

## Lorus R2379NX9

# Lorus Men's Digital Watch R2379NX9 User Manual

Model: R2379NX9

## INTRODUCTION

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This user manual provides comprehensive instructions for the operation, maintenance, and troubleshooting of your Lorus Men's Digital Watch, Model R2379NX9. Please read this manual thoroughly to ensure proper use and to maximize the lifespan of your watch.

## PRODUCT OVERVIEW

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**Figure 1:** Front view of the Lorus R2379NX9 digital watch. This image displays the watch face with its digital display showing time, day, and date, surrounded by a gold-tone and silver-tone bezel. The black silicone strap is also visible.



**Figure 2:** Side view of the Lorus R2379NX9 digital watch. This image highlights the watch's profile and the two textured control buttons located on the right side of the watch case, used for various functions.



**Figure 3:** Back view of the Lorus R2379NX9 digital watch. This image shows the stainless steel case back and the black silicone strap with its silver-tone buckle, which is used to secure the watch on the wrist.

## SETUP

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### Initial Time Setting

1. Press the **MODE** button (bottom left) repeatedly until the time setting mode is displayed. The seconds digits will typically flash.

2. Press the **ST/STP** button (top right) to advance the flashing digit.
3. Press the **RESET** button (bottom right) to move to the next setting (e.g., hours, minutes, year, month, day).
4. Repeat steps 2 and 3 until all desired settings (time, date, day) are correctly adjusted.
5. Press the **MODE** button again to exit the setting mode and return to normal timekeeping.

### **Strap Adjustment**

The silicone strap features a traditional buckle clasp. To adjust, simply thread the strap through the buckle and secure the pin into one of the pre-punched holes for a comfortable fit on your wrist.





**Figure 4:** The Lorus R2379NX9 watch on a wrist. This image demonstrates how the watch sits on the wrist, highlighting the fit and appearance of the black silicone strap.

## OPERATING INSTRUCTIONS

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### Timekeeping Mode

In normal timekeeping mode, the watch displays the current time (hours, minutes, seconds), day of the week, and date.

- Press the **LIGHT** button (top left) to illuminate the display for a few seconds in low-light conditions.

### Stopwatch Function

1. From timekeeping mode, press the **MODE** button once to enter Stopwatch mode. The display will show "00:00:00".
2. Press the **ST/STP** button (top right) to start the stopwatch.
3. Press the **ST/STP** button again to pause the stopwatch.
4. To resume, press **ST/STP** again.
5. To reset the stopwatch to zero, press the **RESET** button (bottom right) while the stopwatch is paused.
6. Press the **MODE** button to return to timekeeping mode.

### Alarm Function

1. From timekeeping mode, press the **MODE** button twice to enter Alarm mode. The alarm time will be displayed.
2. Press the **RESET** button (bottom right) to toggle the alarm ON/OFF. An alarm icon will appear when activated.
3. To set the alarm time, press the **ST/STP** button (top right) to adjust the flashing digit (hours/minutes).
4. Press the **MODE** button to exit Alarm mode.

## MAINTENANCE

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### Cleaning Your Watch

To maintain the appearance of your Lorus watch, wipe the case and strap regularly with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, followed by drying. Avoid using chemical cleaners, solvents, or abrasive materials, as these can damage the watch's finish and seals.

### Water Resistance

This watch is rated for 10 BAR (100 meters) water resistance. This means it is suitable for swimming, showering, and snorkeling. However, it is not suitable for scuba diving. Do not operate the buttons while the watch is wet or submerged, as this can compromise the water resistance.

### Battery Replacement

The watch is powered by a long-life battery. When the display becomes dim or functions become erratic, it may be time for a battery replacement. It is recommended to have the battery replaced by a qualified watch technician to ensure the water resistance is maintained after the case back is opened.

## TROUBLESHOOTING

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Problem	Possible Cause	Solution
Display is blank or dim.	Low battery.	Replace the battery.
Time is incorrect.	Time not set correctly or accidental button press.	Refer to "Initial Time Setting" section to reset the time.
Buttons are unresponsive.	Watch may be in a locked mode or battery is very low.	Try pressing the MODE button repeatedly. If still unresponsive, consider battery replacement.

Problem	Possible Cause	Solution
Condensation inside the watch.	Water resistance compromised.	Stop using the watch immediately and take it to a qualified watch technician for inspection and repair.

## SPECIFICATIONS

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- Model Number:** R2379NX9
- Brand:** Lorus
- Display Type:** Digital
- Movement:** Quartz
- Case Material:** Not specified (typically resin/plastic with stainless steel back)
- Strap Material:** Silicone
- Clasp Type:** Buckle
- Water Resistance:** 10 BAR (100 meters / 330 feet)
- Functions:** Time, Day/Date, Stopwatch, Alarm, Light
- Package Dimensions:** 5.94 x 4.06 x 3.9 inches
- Item Weight:** 5.29 ounces





**Figure 5:** The Lorus product box. This image shows the white box with the Lorus logo, indicating the packaging for the watch.

