

Ardes ARAMFRY34

ARDES ARAMFRY34 5-Liter Air Fryer Instruction Manual

Model: ARAMFRY34 (8004032114782)

1. INTRODUCTION

This manual provides essential information for the safe and efficient operation of your ARDES ARAMFRY34 5-Liter Air Fryer. Please read all instructions carefully before using the appliance and retain this manual for future reference.

The ARDES ARAMFRY34 Air Fryer utilizes Rapid Air Technology to circulate hot air, allowing you to cook a variety of dishes with significantly less oil compared to traditional frying methods. This results in healthier meals without compromising taste or texture.

2. IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons, including the following:

- Read all instructions before use.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse cord, plugs, or the main unit in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.

- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to 'off', then remove plug from wall outlet.
- Do not use appliance for other than intended household use.
- Ensure the appliance is placed on a stable, heat-resistant surface.
- Do not block any ventilation openings.

3. PRODUCT OVERVIEW

The ARDES ARAMFRY34 Air Fryer is designed for ease of use and efficient cooking. Familiarize yourself with its components:



Figure 1: Front view of the ARDES ARAMFRY34 Air Fryer. This image shows the compact, white design of the air fryer with its integrated black handle and digital control panel.



Figure 2: ARDES ARAMFRY34 Air Fryer with the cooking basket partially pulled out. This illustrates how the basket detaches from the main unit for loading and unloading food.



Figure 3: Components of the ARDES ARAMFRY34 Air Fryer, including the main unit, removable basket, and cooking rack. This image highlights the separate parts that make up the cooking system.

Key Features:

- **Digital Touch Display:** Intuitive interface for setting cooking parameters.
- **60-Minute Timer:** With automatic shut-off for precise cooking control.
- **7 Preset Programs:** Optimized settings for common dishes.
- **Adjustable Temperature:** Ranging from 80°C to 200°C.
- **Cool-Touch Handle:** Ensures safe handling of the cooking basket.
- **Anti-Slip Feet:** Provides stability during operation.
- **5-Liter Capacity:** Suitable for preparing meals for families.



Figure 4: Close-up of the ARDES ARAMFRY34 Air Fryer's digital touch display, highlighting the 60-minute timer, 7 preset programs, and adjustable temperature range (80-200°C).



Figure 5: Illustration of the ARDES ARAMFRY34 Air Fryer's safety features, including the cool-touch handle for safe operation and anti-slip feet for stability on kitchen surfaces.

4. BEFORE FIRST USE / SETUP

1. **Unpacking:** Carefully remove the air fryer and all packaging materials.
2. **Cleaning:** Wipe the exterior of the appliance with a damp cloth. Wash the cooking basket and rack with hot water, dish soap, and a non-abrasive sponge. Rinse thoroughly and dry completely.
3. **Placement:** Place the air fryer on a stable, level, and heat-resistant surface. Ensure there is adequate space (at least 10 cm) around the appliance for proper ventilation. Do not place it directly against a wall or under cabinets.
4. **Initial Run:** It is recommended to run the air fryer empty for about 10-15 minutes at 180°C (350°F) before first use to eliminate any manufacturing odors. A slight odor or smoke may be present during this initial use; this is normal. Ensure the area is well-ventilated.

5. OPERATING INSTRUCTIONS

General Operation:

1. Place the cooking rack inside the basket.
2. Place ingredients into the cooking basket. Do not overfill.
3. Slide the basket back into the air fryer until it clicks into place.
4. Plug the power cord into a grounded wall outlet.
5. The digital display will illuminate.
6. **Setting Time and Temperature:**
 - Use the temperature control buttons to adjust the desired cooking temperature (80°C - 200°C).
 - Use the timer control buttons to set the desired cooking time (up to 60 minutes).
7. Alternatively, select one of the **7 preset programs** by pressing the mode button. The display will show the default time and temperature for the selected program.
8. Press the start button to begin cooking.
9. During cooking, you can pull out the basket to shake or turn food. The air fryer will pause automatically and resume when the basket is reinserted.
10. When the timer reaches zero, the air fryer will beep and automatically shut off.
11. Carefully pull out the basket using the cool-touch handle.
12. Empty the cooked food onto a plate. Use tongs for larger items.
13. Unplug the appliance and allow it to cool before cleaning.



Figure 6: The ARDES ARAMFRY34 Air Fryer with its basket pulled out, illustrating its 5-liter capacity. This capacity allows for cooking larger portions of food.

