

## LEXiBOOK RLT100EN

# LEXiBOOK Coach Theo Sleep Companion (RLT100EN) Instruction Manual

Model: RLT100EN | Brand: LEXiBOOK

## 1. INTRODUCTION

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The LEXiBOOK Coach Theo Sleep Companion is an interactive device designed to help children establish healthy sleep and wake-up routines. It combines a nightlight, dawn simulator, dual alarm clock, and a storytelling function to create a comforting and engaging environment for sleep training.



Figure 1: Front view of the Coach Theo Sleep Companion.

## 2. PRODUCT FEATURES

- **Wake-up and Sleep Coach:** Guides children on when it's time to go to bed or wake up through visual and auditory cues.
- **Large Light Surface:** Functions as a soft nightlight and a sunrise simulator to gently wake up the user.
- **Double Digital and Analog Display:** Facilitates learning to read both digital and analog time formats.
- **Dual Alarm:** Features two independent alarms with customizable ringtones and volume levels.
- **Nap Function and Self-Timer:** Allows for setting short naps or specific duration timers.
- **Talking Function:** Includes 62 stories and 4 melodies to entertain and soothe.

## 3. SETUP

### 3.1 Unpacking and Power Supply

Carefully remove the Coach Theo Sleep Companion from its packaging. Ensure all components are present: the main unit, power cord, and one CR2032 battery (pre-installed or included separately).



Figure 2: Back view with power input and control buttons.

1. **Connect Power:** Plug the provided power cord into the DC 5V input port on the back of the unit and then into a standard wall outlet.
2. **Battery Installation:** The CR2032 battery is typically pre-installed. This battery serves as a backup for settings during power outages. If not installed, open the battery compartment (usually with a small screwdriver) and insert the CR2032 battery with the correct polarity.

### 3.2 Initial Time Setting

Upon first power-up or after a prolonged power loss without battery backup, you may need to set the current time. Refer to the specific buttons on your device (usually labeled 'Set', 'Time', or with arrows) to adjust hours and minutes. Consult the detailed instructions in the full manual for precise button functions.

## 4. OPERATION

## 4.1 Sleep and Wake-up Coaching

The Coach Theo uses visual cues from its light surface and auditory cues (stories/melodies) to signal sleep and wake times. The light will gradually dim for bedtime and brighten for wake-up, simulating a sunrise.

## 4.2 Nightlight and Dawn Simulator

The large light surface can be activated as a soft nightlight. For the dawn simulator, set your desired wake-up time. The light will begin to gradually brighten before the alarm sounds, mimicking natural sunrise to promote a gentle awakening.

## 4.3 Setting Alarms

The device features a dual alarm system. To set an alarm:

1. Press the 'Alarm 1' or 'Alarm 2' button.
2. Use the adjustment buttons (e.g., '+' and '-') to set the desired alarm time.
3. Select your preferred ringtone and volume level from the available options.
4. Confirm your settings.

## 4.4 Nap Function and Self-Timer

Activate the nap function to set a short sleep period. The self-timer allows you to set a countdown for various activities, such as reading time before bed.

## 4.5 Storytelling and Melodies

The Coach Theo includes 62 stories and 4 melodies. To access these:

1. Locate the 'Story' or 'Music' button.
2. Press the button to cycle through available stories or melodies.
3. Adjust the volume as needed.

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Video 1: An official product video demonstrating the features of the LEXiBOOK Coach Theo Sleep Companion, including its nightlight, alarm, and storytelling capabilities.

# 5. MAINTENANCE

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## 5.1 Cleaning

To clean the Coach Theo Sleep Companion, use a soft, dry cloth. Do not use abrasive cleaners, solvents, or immerse the unit in water. Disconnect from power before cleaning.

## 5.2 Battery Replacement

If the backup battery (CR2032) needs replacement, ensure the unit is disconnected from the main power. Open the battery compartment, remove the old battery, and insert a new CR2032 battery, observing correct polarity. Securely close the compartment.

# 6. TROUBLESHOOTING

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If you encounter issues with your Coach Theo Sleep Companion, please try the following common

solutions:

- **No Power/Display:** Ensure the power cord is securely plugged into both the unit and a working electrical outlet. Check if the CR2032 backup battery is correctly installed.
- **Alarm Not Sounding:** Verify that the alarm is set correctly, enabled, and the volume is not muted or set too low.
- **Light Not Working:** Check if the nightlight or dawn simulator function is activated and configured properly.
- **Sound Issues:** Ensure the volume is adjusted appropriately for stories, melodies, and alarms.
- **Reset:** If the device is unresponsive, try disconnecting it from power for a few minutes and then reconnecting. This may resolve minor software glitches.

If problems persist after attempting these steps, please contact LEXiBOOK customer support for further assistance.

## 7. SPECIFICATIONS

Feature	Detail
Brand	LEXiBOOK
Model Number	RLT100EN
Color	Brown
Display Type	Digital and Analog
Special Feature	Alarm, Nightlight, Dawn Simulator, Storyteller
Product Dimensions	3.15"W x 5.31"H
Power Source	Corded Electric (cable included)
Backup Battery	1 x CR2032 (included)
Material	Plastic
Recommended Age	3 years and up
Manufacturer	Lexibook

## 8. WARRANTY AND SUPPORT

The LEXiBOOK Coach Theo Sleep Companion comes with a**2-year warranty** from the date of purchase. Please retain your proof of purchase for warranty claims.

For technical support, troubleshooting assistance beyond the scope of this manual, or warranty inquiries, please visit the official LEXiBOOK website or contact their customer service department. Contact information can typically be found on the product packaging or the brand's official website.