## WARRANTY INFORMATION

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Your Lorus watch is covered by a limited warranty against manufacturing defects. The duration and terms of the warranty may vary by region. Please refer to the warranty card included with your purchase or visit the official Lorus website for detailed warranty information specific to your location.

*Please retain your proof of purchase for any warranty claims.*









## CUSTOMER SUPPORT

For further assistance, technical support, or inquiries regarding your Lorus R2379NX9 watch, please contact Lorus customer service through their official website or the contact information provided in your product packaging. When contacting support, please have your watch model number (R2379NX9) and purchase details ready.

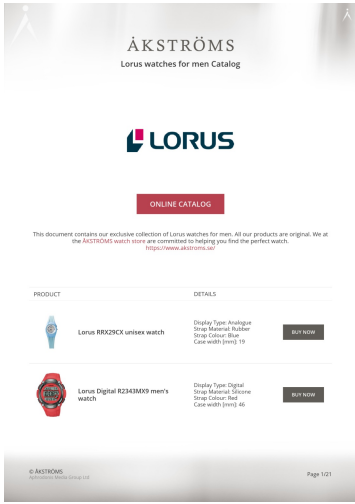
Official Lorus Website: [www.loruswatches.com](http://www.loruswatches.com)

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## Related Documents - R2379NX9

<div data-bbox="158 719 269 757">  <p><b>LORUS</b> A Watch You Can Trust</p> </div> <div data-bbox="150 770 276 808"> <p>INSTRUCTION MANUAL FOR WATCH CALIBRE W620</p> </div> <div data-bbox="129 844 296 947"> <div data-bbox="158 851 269 871">  <p><b>WARNING</b></p> </div> <p><b>THIS PRODUCT CONTAINS A BUTTON BATTERY</b>        If swallowed or placed inside any part of the body, this battery can cause serious or long-lasting health issues or harm.        Do not inhale or ingest the battery. Do not use the battery as a tool.        Do not use the battery for anything other than its intended purpose.        If you have the battery (or have been swallowed or placed inside any part of the body), seek immediate medical attention. Contact the Australian Poisons Information Centre immediately on 13 11 26.        View Document 0000-100: 000 to 001 / Year: 2024 edition</p> </div>	<p><a href="#">Lorus W620 Watch Instruction Manual - Features, Settings, and Care</a></p> <p>Detailed instruction manual for the Lorus W620 digital watch. Covers features like time/calendar setting, stopwatch, timer, alarm functions, Lumibrite glow, Lorus Lite illumination, battery replacement, and care instructions. Includes safety warnings for button batteries.</p>
<div data-bbox="158 1034 269 1072">  <p><b>LORUS</b> A Watch You Can Trust</p> </div> <div data-bbox="150 1086 276 1124"> <p>INSTRUCTION MANUAL FOR WATCH CALIBRE VD75</p> </div> <div data-bbox="129 1162 296 1263"> <div data-bbox="158 1169 269 1187">  <p><b>WARNING</b></p> </div> <p><b>THIS PRODUCT CONTAINS A BUTTON BATTERY</b>        If swallowed or placed inside any part of the body, this battery can cause serious or long-lasting health issues or harm.        Do not inhale or ingest the battery. Do not use the battery as a tool.        Do not use the battery for anything other than its intended purpose.        If you have the battery (or have been swallowed or placed inside any part of the body), seek immediate medical attention. Contact the Australian Poisons Information Centre immediately on 13 11 26.        View Document 0000-100: 000 to 001 / Year: 2024 edition</p> </div>	<p><a href="#">Lorus Watch Instruction Manual - Calibre VD75 and VX Series</a></p> <p>Comprehensive instruction manual for Lorus watches, covering models VD75, VD76, VD86, VX7J, VX7N, VX7P, VX7R, VX9J, VX9N, VX9P, VX9R. Includes setup, care, water resistance, and battery information.</p>
<div data-bbox="158 1352 269 1391">  <p><b>LORUS</b> A Watch You Can Trust</p> </div> <div data-bbox="150 1402 276 1440"> <p>INSTRUCTION MANUAL FOR WATCH CALIBRE VX51</p> </div> <div data-bbox="129 1478 296 1581"> <div data-bbox="158 1485 269 1505">  <p><b>WARNING</b></p> </div> <p><b>THIS PRODUCT CONTAINS A BUTTON BATTERY</b>        If swallowed or placed inside any part of the body, this battery can cause serious or long-lasting health issues or harm.        Do not inhale or ingest the battery. Do not use the battery as a tool.        Do not use the battery for anything other than its intended purpose.        If you have the battery (or have been swallowed or placed inside any part of the body), seek immediate medical attention. Contact the Australian Poisons Information Centre immediately on 13 11 26.        View Document 0000-100: 000 to 001 / Year: 2024 edition</p> </div>	<p><a href="#">Lorus VX51 Watch Instruction Manual - Operation, Care, and Features</a></p> <p>This instruction manual provides detailed guidance for operating and maintaining your Lorus VX51 analogue quartz watch. It covers setting the time and date, understanding Lumibrite technology, battery replacement, water resistance guidelines, and general care instructions.</p>
<div data-bbox="158 1668 269 1706">  <p><b>LORUS</b> A Watch You Can Trust</p> </div> <div data-bbox="150 1720 276 1758"> <p>INSTRUCTION MANUAL FOR WATCH CALIBRE W650</p> </div> <div data-bbox="129 1796 296 1897"> <div data-bbox="158 1803 269 1821">  <p><b>WARNING</b></p> </div> <p><b>THIS PRODUCT CONTAINS A BUTTON BATTERY</b>        If swallowed or placed inside any part of the body, this battery can cause serious or long-lasting health issues or harm.        Do not inhale or ingest the battery. Do not use the battery as a tool.        Do not use the battery for anything other than its intended purpose.        If you have the battery (or have been swallowed or placed inside any part of the body), seek immediate medical attention. Contact the Australian Poisons Information Centre immediately on 13 11 26.        View Document 0000-100: 000 to 001 / Year: 2024 edition</p> </div>	<p><a href="#">Lorus W650 Watch Instruction Manual</a></p> <p>This instruction manual provides comprehensive guidance for the Lorus W650 watch, covering its features, operation, settings, and care. Learn how to use the stopwatch, timer, alarm, and maintain your timepiece, with important safety information on button batteries.</p>

