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› ARMODD Smartwatch Silentwatch 4 Pro User Manual

## ARMODD Silentwatch 4 Pro Schwarz mit Metallband + Silikonband

# ARMODD Silentwatch 4 Pro Smartwatch User Manual

Model: Silentwatch 4 Pro Schwarz mit Metallband + Silikonband

Brand: ARMODD

## INTRODUCTION

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This manual provides comprehensive instructions for the setup, operation, maintenance, and troubleshooting of your ARMODD Silentwatch 4 Pro Smartwatch. Please read this manual carefully to ensure proper use and to maximize the lifespan of your device.



Figure 1: ARMODD Silentwatch 4 Pro Smartwatch. This image displays the smartwatch with its black metal band and a digital watch face, indicating step count.

## SETUP GUIDE

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### 1. Initial Charging

Before first use, fully charge your smartwatch. The device typically charges completely within 2 hours. Use the provided magnetic USB charger.

### 2. App Installation and Pairing

The ARMODD Silentwatch 4 Pro requires the **WearPro** application for full functionality and synchronization with your smartphone. The smartwatch is compatible with both iOS and Android phones.

1. Turn on the smartwatch by pressing the top button.
2. On the smartwatch display, swipe down from the top to access the quick settings. Locate the 'i' (Info) icon, which will

display a QR code.

3. Scan this QR code with your smartphone to download the official WearPro app from your device's app store*Note: Using the QR code from the smartwatch is recommended for correct app installation.*
4. Open the WearPro app on your smartphone and follow the on-screen instructions to pair your smartwatch via Bluetooth. The connection process is designed to be straightforward.
5. Once paired, the smartwatch will automatically synchronize its time and date with your smartphone.

## Beispiel aus der mobilen App

**Intuitive Bedienung ist die Grundlage.** Alles funktioniert so, wie Sie es wollen. Möchten Sie zum Beispiel nur Instagram-Benachrichtigungen auf Ihrer Uhr erhalten, aber keine Facebook-Benachrichtigungen? Oder sich ein angenehmes Aufwachen mit einer sanften Vibration einstellen? Kein Problem.

**In der App finden Sie alle aufgezeichneten sportlichen Aktivitäten, Statistiken getätigter Schritte, Kalorienverbrauch und Gesundheitsdaten zu Puls und Blutdruck.**

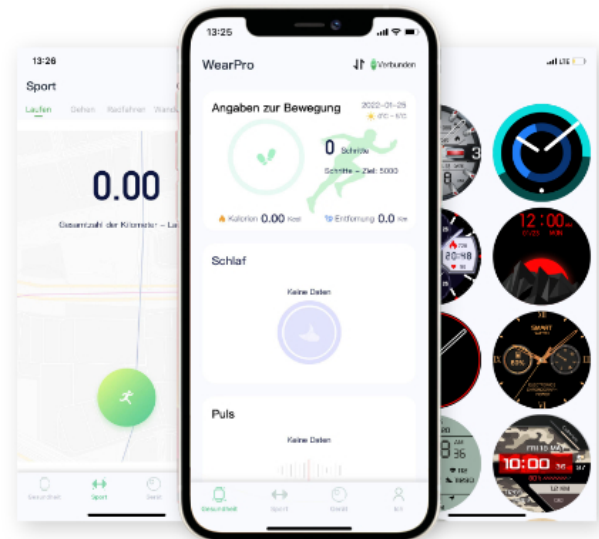


Figure 2: Example of the WearPro Mobile App Interface. This image illustrates the intuitive design of the WearPro app, displaying activity tracking, sleep monitoring, and heart rate data.

## OPERATING INSTRUCTIONS

### Display and Navigation

The smartwatch features a 1.32-inch touchscreen display with a resolution of 360 x 360 pixels. Navigation is primarily done through touch gestures and the rotary knob.

