

FIT KING FT-076A

FIT KING FT-076A Air Compression Leg Massager with Heat User Manual

Model: FT-076A

1. IMPORTANT SAFETY INFORMATION

Please read all safety instructions carefully before using the FIT KING FT-076A Air Compression Leg Massager with Heat. Failure to follow these instructions may result in injury or damage to the device.

- Do not use the massager directly on broken skin or open wounds.
- Ensure skin is intact and free from irritations before use.
- Consult a physician before use if you have any pre-existing medical conditions, especially:
 - Acute pulmonary edema
 - Acute thrombophlebitis
 - Acute congestive cardiac failure
 - Acute infections
 - Episodes of pulmonary embolism
 - Wounds, lesions, or tumors at or near the site of application
 - Where increased venous and lymphatic return is undesirable
 - Bone fractures or dislocations at or near the site of application
 - Presence of arterial insufficiency
- Do not use while sleeping.
- Keep out of reach of children.
- Unplug the device when not in use and before cleaning.
- Do not operate if the power cord or plug is damaged.

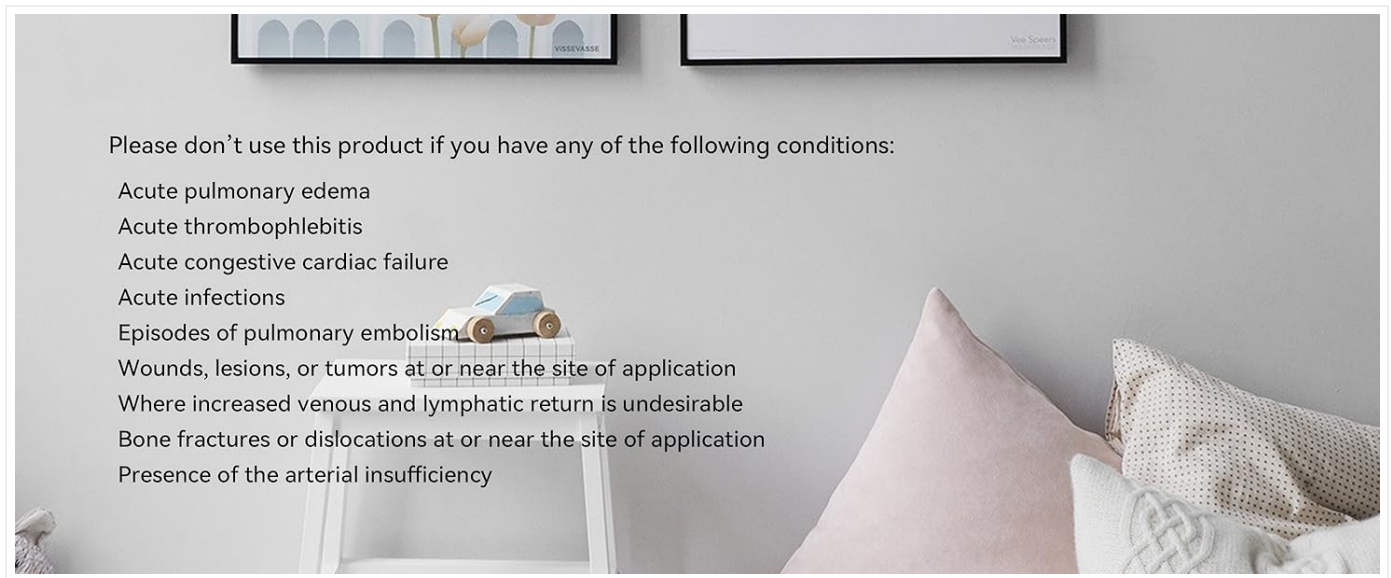


Image 1.1: A list of medical conditions and situations where the use of this product is not recommended.

2. PRODUCT OVERVIEW

The FIT KING FT-076A is an air compression leg massager designed to provide relief and relaxation for the feet and legs. It features air compression massage and heat therapy functions.

Key Features:

- **Full Leg Coverage:** Upgraded boots design provides 360° coverage for feet, calves, and thighs.
- **Air Compression Massage:** Features 4+4 large airbags and chambers for sequential compression, simulating kneading and squeezing massage.
- **Heat Therapy:** 3 levels of heating therapy for the entire lower extremity.
- **Built-in Pressure Sensor:** Automatically adjusts massage intensity for different leg sizes.
- **Digital Handheld Controller:** LCD screen displays current modes, intensity, and heating levels.
- **Easy to Use:** Zipper design for easy application and removal.
- **Automatic Shut-off:** Device automatically turns off after 20 minutes of continuous use.

Package Contents:

- Massager Sleeves (Pair)
- Handheld Controller
- Power Adapter (DC 12V3A)
- Carrying Bag
- User Manual (this document)



Image 2.1: Overview of the FIT KING FT-076A Air Compression Leg Massager with Heat, showing the two leg sleeves, the wired handheld controller, the power adapter, and the carrying bag. The product box is also visible.

