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Dartwood 4895230315767

Dartwood Deep Tissue Massage Gun User Manual

Model: 4895230315767

1. INTRODUCTION

Thank you for choosing the Dartwood Deep Tissue Massage Gun. This manual provides essential information for the safe and effective use of your device. Please read it thoroughly before operation and retain it for future reference.

Important Safety Instructions

- Consult your physician before using this device, especially if you have pre-existing medical conditions, are pregnant, or have a pacemaker.
- Do not use the device on open wounds, swollen areas, or areas with skin damage.
- Avoid using the device on your head, face, or directly over bones.
- Keep the device away from water and high temperatures. It is not waterproof.
- This device is not a medical instrument and should not be used to diagnose, treat, or cure any disease.
- Keep out of reach of children.

2. PACKAGE CONTENTS

Verify that all items are present in your package:

- Dartwood Deep Tissue Massage Gun
- 6 x Interchangeable Massage Heads
- 1 x Charging Cable
- 1 x Carrying Case
- 1 x User Manual

3. PRODUCT OVERVIEW

Familiarize yourself with the components of your Dartwood Deep Tissue Massage Gun:



This image displays the Dartwood Deep Tissue Massage Gun and its main components, including the massage head, air outlet, touch display, handle, power switch/charging port, and the included carry case.

- **Massage Head:** Interchangeable heads for various muscle groups.
- **Air Outlet:** For heat dissipation.
- **Touch Display:** Digital screen for speed, battery, and pressure indicators.
- **Handle:** Ergonomic grip for comfortable use.
- **Power Switch / Charging Port:** Located at the bottom of the handle.
- **Carry Case:** For convenient storage and portability.

4. SETUP

Charging the Device

1. Locate the charging port at the bottom of the handle.
2. Connect the provided charging cable to the device and a suitable power adapter (not included).

3. The battery indicator on the touch display will show charging status. Charge fully before first use.

Attaching and Detaching Massage Heads

1. Ensure the device is powered off before attaching or detaching any massage head.
2. To attach, gently push the desired massage head into the opening at the front of the gun until it is securely seated.
3. To detach, firmly pull the massage head straight out from the device.

5. OPERATING INSTRUCTIONS

Powering On/Off

1. To power on, slide the power switch at the bottom of the handle to the 'ON' position. The digital display will illuminate.
2. To power off, slide the power switch to the 'OFF' position.

Adjusting Speed Levels

The device features 30 adjustable speed settings for customized percussive therapy.

30 speed settings



This image shows a close-up of the massage gun's digital display, highlighting the speed level, pressure indicator, battery indicator, downshift/pause key, and upshift key for easy operation.

- Use the '+' button on the touch display to increase the speed level.
- Use the '-' button to decrease the speed level.
- The current speed level is displayed prominently on the screen.
- The display also shows a battery indicator and a pressure indicator.

Application

- Apply the massage gun to the desired muscle area.
- Move the device slowly and gently over the muscle, avoiding direct contact with bones or joints.
- Do not apply excessive pressure. Let the percussion action do the work.
- Limit each massage session to 15-20 minutes per muscle group.

6. USING THE MESSAGE HEADS

Your Dartwood Deep Tissue Massage Gun comes with six specialized massage heads, each designed for different muscle groups and massage types:

6 massage heads



This diagram illustrates the six different massage heads included with the Dartwood Deep Tissue Massage Gun and suggests various body areas for their application.

- **U-shaped Head:** Suitable for neck, spine, and Achilles tendon.
- **Pointed Head:** Ideal for deep tissue, trigger points, and small muscle areas.
- **Flat Head:** Versatile for all body parts, especially large muscle groups like thighs and glutes.
- **D-shaped Head:** Designed for back and waist muscles.
- **Air Cushioning Soft Head:** Gentle massage for sensitive areas and overall relaxation.
- **Bullet Head:** For precise treatment of knots and specific muscle points.

7. MAINTENANCE

Cleaning

1. Ensure the device is powered off and unplugged before cleaning.
2. Wipe the device with a slightly damp cloth. Do not use abrasive cleaners or immerse in water.
3. Clean massage heads with a mild soap and water solution, then rinse and dry thoroughly before reattaching.

Storage

- Store the massage gun and its accessories in the provided carrying case.
- Keep in a cool, dry place, away from direct sunlight and extreme temperatures.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Battery is depleted. Power switch is off.	Charge the device fully. Ensure the power switch is in the 'ON' position.
Device not charging.	Charging cable not properly connected. Faulty power adapter.	Ensure the charging cable is securely connected to both the device and the power source. Try a different power adapter.
Weak percussion or unusual noise.	Massage head not properly attached. Device needs cleaning.	Re-attach the massage head securely. Clean the device and massage heads.

9. SPECIFICATIONS

- **Brand:** Dartwood
- **Model Number:** 4895230315767
- **Dimensions (Package):** 35.2 x 33.91 x 11.61 cm
- **Weight (Product):** 1.36 kg (approximately 2.5 pounds)
- **Speed Settings:** 30 levels
- **Massage Heads:** 6 interchangeable heads
- **Features:** Portable, Lightweight
- **Water Resistance Level:** Not waterproof
- **Intended Use:** Muscle pain relief, deep tissue massage

10. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided at your point of purchase or visit the official Dartwood website. Please have your model number (4895230315767) and purchase date available when contacting support.

