

[Manuals.plus](#) /

› [YOGASLEEP](#) /

› Yogasleep Dohm Nova White Noise Sound Machine Instruction Manual

## YOGASLEEP 4001310

# Yogasleep Dohm Nova White Noise Sound Machine

INSTRUCTION MANUAL - MODEL 4001310

### 1. Product Overview

The Yogasleep Dohm Nova is a natural fan-based white noise sound machine designed to improve sleep for babies and adults. It features adjustable sound, a dimmable night light, and a convenient sleep timer, all housed in a sophisticated design.

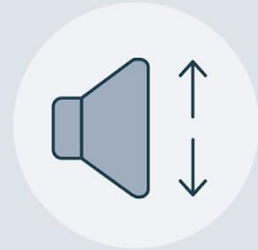
# Take Control of Your Sleep Environment



Natural white noise



Classic, fan-based sound



Adjustable tone and volume



Adjustable amber night light



Sleep timer



Washable fabric overlay

Image: Front view of the Yogasleep Dohm Nova White Noise Sound Machine, showcasing its compact design and fabric overlay.

## Key Features:

- **Natural Fan-Based White Noise:** Generates comforting sound without moving air.
- **Adjustable Tone & Volume:** Offers 10 fan speeds and fine-tune tone by adjusting the outer shell.
- **Dimmable Night Light:** Soft amber tone for minimal sleep disruption.
- **Convenient Sleep Timer:** Options for 45 minutes, 90 minutes, or 8 hours.
- **Sophisticated Design:** Washable fabric overlay for easy care and aesthetic appeal.

## 2. Setup Instructions

1. **Unpack the Device:** Carefully remove the Dohm Nova sound machine and its power adapter from the packaging.
2. **Placement:** Place the device on a stable, flat surface near an electrical outlet.
3. **Connect Power:** Plug the power adapter into the device's power port, then plug the adapter into an electrical outlet. The device will power on automatically.

Your browser does not support the video tag.

Video: A demonstration of unboxing and connecting the Yogasleep Dohm Nova sound machine to power, showing the initial setup process.

### 3. Operating Instructions

---

1. **Power On/Off:** Press the large central power button to turn the device on or off.
2. **Adjust Tone & Volume:**
  - Use the **Volume +** and **Volume -** buttons on the top panel to select from 10 fan speeds.
  - To fine-tune the tone, rotate the outer shell of the sound machine.
3. **Dimmable Night Light:**
  - Press the light bulb button to turn the amber night light on or off.
  - Hold down the light bulb button to adjust the brightness level.
4. **Set Sleep Timer:**
  - Press the timer button to cycle through the available settings: 45 minutes, 90 minutes, or 8 hours.
  - The device will automatically shut off after the selected duration.

Your browser does not support the video tag.

Video: A demonstration of the Dohm Nova's controls, including power, volume adjustment, and timer settings.

Your browser does not support the video tag.

Video: A demonstration showing how to adjust the brightness of the Dohm Nova's night light feature.

### 4. Maintenance

---

The Dohm Nova features a washable fabric overlay for easy cleaning.

1. **Remove Fabric Overlay:** Gently remove the fabric cover from the device.
2. **Hand Wash:** Wash the fabric cover by hand in cold water.
3. **Drying:** Lay flat to dry only. Do not use a washing machine, fabric softener, bleach, or dryer sheets.

# How to Wash Fabric Overlay

- 
- A close-up photograph showing a hand peeling a grey, textured fabric overlay off the top of a white, cylindrical device. The device has a control panel on top with several buttons and the brand name 'DOHM' visible. The background is blurred, showing some greenery.
1. Remove the fabric cover from the device.
  2. The fabric cover can be washed by hand in cold water. Do not wash in washing machine. Do not use fabric softener, bleach, or dryer sheets. Lay flat to dry only.

Image: A hand demonstrating how to remove the fabric overlay from the Dohm Nova for cleaning.

## 5. Troubleshooting

No specific troubleshooting steps are provided in the available product information. If you encounter issues, please refer to the manufacturer's website or contact customer support.

## 6. Specifications

|                    |                        |
|--------------------|------------------------|
| Product Dimensions | 5.6 x 5.6 x 3.7 inches |
| Item Weight        | 1.13 Pounds            |
| Item Model Number  | 4001310                |
| Brand              | YOGASLEEP              |
| Color              | White                  |

|                      |                  |
|----------------------|------------------|
| Material             | Soft Cloth       |
| Power Source         | Corded Electric  |
| Manufacturer         | Marpac LLC       |
| Date First Available | February 2, 2022 |

## 7. Safety Information

Always keep the power cord out of reach of children to prevent accidents.

## 8. Warranty and Support

Specific warranty details and direct support contact information are not provided in the available product data. Please refer to the official Yogasleep website or your retailer for warranty claims and customer support inquiries.

© 2024 Yogasleep. All rights reserved.

### ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

**Name**

Anonymous

**Email**

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

**Question**

Example: How do I reset this device or fix this error?

**Details**

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question