3. SETUP AND APPLICATION

Follow these steps to properly set up and apply the leg massager:



1. **Wear the Sleeves:** Wrap the massager sleeves around your legs. Ensure the sleeves cover your feet, calves, and thighs. The zippers should be on the outside of your legs.
2. **Adjust for Snug Fit:** Use the zippers to secure the sleeves. The built-in pressure sensor will adjust the massage intensity, so a snug fit is important for optimal experience.
3. **Connect Air Hoses:** Ensure both air hoses from the sleeves are securely inserted into the corresponding ports on the handheld controller. If not properly connected, the device will not function.
4. **Check "UP" Mark:** Verify that the side of the sleeves with the "UP" mark is facing upwards, ensuring correct orientation for the compression chambers.

5. **Connect Power:** Plug the power adapter into the handheld controller, then plug the adapter into a standard electrical outlet.

Fit KING®
Family Health Plan Solution Provider

Full Leg & Foot Boots Massager with Heat

- Compression boots design, can 360° massage the entire lower extremity
- Full foot and leg heating therapy
- Equipped with pressure sensor



FSA or HSA Approved Item




Image 3.1: Visual guide for wearing the leg massager sleeves and connecting them to the controller. This image illustrates the proper steps for initial setup.

FUNCTIONAL UPGRADED

Full Compression Massage & Heat Therapy from Foot to Thigh



360°
Full Heating



360°
Full Massage



Image 3.2: A user relaxing on a couch while wearing the FIT KING leg massager, illustrating the full compression and heat therapy from foot to thigh.

4. OPERATING INSTRUCTIONS

The FIT KING FT-076A is operated using the digital handheld controller with an LCD screen.

CONTROL & OPERATION UPGRADED

Digital Controller with Built-in
Pressure Sensor

LCD
Screen



Mode Button:
Sequence / Circulation /Combination



Intensity Level Button:
Min / Mid / Max



Heat Level Button:
Min / Mid / Max



Power Button:
ON/OFF



Image 4.1: The digital handheld controller, showing the LCD screen and control buttons for power, mode, intensity, and heat levels.

1. **Power On/Off:** Press the **Power Button** (Select
Massage
Mode.
Press
the
Mode
Button
(
m
)
to
open
through
the
3
available
massage
modes:
Sequence,
Airbags
inflate
and
2. **Adjust Intensity Level:** Press the **Intensity Level Button** (Activate
Heat
Therapy.
Press
the
Heat
Level
Button
(
Automatic
Shut-
off.
The
device
will
automatically
shut
off
after
20
minutes

Note: Due to the 4+4 big chambers, it may take 5-20 seconds for the device to inflate the sleeves after pressing the power button, especially if your feet and legs are smaller.

5. MAINTENANCE AND CARE

Proper maintenance ensures the longevity and optimal performance of your FIT KING FT-076A leg massager.

- **Cleaning:** Disconnect the device from the power source before cleaning. Wipe the exterior of the sleeves and controller with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the massager in its carrying case in a cool, dry place, away from direct sunlight and extreme temperatures. Avoid placing heavy objects on the device.
- **Inspection:** Regularly inspect the power cord, air hoses, and sleeves for any signs of damage. If any damage is found, discontinue use and contact customer support.



MATERIAL & EXPERIENCE UPGRADED

More comfortable, more wear-resistant, easier to wear, clean and maintain

6. TROUBLESHOOTING

If you encounter any issues with your FIT KING FT-076A, please refer to the following common troubleshooting steps:

- **Device does not power on:**
 - Ensure the power adapter is securely plugged into both the controller and a working electrical outlet.
 - Check if the power button on the controller has been pressed.
- **No compression or weak compression:**
 - Verify that both air hoses are fully inserted into the controller.
 - Ensure the sleeves are properly zipped and snug around your legs.
 - Check the selected intensity level on the LCD screen and increase if necessary.
 - Allow 5-20 seconds for initial inflation, especially if legs are smaller.
- **Heat function not working:**
 - Ensure the heat level has been selected on the controller (it is off by default).
 - Check the heat level displayed on the LCD screen.
- **Device automatically shuts off too soon:**
 - The device has a built-in 20-minute auto-off timer for safety. This is normal operation. You can restart the device if further use is desired.

If the problem persists after trying these steps, please contact FIT KING customer support.

7. SPECIFICATIONS

Feature	Detail
Model Number	FT-076A
Product Dimensions	10 x 19 x 23 inches
Item Weight	6.57 Pounds (2.98 Kilograms)
Power Source	Corded Electric (DC 12V3A Adapter)
Use For	Feet, Calves, Thighs
Color	Black
Massage Modes	3 (Sequence, Circulation, Combination)
Intensity Levels	3 (Min, Mid, Max)
Heat Levels	3 (Min, Mid, Max)
Auto Shut-off	20 minutes

Optimal Size Ranges:

Area	Length	Circumference
Foot	Max 14 inches	Max 15 inches
Calf	16–21 inches	Max 21 inches
Thigh	Min 9 inches	Max 28 inches

ONE SIZE FITS MOST

Upgraded with built-in pressure sensor, users with different sizes can enjoy the same massage intensity.