- **Swipe Down:** Access quick settings and notifications.
- **Swipe Up:** Open the main menu with all functions.
- **Swipe Left/Right:** Navigate through various functions and widgets.
- **Rotary Knob (Middle Button):** Rotate to scroll through menus and watch faces. Press to select an item or return to the previous screen.
- **Top Button:** Typically acts as a back button or to return to the main watch face.
- **Wrist Movement:** The display can be configured to activate automatically when you raise your wrist.



## Solide Betriebsdauer und Drehknopffunktion

Das Wechseln eines neuen Zifferblatts und der Wechsel zwischen den Menüs ist dank des Drehknopfs schnell und einfach. Wählen Sie aus einer **Vielzahl voreingestellter Zifferblätter**, darunter auch animierte, und natürlich können Sie auch Ihr **eigenes Foto** auf das Zifferblatt hochladen.

In technischer Hinsicht erfüllt die Uhr die Standardanforderungen eines aktiven Nutzers. Wasserbeständig nach IP68, schnelles magnetisches Aufladen und **gute Batterielaufzeit-bis zu 3 Tage bei normalem Gebrauch.**

Figure 3: Smartwatch with Rotary Knob Function. This image emphasizes the ease of switching watch faces and navigating menus using the rotary knob.

### Key Functions

The ARMODD Silentwatch 4 Pro offers a wide range of features to enhance your daily life and fitness tracking:

- **Bluetooth Calls & Contacts:** Make and receive calls directly from your wrist. Manage your contacts through the watch.
- **Remote Camera & Music Control:** Control your phone's camera shutter and music playback remotely.
- **Phone Finder:** Locate your misplaced smartphone using the watch.
- **Alarms & Notifications:** Set vibration alarms and receive notifications for incoming calls, SMS, and various apps (e.g., Facebook, Messenger), appointments, and medication reminders.
- **Weather & Calculator:** Access current weather information and a built-in calculator.
- **Breathing Training:** Guided breathing exercises for relaxation.
- **Password Protection:** Secure your device with a password.
- **Display Customization:** Adjust display brightness, choose from various menu display styles, and utilize the display split function.
- **Health Monitoring:** Sleep monitoring, step counter, distance tracking, calorie consumption, heart rate monitoring, blood pressure, and ECG.
- **Stopwatch:** A precise stopwatch function.

# Bluetooth Telefonieren



Figure 4: Bluetooth Calling Feature. This image demonstrates the ability to make calls directly from the smartwatch, displaying the dial pad on its screen.

# Misst die Herzfrequenz



Figure 5: Heart Rate Measurement. The smartwatch is shown displaying heart rate data, indicating its health monitoring capabilities.

## Sport Modes

The smartwatch supports 7 distinct sport modes to track your activities:

- Walking
- Running
- Cycling
- Rope Skipping
- Badminton
- Basketball
- Football

## Watch Face Customization

Personalize your smartwatch with a wide selection of watch faces. The device comes with 12 pre-installed watch faces,

and over 100 more are available through the WearPro app. You can also upload your own photos to use as a custom watch face.



Figure 6: Customizable Watch Face Example 1. This image shows a blue-themed watch face with digital elements and sub-dials.



Figure 7: Customizable Watch Face Example 2. This image displays a white-themed watch face with blue accents and multiple sub-dials.



Figure 8: Customizable Watch Face Example 3. This image features a green-themed watch face with a more traditional analog appearance.

## Supported Languages

The smartwatch supports multiple languages, which can be set directly on the device:

- German
- English
- Italian
- French
- Spanish
- Polish
- Ukrainian
- Russian

- Czech
- Slovak
- Romanian
- Portuguese
- Hungarian
- Slovenian

## MAINTENANCE

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### Water Resistance

The ARMODD Silentwatch 4 Pro has an IP67 water resistance rating, providing reliable protection for outdoor use in rain and against splashes. It is not recommended for swimming or diving.

### Cleaning

Wipe the watch and strap regularly with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, followed by drying thoroughly.