<div data-bbox="156 129 272 159" data-label="Image"></div> <div data-bbox="156 159 272 174" data-label="Text"><p>A Watch You Can Trust</p></div> <div data-bbox="151 183 277 221" data-label="Section-Header"><p>INSTRUCTION MANUAL FOR WATCH CALIBRE Z012</p></div> <div data-bbox="130 257 300 356" data-label="Complex-Block"><div></div><div><b>WARNING</b></div><div><p>THIS PRODUCT CONTAINS A BUTTON BATTERY. If not handled or placed with any part of the body, the battery can cause serious or fatal injury with shock or burn. Do not disassemble, heat, pierce, or use any sharp objects to pierce the battery. If you feel the battery has been swallowed or placed with any part of the body, seek immediate medical attention. Contact the Australian Poisons Information Centre immediately on 13 11 26. New Zealanders call 080 626 7272 for more information.</p></div></div>	<p><a href="#">Lorus Watch Calibre Z012 Instruction Manual</a></p> <p>Comprehensive instruction manual for the Lorus Watch Calibre Z012, detailing its features, operational modes, setting procedures for time, alarm, stopwatch, timer, dual time, and care instructions.</p>
<div data-bbox="143 436 285 633" data-label="Image"></div> <div data-bbox="143 633 285 1126" data-label="Complex-Block"><div><b>■ CHARACTERISTICS</b></div><div><ol style="list-style-type: none"><li>1. <b>Hour:</b> Indicated by the hour, minute and second hands.</li><li>2. <b>DATE:</b> Indicated by the date hand.</li><li>3. <b>DAY OF THE WEEK:</b> Indicated by the day hand.</li></ol></div><div><b>■ DISPLAY AND CROWN / BUTTONS</b></div><div><div></div><div><p>Hour hand Day hand Date hand Crown A: Normal position B: Forward C: Backward</p></div></div><div><b>■ HOW TO SET THE TIME AND DAY</b></div><div><div></div><div><p>Day hand clockwise</p></div></div><div><b>■ CAUTIONS</b></div><div><ol style="list-style-type: none"><li>1. Pull out the crown to the position A and set the correct position.</li><li>2. Turn the crown clockwise by, clockwise in the first and second positions and the day hand is set to the desired day of the week.</li><li>3. Push the crown back to the stop.</li><li>4. Push the crown back into the normal position to synchronize with the display.</li></ol></div><div><b>NOTE</b></div><div><ul style="list-style-type: none"><li>• Do not move the day hand manually, only pull the crown and move forward 1 day, pull back 1 day and push the crown back to the stop. (The day hand will not move back by pulling the crown back to the stop.)</li><li>• The day hand will not move back by pulling the crown back to the stop.</li><li>• When pushing the crown back, the date will change to the next day.</li><li>• When pushing the crown back, the date will change to the next day.</li></ul></div><div><b>■ HOW TO SET THE DATE</b></div><div><div></div><div><p>Day hand</p></div></div><div><b>■ CAUTIONS</b></div><div><ol style="list-style-type: none"><li>1. Pull out the crown to the first click.</li><li>2. Turn the crown clockwise to set the date hand to the desired date.</li><li>3. Push the crown back.</li></ol></div><div><b>NOTE</b></div><div><ul style="list-style-type: none"><li>• Do not set the date hand between 10:00 and 12:00 a.m. (Midnight). The date will not change during this time period. To set the date during this time period, first change the date to the day immediately before and set the date to the next day.</li></ul></div></div>	<p><a href="#">Lorus CAL. VD75 Instruction Manual: Setting Time, Date, Day, and Care Guide</a></p> <p>Official instruction manual for the Lorus CAL. VD75 watch. Covers setting time, date, and day, LUMIBRITE features, battery replacement, water resistance, and essential watch care instructions.</p>



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