The image shows three individuals of varying heights (a woman and two men) standing side-by-side, each wearing the black leg massager. To their right is a detailed view of the device, which is a black, padded leg sleeve with a blue interior. Dimension lines indicate the following measurements: a 9-inch segment at the top, a 19-inch segment in the middle, and a total height of 32 inches. Below these dimensions, text specifies: 'Calf Height Ranges: 17~21\"/>

Optimal Size Ranges

AREAS	LENGTH	CIRCUMFERENCE
Foot	Max 14 inches	Max 15 inches
Calf	16~21 inches	Max 21 inches
Thigh	Min 9 inches	Max 28 inches

Image 7.1: Visual representation of the optimal size ranges for different leg areas to ensure proper fit and massage effectiveness.

8. WARRANTY AND SUPPORT

Warranty information for the FIT KING FT-076A Air Compression Leg Massager with Heat is typically provided with the product packaging or available on the manufacturer's official website.

For specific warranty details, product support, or to purchase replacement parts, please visit the official FIT KING store or contact their customer service directly.

You can find more information and contact details on the [FIT KING Brand Store](#).






9. LEGAL DISCLAIMER

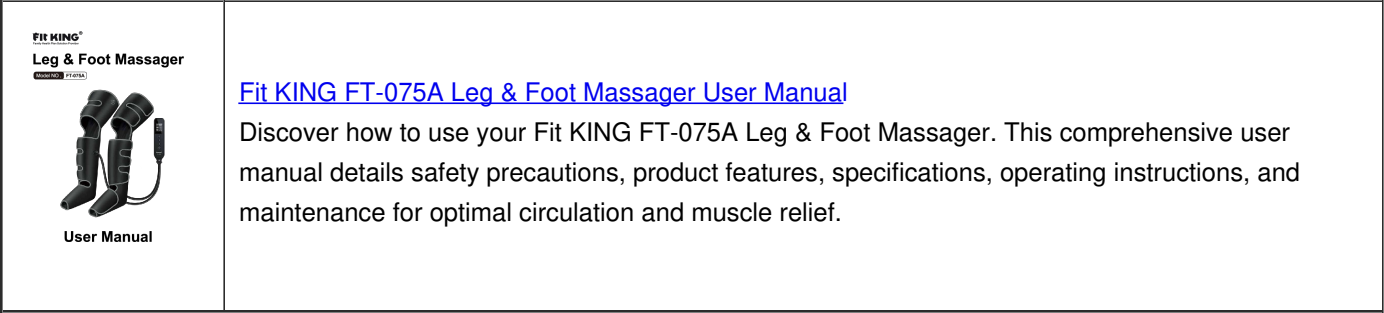
Statements regarding this product have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This product is intended for personal, non-medical use to provide comfort and relaxation.



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Related Documents - FT-076A

<div><p>Fit KING® Leg & Foot Massager Model FT-012A</p><p>User Manual</p></div>	<p>Fit KING FT-012A Leg & Foot Massager User Manual</p> <p>User manual for the Fit KING FT-012A Leg & Foot Massager, detailing safety precautions, specifications, components, usage, cleaning, storage, and contact information for this air compression therapy device.</p>
<div><p>Quick Start Guide</p></div>	<p>FT-060A Quick Start Guide: Fit King Compression Boots</p> <p>A quick start guide for the Fit King FT-060A cordless compression boots, detailing charging, usage, and optimal settings for pain relief and circulation.</p>
<div><p>Fit KING® Leg & Foot Massager Model FT-009A</p><p>User Manual</p></div>	<p>Fit KING FT-009A Leg & Foot Massager User Manual</p> <p>User manual for the Fit KING FT-009A Leg & Foot Massager. Provides instructions on operation, safety precautions, specifications, and maintenance for this air compression leg and foot massager.</p>
<div><p>Introduction</p><ol style="list-style-type: none">1. Please read the product safety and use instructions carefully.2. Please read the product safety and use instructions carefully.3. Please read the product safety and use instructions carefully.4. Please read the product safety and use instructions carefully.5. Please read the product safety and use instructions carefully.6. Please read the product safety and use instructions carefully.</div>	<p>FIT KING Calf Massager: Operating Instructions</p> <p>Step-by-step guide for using the FIT KING Upgraded Cordless Calf Massager, covering setup, operation of power, mode, and intensity buttons, and storage for effective leg circulation and pain relief.</p>
<div><p>Introduction</p><ol style="list-style-type: none">1. Please read the product safety and use instructions carefully.2. Please read the product safety and use instructions carefully.3. Please read the product safety and use instructions carefully.4. Please read the product safety and use instructions carefully.5. Please read the product safety and use instructions carefully.6. Please read the product safety and use instructions carefully.</div>	<p>FIT KING Foot and Leg Massager: Operating Instructions</p> <p>Step-by-step instructions for using the FIT KING Foot and Leg Massager, including setup, operation, and storage. Features circulation enhancement and knee heat.</p>



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