### Strap Replacement

The smartwatch comes with a 22mm wide interchangeable strap. An additional silicone strap is included in the package. To replace the strap, locate the quick-release pins on the underside of the strap where it connects to the watch body. Slide the pin to detach the strap, and then attach the new strap by aligning the pins and releasing them into the watch lugs.

### Storage

When not in use for extended periods, store the smartwatch in a cool, dry place. Ensure it is partially charged to prevent deep discharge of the battery.

## TROUBLESHOOTING

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| Problem                                        | Possible Cause                                                                           | Solution                                                                                                                                                                            |
|------------------------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Watch does not turn on.                        | Low battery.                                                                             | Charge the watch for at least 30 minutes.                                                                                                                                           |
| Cannot pair with smartphone.                   | Bluetooth is off on phone/watch; app not installed correctly; watch not in pairing mode. | Ensure Bluetooth is enabled on both devices. Restart both devices. Reinstall the WearPro app using the QR code from the watch.                                                      |
| Inaccurate health data (e.g., blood pressure). | Improper wearing; inherent limitations of wrist-based sensors.                           | Ensure the watch is worn snugly on the wrist. Note that wrist-based blood pressure measurements may not be medically precise and should not replace professional medical equipment. |
| Short battery life.                            | Frequent use of power-intensive features (e.g., calls, GPS); display always-on.          | Reduce usage of power-intensive features. Adjust display brightness. Disable "raise to wake" if not needed. Ensure background app refresh is optimized.                             |

| Problem                     | Possible Cause                                                                               | Solution                                                                                                                                                   |
|-----------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Notifications not received. | App permissions not granted; app not running in background; notification settings incorrect. | Check app permissions in your phone settings. Ensure WearPro app is allowed to run in the background. Verify notification settings within the WearPro app. |

If you encounter issues not listed here or if the suggested solutions do not resolve your problem, please refer to the [Warranty and Support](#) section for further assistance.

## PRODUCT SPECIFICATIONS

| Feature            | Detail                                                                                                                                                                                        |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Model Name         | Silentwatch 4 Pro Schwarz mit Metallband + Silikonband                                                                                                                                        |
| Brand              | ARMODD                                                                                                                                                                                        |
| Display Size       | 1.32 inches                                                                                                                                                                                   |
| Display Resolution | 360 x 360 pixels                                                                                                                                                                              |
| Operating System   | Proprietary (Compatible with Android, iOS)                                                                                                                                                    |
| Connectivity       | Bluetooth                                                                                                                                                                                     |
| Battery Type       | Lithium-Ion (1 battery included)                                                                                                                                                              |
| Battery Life       | Up to 3 days (normal use), up to 15 days (standby)                                                                                                                                            |
| Charging Time      | Approx. 2 hours                                                                                                                                                                               |
| Water Resistance   | IP67                                                                                                                                                                                          |
| Weight             | 70 g                                                                                                                                                                                          |
| Strap Width        | 22 mm (interchangeable)                                                                                                                                                                       |
| Special Features   | Alarm clock, Time display, Pedometer, Heart Rate Monitor, Blood Pressure Monitor, ECG, Sleep Analysis, Bluetooth Calling, Music Control, Camera Remote, Weather, Calculator, GPS (integrated) |
| Shape              | Square                                                                                                                                                                                        |
| Style              | Modern                                                                                                                                                                                        |

## WARRANTY AND SUPPORT

## Warranty Information

The ARMODD Silentwatch 4 Pro comes with a guaranteed 2-year warranty from the date of purchase. Please retain your proof of purchase for warranty claims.

## Customer Service

For reliable customer service and support, please contact ARMODD directly. Contact information can typically be found on the official ARMODD website or through the WearPro application's support section.

Please note that while the product description mentions a 24-hour response time for customer contact, actual response times may vary.

## IMPORTANT NOTES

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This product is designed for general wellness and fitness purposes. It is not a medical device, and its measurements should not be used for medical diagnosis or treatment. Consult a healthcare professional for any health concerns. No official product videos from the seller were found in the provided data to embed in this manual.