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> ZDEER Cupping Set Model ZD-G0401 Instruction Manual

ZDEER ZD-G0401

ZDEER Cupping Set Model ZD-G0401 Instruction Manual

Model: ZD-G0401 | Brand: ZDEER

INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your ZDEER Cupping Set Model ZD-G0401. This device combines cupping, gua sha, and heat therapy functions to assist with muscle soreness, fascia adhesions, and promote circulatory health. Please read this manual thoroughly before first use and retain it for future reference.



Image: ZDEER Cupping Set main device with a cupping cup attached, showcasing its design.

PACKAGE CONTENTS

Verify that all items listed below are included in your package:

- Walkcup Pro Device x 1
- Cupping Cups (various sizes) x 10 (2 of each size: 2.4*2.08 inch, 2.08*2.08 inch, 1.77*1.96 inch, 1.49*1.88 inch, 1.1*1.81 inch)
- User Manual x 1
- Charging Cable x 1

Image: Diagram illustrating the components included in the ZDEER Cupping Set package.

SPECIFICATIONS

Product Dimensions	5.12 x 5.12 x 3.94 inches
Item Weight	1.9 Pounds
Model Number	ZD-G0401
Manufacturer	ZDEER
Power Source	Battery Powered
Material	Acrylonitrile Butadiene Styrene
Color	Orange, Red

IMPORTANT SAFETY WARNINGS AND GUIDELINES

Please observe the following safety precautions to prevent injury or damage to the device:

- Not recommended for use on minors.
- Not recommended for use on the face or head.
- It is advisable to use with essential oil to facilitate smooth gliding and prevent skin irritation.
- Do not exceed 2 minutes for one body area to avoid excessive skin marking or discomfort.
- Avoid using excessively high temperature or strong suction settings during initial uses. Start with lower settings and gradually increase as tolerated.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition. This device is not a medical device.



Image: Visual guide to safety warnings and recommended usage parameters for the ZDEER Cupping Set.

SETUP AND CHARGING

1. **Unpacking:** Carefully remove all components from the packaging.
2. **Initial Charge:** Before first use, fully charge the device using the provided USB charging cable. Connect the cable to the device and a compatible USB power adapter (not included). The charging indicator will show the charging status.
3. **Attaching Cups:** To perform cupping, select a cup of appropriate size. Align the cup with the suction port on the main device and twist gently to secure it. Ensure a tight seal.
4. **Applying Essential Oil:** For optimal gliding during Gua Sha or to enhance comfort during cupping, apply a small amount of essential oil or massage oil to the skin area before use.

OPERATING INSTRUCTIONS

The ZDEER Cupping Set offers multiple therapy modes:

General Operation

- **Power On/Off:** Press and hold the power button for a few seconds to turn the device on or off.
- **Adjusting Suction (P):** Use the suction control buttons to adjust the vacuum intensity. Levels typically range from P1 to P5.

Start with P1 and increase as needed.

- **Adjusting Temperature (T):** Use the temperature control buttons to adjust the heating level. Levels typically range from T0 (no heat) to T5. Start with T0 or T1.

Therapy Modes

Refer to the "Warm Tips" image for visual examples of different usage modes.

1. Mobility Cupping (No Cup):

- Attach no cup to the device.
- Recommended settings: Suction P1-P2, Temperature T0-T1.
- Apply essential oil to the skin. Glide the device smoothly over the desired area.

2. Static Cupping (With or Without Cups):

- Attach a cup or use the device directly on the skin.
- Recommended settings: Suction P1-P5, Temperature T0.
- Place the device on the skin, allow suction to form, and leave it in place for a short duration (max 2 minutes per area).

3. Body Gua Sha (No Cup):

- Attach no cup to the device.
- Recommended settings: Suction P0, Temperature T1-T2.
- Apply essential oil. Use the device to scrape the skin in short or long strokes.

4. Heating Therapy (No Cup):

- Attach no cup to the device.
- Recommended settings: Suction P0, Temperature T1-T2.
- Apply the heated device directly to the skin for warmth and relaxation.

Your browser does not support the video tag.

Video: Demonstration of the ZDEER Cupping Set in use, showing various functions and application techniques.

Image: Recommended treatment areas for the ZDEER Cupping Set.

Image: Indications for which the ZDEER Cupping Set may be used.

CARE AND MAINTENANCE

- **Cleaning the Device:** After each use, wipe the main device with a soft, damp cloth. Do not immerse the device in water.
- **Cleaning the Cups:** Detach the cups and wash them with mild soap and warm water. Rinse thoroughly and allow them to air dry completely before storage.
- **Storage:** Store the device and cups in a clean, dry place away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the device frequently. Charge it regularly, even if not in use for extended periods.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or device is off.	Charge the device fully. Press and hold the power button to turn on.
No suction or weak suction.	Cup not properly attached, skin not clean/oiled, or suction level too low.	Ensure cup is securely attached. Clean and apply essential oil to skin. Increase suction level (P). Check for blockages in the suction port.
Device not heating.	Temperature level set to T0 or device malfunction.	Increase temperature level (T). If issue persists, contact customer support.
Skin irritation or excessive marking.	Suction or temperature too high, or prolonged use in one area.	Reduce suction and temperature settings. Limit use to a maximum of 2 minutes per area. Ensure essential oil is used for gliding.

WARRANTY AND CUSTOMER SUPPORT

Specific warranty information is not provided in the product details. For warranty claims, technical support, or any questions regarding your ZDEER Cupping Set, please refer to the contact information provided on the product packaging or the official ZDEER website.