

SupeRun BA01

SupeRun 2 in 1 Under Desk Treadmill User Manual

Model: BA01 | Brand: SupeRun

1. SAFETY INFORMATION

Please read this manual carefully before using the treadmill. Keep it for future reference.

- Always place the treadmill on a flat, stable, and level surface.
- Ensure there is adequate clear space around the treadmill (at least 2 feet on sides and rear).
- Do not exceed the maximum weight capacity of 300 lbs (136 kg).
- Keep children and pets away from the treadmill during operation.
- In case of emergency, use the emergency stop function or unplug the unit immediately.
- Do not use the treadmill if it is damaged or malfunctioning.
- Always wear appropriate athletic footwear when using the treadmill.

2. PRODUCT OVERVIEW

Features

- **Upgraded Powerful and Quiet 2.5HP Motor:** Supports up to 300 lbs, ideal for home and office use.
- **Easy to Use & Installation-Free:** No assembly required, ready to use out of the box.
- **Large Running Area:** 40" x 16" belt provides a comfortable experience.
- **LED Display:** Easily view Speed, Time, Distance, and Calories.
- **2-in-1 Functionality:** Speed range of 0.6-3.8 mph (1-6 km/h) for both walking and light jogging.
- **Simple & Compact Design:** Weighs only 44 lbs, with transportation wheels for easy movement and storage under a sofa or bed.

Components

The SupeRun Under Desk Treadmill consists of a durable alloy steel frame, a multi-layer running belt, a powerful motor, and an intuitive LED display with remote control.



Figure 2.1: Overall view of the SupeRun Under Desk Treadmill.

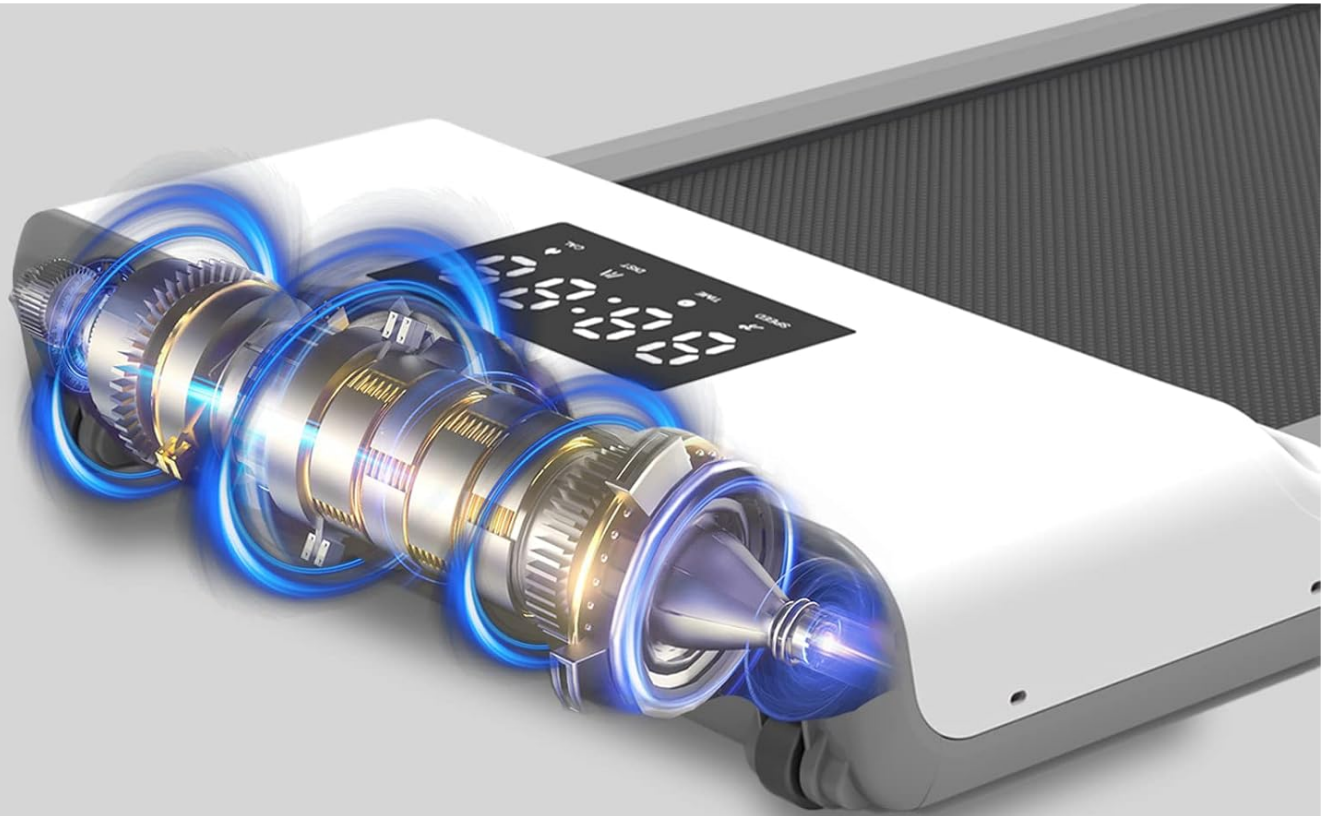
LED Display Real-time Data

Wireless Remote Control



Figure 2.2: Close-up of the LED display showing real-time data and the wireless remote control.

