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LifePro LP-VBRCP-WHT

# LifePro VibraCare Plus Foot Massager Instruction Manual

Model: LP-VBRCP-WHT

Brand: LifePro

## PRODUCT OVERVIEW

The LifePro VibraCare Plus Foot Massager is designed to provide soothing vibration and acupressure therapy for your feet and calves, featuring an adjustable heat function. It offers multiple programs and intensity levels for a personalized massage experience, controlled via a wireless remote.



Image: The LifePro VibraCare Plus Foot Massager, shown with its wireless remote and in use by an individual seated in an office chair, highlighting its compact design and ease of use.

Key benefits include reducing foot discomfort, improving circulation, boosting joint health, and easing general pain in the feet and calves.

# IMPROVE YOUR HEALTH FOOT & CALF MASSAGE



Reduce Foot  
Discomfort



Improve  
Circulation



Boost Joint  
Health



Helps  
Ease Pain



Image: A man relaxing while using the LifePro foot massager, accompanied by graphical icons illustrating the benefits of foot and calf massage: reduced discomfort, improved circulation, enhanced joint health, and pain relief.

## IMPORTANT SAFETY INFORMATION

Please read all safety warnings and instructions carefully before using the LifePro VibraCare Plus Foot Massager. Failure to do so may result in injury or damage to the device.

- Do not use the massager while sleeping or driving.
- Monitor massage duration to avoid overuse.
- Consult a healthcare professional before use if you have pre-existing medical conditions, especially those related to circulation, nerve damage, or skin sensitivity.
- Ensure the device is properly connected to a power source and that all electrical safety guidelines are followed.
- Keep the device away from water or damp environments.
- Do not attempt to disassemble or repair the unit yourself. Contact customer support for assistance.

- Keep out of reach of children and pets.
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## SETUP

### Unpacking

Carefully remove all components from the packaging. Ensure you have the following items:

- LifePro VibraCare Plus Foot Massager Unit
- Wireless Remote Control
- Power Adapter
- User Manual (this document)

### Placement

Place the massager on a flat, stable surface. It is designed to fit comfortably under a desk or in front of a chair for convenient use.



## RELAXING STRESS RELIEF THAT FITS UNDER YOUR DESK

A massage during work boosts productivity.

Image: A woman using the LifePro foot massager discreetly placed under her desk while she works on a laptop, demonstrating its suitability for office or home use.

Ensure there is enough space around the unit for proper ventilation and to comfortably place your feet or calves.

### OPERATING INSTRUCTIONS

#### Powering On/Off

1. Connect the power adapter to the massager and then plug it into a standard electrical outlet.
2. Press the Power button on the unit or the wireless remote control to turn the massager on. The display will illuminate.
3. To turn off the massager, press the Power button again.

#### Using the Wireless Remote Control

The LifePro VibraCare Plus comes with a convenient wireless remote control for easy operation.

# PERSONALIZE YOUR MESSAGE EASY-TO-USE REMOTE



**30 INTENSITY  
LEVELS**



**5 MASSAGE  
PROGRAMS**



**HEAT FUNCTION**



Image: A hand holding the wireless remote control for the LifePro foot massager, clearly displaying its buttons for adjusting intensity levels, selecting massage programs, and activating the heat function.

- **Power Button:** Turns the unit on or off.
- **Program Selection:** Cycle through 5 different massage programs (P1-P5). Each program offers a unique vibration pattern.
- **Intensity Levels:** Adjust the vibration intensity from 1 to 30. Use the '+' and '-' buttons to increase or decrease the intensity.
- **Heat Function:** Activate or deactivate the heat function for added comfort.
- **Timer:** Set the massage duration from 1 to 15 minutes.

## Massage Modes and Intensity

The massager offers 5 distinct programs and 30 intensity levels to customize your experience. Experiment with different combinations to find what suits you best.

### Massage Programs Overview

Program	Description
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Program	Description
P1	Continuous, steady vibration.
P2	Pulsating vibration, varying rhythm.
P3	Intermittent vibration, gentle pulses.
P4	Gradual intensity increase and decrease.
P5	Randomized vibration patterns.

Start with a lower intensity and gradually increase it as you become accustomed to the sensation.

## Using for Feet and Calves

The VibraCare Plus is versatile and can be used for both foot and calf massage.

- **For Feet:** Place your bare feet comfortably on the textured pads of the massager. The soft rubber bar is designed to gently roll your arch.
- **For Calves:** Adjust the position of the massager so that your calves rest on the textured pads. This helps to loosen calf tightness and invigorate your lower body.

## WORKS ON CALVES

Loosen calf tightness  
to reinvigorate your  
lower body.



Image: A man using the LifePro foot massager to alleviate calf soreness, demonstrating how the device can be tilted to effectively target the calf muscles.

## MAINTENANCE AND CARE

### Cleaning

- Always unplug the massager from the power outlet before cleaning.
- Wipe the surface of the unit with a soft, damp cloth. Do not use abrasive cleaners or solvents.
- Ensure no liquid enters the internal components of the device.
- Allow the massager to dry completely before storing or next use.

### Storage

- Store the massager in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep the unit in its original packaging or a protective cover to prevent dust accumulation.

- Do not place heavy objects on top of the massager.

## TROUBLESHOOTING

If you encounter any issues with your LifePro VibraCare Plus Foot Massager, please refer to the table below for common problems and their solutions.

### Common Issues and Solutions

Problem	Possible Cause	Solution
Massager does not turn on.	Not plugged in; power outlet issue; power adapter fault.	Ensure power adapter is securely plugged into both the unit and a working electrical outlet. Try a different outlet.
Remote control is not working.	Battery depleted; remote out of range; obstruction.	Replace the battery in the remote control. Ensure you are within effective range and there are no obstructions between the remote and the unit.
Vibration is weak or inconsistent.	Low intensity setting; internal malfunction.	Increase the intensity level using the remote or unit controls. If the issue persists, contact customer support.
Unusual noise during operation.	Unit not on a flat surface; internal component issue.	Ensure the massager is placed on a flat, stable surface. If the noise continues, discontinue use and contact customer support.
Heat function is not working.	Heat function not activated; internal fault.	Ensure the heat function is activated via the remote control. If it still doesn't work, contact customer support.

If your issue is not resolved by the above steps, please contact LifePro Customer Support for further assistance.

## PRODUCT SPECIFICATIONS

Feature	Specification
Model Number	LP-VBRCP-WHT
Product Dimensions	38.99 x 33.02 x 26.49 cm (15.35 x 13 x 10.43 inches)
Item Weight	3.95 kg (8.7 pounds)
Power Source	Electric (via power adapter)
Material	Rubber
Massage Programs	5

Feature	Specification
Intensity Levels	30
Special Features	Heat Function, Wireless Remote Control
Country of Origin	China

## WARRANTY AND SUPPORT

LifePro is committed to providing high-quality products and excellent customer service. The LifePro VibraCare Plus Foot Massager typically comes with a lifetime warranty, as indicated by customer reviews. Please refer to the warranty card included with your product for specific terms and conditions.

For technical support, warranty claims, or any other inquiries, please contact LifePro Customer Support through their official website or the contact information provided in your product packaging.

You can also visit the official LifePro store on Amazon for more information and product registration [LifePro Amazon Store](#)