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> Velpeau CMC Thumb Brace Instruction Manual (Model VP0907-ML)

Velpeau VP0907-ML

Velpeau CMC Thumb Brace Instruction Manual

Model: VP0907-ML | Brand: Velpeau

INTRODUCTION

The Velpeau CMC Thumb Brace is designed to provide support and pain relief for individuals experiencing discomfort in the first carpometacarpal (CMC) joint. This brace is suitable for conditions such as osteoarthritis, instability, rhizarthrosis, arthroplasty, and post-surgical treatment of the first CMC joint. Its ergonomic design aims to stabilize the thumb base while allowing freedom of movement for other fingers, making it ideal for daily activities.

PRODUCT FEATURES

- **Dual-Material Construction:** The brace features a combination of soft and rigid plastics. The upper section is soft and elastic to reduce friction and irritation between the thumb and index finger, while the lower section is sturdy for stable support.
- **Customizable Metal Insert:** An embedded contoured metal strip allows for manual adjustment to ensure a personalized and optimal fit at the base of the thumb.
- **Upgraded Silicone Leather Wrist Strap:** This strap offers a premium, calfskin-like texture with exceptional stain resistance, anti-aging properties, and a skin-friendly, non-slip surface. Its perforated design ensures maximum breathability.
- **Waterproof Design:** The brace is lightweight and waterproof, making it suitable for various activities, including use in wet environments.
- **Bonus Thumb Sleeve:** Includes a high-elasticity thumb sleeve for additional comfort, reduced skin irritation, and sweat buildup. It can be worn separately or with the brace.

SETUP AND SIZING

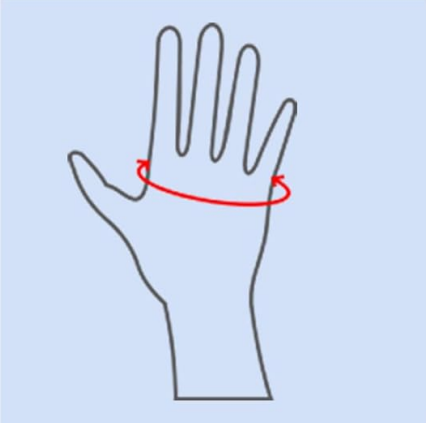
Size Confirmation

To ensure the best fit, measure the circumference of your palm using a soft measuring tape. Refer to the size chart below:


Size	Palm Width (in)	Palm Width (cm)
Small	6 7/8" - 7 3/4"	17.5 - 19.7
Medium	7 3/4" - 8 7/8"	19.7 - 22.5
Large	8 7/8" - 10 7/8"	22.5 - 27.6

If you are between two sizes, choose the larger size for optimal comfort and support.


Measurement method



Please use a soft tape to measure your palm circumference.




Packing Box



CMC Brace

Replaceable Wrist Strap x 1



Gift 1

Thumb Compression Sleeve x 1

Gift 2




Figure 1: Measurement method for palm circumference and package contents.

Applying the Brace

1. Place the brace on your hand, ensuring your thumb is comfortably positioned in the thumb opening.
2. Wrap the wrist strap around your wrist and secure it using the hook-and-loop fastener. Adjust for a snug but comfortable fit.
3. If using the bonus elastic thumb sleeve, wear it directly on your thumb before applying the brace for added comfort and to prevent skin irritation.



Figure 2: Step-by-step guide on how to wear the Velpeau CMC Thumb Brace.

Installing the Gift Wrist Strap

The gift wrist strap is installed differently from the pre-installed strap. Insert its palm-side strap into the CMC Brace from the outer slit. Secure it inward using the hook-and-loop fastener. This placement helps prevent the fastener from catching objects during daily activities.



Figure 3: Diagram for installing the gift wrist strap.

OPERATING INSTRUCTIONS

The Velpeau CMC Thumb Brace is designed for comfortable, all-day wear without restricting the movement of your thumb or other fingers. The built-in metal strip can be manually adjusted to achieve a custom fit, ensuring optimal immobilization of the CMC joint while allowing necessary hand and wrist movement.



Low profile design, unrestricted thumb movement.

Figure 4: Low profile design allows unrestricted thumb movement.



Relieve thumb base pain and improve daily comfort.

Figure 5: Brace in use, relieving thumb base pain and improving daily comfort.



Figure 6: Brace in use during a sewing activity.

Video Demonstrations

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Video 1: Demonstrates the features of the Velpeau CMC Thumb Brace, including its flexible design, soft and rigid materials, and adjustable metal strip for a custom fit. It also highlights the included bonus items like the nylon strap and elastic thumb sleeve, and shows how the sleeve can be used separately or with the brace to reduce friction.

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Video 2: Provides an overview of the Velpeau Thumb Support Brace, emphasizing its design for CMC joint stabilization. It shows the brace being worn during various activities, highlighting its flexibility and comfort while providing support.

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Video 3: Illustrates the ease of use and adjustability of the Velpeau CMC Thumb Brace. It demonstrates how to put on and take off the brace, and how the straps can be tightened or loosened for a secure fit, accommodating different hand sizes.

MAINTENANCE

The Velpeau CMC Thumb Brace is designed for durability and easy maintenance.

- **Cleaning:** The upgraded silicone leather wrist strap is stain-resistant and dirt-resistant. A simple wipe with a damp cloth will easily clean it.
- **Water Resistance:** The entire product is waterproof and suitable for use in wet environments. It can be rinsed under water if needed.
- **Durability:** The high-tech silicone leather and dual-color injection molding process contribute to outstanding abrasion resistance, tear resistance, and corrosion resistance, ensuring long-term durability.



Figure 7: The brace strap is easy to clean with a simple wipe.



Figure 8: The brace is waterproof and can be used in wet conditions.

TROUBLESHOOTING

Thumb Area Feels Snug

If the thumb area feels overly snug, you may gradually trim the soft plastic edges to widen the thumb section. Adjust gradually until you achieve a comfortable fit. Use a small, sharp tool for precise trimming.



Figure 9: Trimming the soft plastic edges for a customized fit.

SPECIFICATIONS

- **Package Dimensions:** 3.43 x 2.8 x 1.93 inches
- **Item Weight:** 1.76 ounces
- **Department:** Unisex-adult
- **Manufacturer:** Shenzhen Weprotex Technology Product Co.,Ltd
- **Item Model Number:** VP0907-ML
- **Date First Available:** December 27, 2021
- **Brand:** Velpeau
- **Specific Uses For Product:** Arthritis, Pain Relief, Osteoarthritis, Sprain, Tendinitis
- **Use for:** Fingers, Hand
- **Age Range (Description):** Adult

WARRANTY AND SUPPORT

Velpeau is committed to continuous product quality enhancement. If any issues arise with your Velpeau CMC Thumb Brace within six months after purchase, particularly concerning material cracking during high-intensity activities, please contact our customer service via email for an unconditional replacement with the latest and improved model.

For further assistance or inquiries, please contact Velpeau Brace customer service.