Powerful & Quiet Motor



Motor Power: **2.5**HP



Speed: **0.6-3.8**MPH



Weight Capacity: **300**LBS



Low Noise

Figure 2.3: Illustration of the 2.5HP motor, highlighting its power and low noise operation.

SUPERUN 2 in 1 Treadmill

Enjoy Walkiing&Jogging at home



Figure 2.4: Demonstrates the two modes: Walking Mode (1-3 km/h) and Jogging Mode (4-6 km/h).



Figure 2.5: Diagram illustrating the anti-slip and shock-absorbing 5-layer running belt.

3. SETUP

Unpacking and Placement

The SuperRun 2 in 1 Under Desk Treadmill comes fully assembled and is installation-free. Simply remove it from its packaging and place it on a flat, stable, and level surface.



Place under bed



Place under sofa



Figure 3.1: The slim design allows for convenient storage under a bed or sofa, or placed against a wall.



Figure 3.2: The integrated transportation wheels make it easy to move the treadmill.

4. OPERATING INSTRUCTIONS

Getting Started

1. Plug the power cord into a grounded electrical outlet.
2. Locate the power switch on the treadmill and turn it ON.
3. The LED display will illuminate, showing various data points.

Using the Remote Control

The treadmill is controlled via a wireless remote. The remote allows you to:

- **Start/Stop:** Press the ON/OFF button to start or stop the treadmill.
- **Adjust Speed:** Use the '+' and '-' buttons to increase or decrease the speed. The speed range is 0.6 mph to 3.8 mph (1 km/h to 6 km/h).
- **Change Display Mode:** The 'M' button may cycle through different display modes (e.g., Speed, Time, Distance, Calories).

LED Display Real-time Data

Wireless Remote Control



Figure 4.1: The LED display provides real-time data, and the wireless remote control offers convenient operation.

5. MAINTENANCE

General Maintenance

- **Cleaning:** Regularly wipe down the treadmill with a damp cloth to remove dust and sweat. Do not use abrasive cleaners.
- **Lubrication:** The running belt requires periodic lubrication to ensure smooth operation and prolong its lifespan. It is recommended to add lubricant monthly, or as indicated by usage. Refer to the manual for specific lubrication points and procedures.

Belt Adjustment and Alignment

A loose or misaligned belt can affect performance and safety. Follow these steps to adjust:

1. **Check Belt Tightness:** Turn off the treadmill. Pull up the treadmill belt from the side. Ideally, there should be enough space to accommodate one finger. If you can vertically place two fingers, the belt is too loose and needs tightening.
2. **Check Belt Centering:** Observe the belt's position while the treadmill is running at a low speed (e.g., 2.0 KPH). The belt should remain centered.

Your browser does not support the video tag.

Video 5.1: Instructions on how to tighten the running belt if it feels too loose or jerky.

Your browser does not support the video tag.

Video 5.2: Guide on how to center the running belt if it is misaligned.

6. TROUBLESHOOTING

Common Issues

- **Treadmill not turning on:** Ensure the power cord is securely plugged in and the power switch is ON. Check the electrical outlet.
- **Belt slipping or jerky movement:** This often indicates a loose belt. Refer to the 'Belt Adjustment and Alignment' section (Section 5) and the provided videos for tightening instructions.
- **Belt drifting to one side:** This indicates a misaligned belt. Refer to the 'Belt Adjustment and Alignment' section (Section 5) and the provided videos for centering instructions.
- **Unusual noises:** Turn off the treadmill and inspect for any foreign objects or loose parts. If the noise persists, contact customer support.

Contact Support

If you encounter issues that cannot be resolved with the troubleshooting steps, please refer to the 'Warranty and Support' section for contact information.



Figure 6.1: Information on how to contact customer support for assistance.

7. SPECIFICATIONS

Specification	Value
Brand	SupeRun
Model Name	BA01
Color	White Grey
Product Dimensions	50"D x 20.9"W x 4.6"H
Item Weight	44 Pounds
Material	Alloy Steel
Maximum Speed	3.8 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Special Feature	Portable, Compact Design
Target Audience	Adult
Maximum Horsepower	2.5 Horsepower
Maximum Weight Recommendation	300 Pounds
Deck Length	40 Inches
Deck Width	16 Inches
Display Type	LCD
Included Components	1 x Folding Treadmill
Manufacturer	STAR POWER
UPC	760862733217

8. WARRANTY AND SUPPORT

Warranty Information

SupeRun offers a **1-year warranty** on our treadmills, including all accessories. This warranty covers manufacturing defects and ensures peace of mind for your purchase.

Customer Support

If you have any questions about your product or encounter any problems during use, our professional customer service team is available to provide a satisfactory solution. You can contact us via Amazon or email.



Figure 8.1: Visual representation of customer support contact options.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question