6. COOKING GUIDE AND TIPS

The ARDES ARAMFRY34 Air Fryer is versatile and can be used for grilling, frying, and roasting. Here are some general tips:

- **Preheating:** For best results, preheat the air fryer for 3-5 minutes at the desired temperature before adding food.
- **Oil Usage:** While air frying requires little to no oil, a small amount (1-2 tablespoons) can enhance crispiness and flavor for certain foods. Lightly coat food with oil before placing it in the basket.
- **Shaking/Tossing:** For even cooking and browning, shake the basket or toss the food halfway through the cooking time, especially for smaller items like fries or chicken nuggets.
- **Batch Cooking:** Avoid overcrowding the basket. Cook food in smaller batches if necessary to ensure proper air circulation and even cooking.
- **Doneness:** Cooking times may vary based on food type, quantity, and desired crispiness. Always ensure food is cooked to a safe internal temperature.



Figure 7: Example of a grilled fish dish with vegetables, demonstrating the air fryer's capability for grilling and roasting various meals.



Figure 8: A person enjoying air-fried chicken and fries, illustrating the reduced oil usage (up to 80% less) for healthier fried foods.

7. CLEANING AND MAINTENANCE

Regular cleaning ensures optimal performance and extends the lifespan of your air fryer.

1. **Before Cleaning:** Always unplug the air fryer from the power outlet and allow it to cool down completely before cleaning.
2. **Basket and Rack:** The cooking basket and rack are dishwasher-safe. Alternatively, wash them with hot water, dish soap, and a non-abrasive sponge. For stubborn food residue, soak them in warm soapy water for about 10 minutes before cleaning.
3. **Interior:** Wipe the interior of the appliance with a damp cloth. If necessary, use a mild detergent. Avoid abrasive cleaners or metal scouring pads.
4. **Exterior:** Clean the exterior with a damp cloth. Do not immerse the main unit in water or any other liquid.
5. **Heating Element:** Gently clean the heating element with a soft brush to remove any food residue.
6. **Storage:** Ensure all parts are clean and dry before storing the air fryer in a cool, dry place.

8. TROUBLESHOOTING

If you encounter issues with your ARDES ARAMFRY34 Air Fryer, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Air fryer does not turn on.	Appliance not plugged in. Power outlet not working.	Ensure the power cord is securely plugged into a grounded outlet. Test the outlet with another appliance.
Food is not cooked evenly.	Basket is overcrowded. Food not shaken/tossed.	Cook food in smaller batches. Shake or toss food halfway through cooking.
Food is not crispy.	Not enough oil (for certain foods). Temperature too low or time too short.	Lightly brush food with oil. Increase temperature or cooking time.
White smoke coming from the appliance.	Grease residue from previous use. High-fat food being cooked.	Clean the basket and interior thoroughly. Drain excess oil from food before cooking.
Appliance emits a burning smell.	Food residue on heating element.	Unplug and allow to cool. Clean the heating element.

9. SPECIFICATIONS

- **Model:** ARAMFRY34


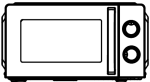


- **Model Number:** 8004032114782
- **Brand:** Ardes
- **Capacity:** 5 Liters
- **Power:** 1450 Watts
- **Voltage:** 230 Volts (AC)
- **Material:** Stainless Steel
- **Color:** White
- **Product Dimensions (L x W x H):** 27 x 33.6 x 31.3 cm
- **Item Weight:** 3.7 Kilograms
- **Temperature Control:** 80°C to 200°C
- **Timer:** Up to 60 minutes with automatic shut-off
- **Special Features:** Digital Touch Display, 7 Preset Programs, Cool-Touch Handle, Anti-Slip Feet

10. SUPPORT

For any questions, concerns, or technical assistance regarding your ARDES ARAMFRY34 Air Fryer, please refer to the official Ardes website or contact their customer support. Ardes is committed to providing functional, safe, and easy-to-use products.

Please note that information regarding the availability of spare parts is currently not provided.

Related Documents - ARAMFRY34

<div><div>AR6520</div><div><div>IT) Forno a microonde (processamento termico)</div><div>EN) Microwave oven (heating)</div><div>DE) Föhn a microonde (gewärme)</div><div>ES) Horno microondas (de onda rotatoria)</div></div><div></div><div>1/3</div></div>	<p>Ardes AR6520 Forno a Microonde: Manuale d'Uso e Sicurezza</p> <p>Manuale completo per il forno a microonde Ardes AR6520. Trova istruzioni dettagliate su sicurezza, installazione, funzionamento, pulizia e manutenzione per un uso domestico ottimale.</p>
<div><div>ARFRYA05L - ARFRYA05LW</div><div><div>ITA) Frittoaria ad aria di coccia</div><div>EN) INSTRUCTIONS FOR USE</div><div>2</div><div>10</div></div><div></div><div>FRITTOARIA AD ARIA DI COCCIA AIR FRYER</div></div>	<p>Ardes Air Fryer ARFRYA05L - ARFRYA05LW User Manual</p> <p>Comprehensive instructions for the Ardes Air Fryer ARFRYA05L and ARFRYA05LW, covering safety, usage, programs, settings, cleaning, maintenance, and troubleshooting.</p>

