firmware.
Notifications not appearing	Check notification permissions in the Xiaomi Wear app and your phone's system settings. Ensure the app is running in the background.
Short battery life	Reduce screen brightness, disable always-on display, limit continuous heart rate monitoring, and turn off unnecessary features like Wi-Fi or NFC if not in use.

6. SPECIFICATIONS

Feature	Detail
Model Number	BHR5381GL
Display	1.43-inch AMOLED HD Display
Dimensions	1.81 x 1.85 x 0.43 inches (46.0 x 47.0 x 11.0 mm)
Item Weight	1.27 ounces (36 Grams)
Battery Capacity	470 mAh (typical)
Battery Life	Up to 12 days (typical usage)
Connectivity	Bluetooth, NFC
GPS	Dual-band GPS
Water Resistance	5ATM
Operating System	Android Wear 2.0 (compatible)
Sensors	Heart rate sensor, SpO2 sensor, accelerometer, gyroscope, geomagnetic sensor, atmospheric sensor

7. WARRANTY AND SUPPORT

Your Xiaomi Watch S1 Active comes with a limited manufacturer's warranty. Please refer to the warranty card included in your product packaging or visit the official Xiaomi website for detailed warranty terms and conditions specific to your region.

For technical support, frequently asked questions, or to find service centers, please visit the official Xiaomi support website or contact their customer service. Keep your purchase receipt as proof of purchase for warranty claims.

Related Documents - BHR5381GL

Xiaomi Smart Band 9	[Xiaomi Smart Band 9: Advanced Features, Specifications, and Accessories](#) Explore the Xiaomi Smart Band 9, featuring a vibrant AMOLED display, advanced health monitoring (heart rate, SpO2), up to 21-day battery life, and a range of stylish, functional accessories including straps, a pendant, and a running clip.
Xiaomi Watch S4 Bezel Hướng dẫn sử dụng Vòng	[Hướng dẫn sử dụng Vòng Bezel Xiaomi Watch S4](#) Hướng dẫn chi tiết về cách lắp đặt, tháo gỡ, bảo dưỡng và thông tin bảo hành cho Vòng Bezel Xiaomi Watch S4 (M2452AM1). Bao gồm các bước thực hiện và lưu ý quan trọng.
Xiaomi Smart Band 8 Active User Manual	[Xiaomi Smart Band 8 Active User Manual](#) User manual for the Xiaomi Smart Band 8 Active, detailing specifications, setup, usage, safety precautions, and warranty information for this smart wearable device.
Xiaomi Watch 2 User Manual	[Xiaomi Watch 2 User Manual: Features, Specifications, and Safety Guide](#) Comprehensive user manual for the Xiaomi Watch 2 (Model M2320W1). Learn about water resistance, product overview, specifications, connectivity, GPS, charging, safety precautions, and warranty information.
Xiaomi Watch S4 Príručka používateľa	[Používateľská príručka a špecifikácie Xiaomi Watch S4 (M2425W1)](#) Kompletná používateľská príručka pre Xiaomi Watch S4 (Model M2425W1), ktorá pokrýva prehľad produktu, inštaláciu, špecifikácie, bezpečnostné opatrenia a informácie o záruke.
Xiaomi Watch 2 Pro User Manual	[Xiaomi Watch 2 Pro User Manual - Comprehensive Guide](#) Explore the Xiaomi Watch 2 Pro with its official user manual. Learn about setup, GPS, health tracking, specifications, and safety guidelines for this advanced smartwatch.