

Eleeeels X4

Eleeeels X4 Massage Gun User Manual

Model: X4

INTRODUCTION

The Eleeeels X4 Massage Gun is a powerful and versatile percussive massage device designed to provide deep muscle therapy. Its innovative features, including a 180-degree rotatable handle and multiple speed settings, make it suitable for full-body massage, aiding in muscle recovery, pain relief, and improved circulation.

This manual provides essential information on the safe and effective use, setup, operation, and maintenance of your Eleeeels X4 Massage Gun.



Image: The Eleels X4 Massage Gun, a sleek black device with a rotatable handle and a percussive head.

SAFETY WARNINGS

Please read all safety warnings carefully before using the Eleels X4 Massage Gun to prevent injury or damage to the device.

- Do not use near water or in wet environments.
- Always turn off the device when not in use.

- Avoid using on broken, irritated, or sensitive skin.
- Consult a medical professional before use if you have pre-existing medical conditions, are pregnant, or have a pacemaker.
- Keep out of reach of children.
- Do not insert objects into the ventilation ports.
- Use only the provided charger.

PACKAGE CONTENTS

Ensure all items are present in the package:

- Eleeeels X4 Massage Gun
- 5 Interchangeable Massage Heads:
 - Ball Head (for large muscle groups)
 - Flat Head (for general body massage)
 - Fork Head (for spine and neck)
 - Bullet Head (for deep tissue and trigger points)
 - Dampener Head (for tender areas and bony parts)
- Charging Cable and Power Adapter
- User Manual (this document)



Image: The Eleeeels X4 Massage Gun displayed with its five distinct massage heads and the charging cable, illustrating the complete package contents.

SETUP

1. Charging the Device

Before first use, fully charge the Eleeeels X4 Massage Gun. The powerful lithium-ion battery provides up to 10 hours of operation on a full charge.

1. Connect the charging cable to the charging port on the massage gun.
2. Plug the power adapter into a wall outlet.
3. The indicator lights will show the charging status. Once fully charged, the lights will indicate completion (refer to device specific light patterns).

2. Attaching Massage Heads

To attach a massage head, simply align the head with the opening on the front of the gun and push it firmly into place. To remove, pull the head straight out.

Note: Ensure the device is turned off before attaching or removing massage heads.

OPERATING INSTRUCTIONS

1. Power On/Off

Press and hold the power button to turn the device on or off. The device will start in a low-speed setting.

2. Adjusting Speed Settings and Modes

The Eleeeels X4 offers 6 adjustable speed settings across two distinct modes: Comfort Mode and Sports Mode. Press the power button briefly to cycle through the speed levels.

- **Comfort Mode:** Ideal for relaxation and gentle massage.
 - Level 1: 15 strokes per second
 - Level 2: 20 strokes per second
 - Level 3: 25 strokes per second
- **Sports Mode:** Designed for deeper muscle therapy and recovery.
 - Level 4: 30 strokes per second
 - Level 5: 40 strokes per second
 - Level 6: 50 strokes per second

Comfort Mode

Level 1 (15 strokes per second)
Level 2 (20 strokes per second)
Level 3 (25 strokes per second)

Sports Mode

Level 4 (30 strokes per second)
Level 5 (40 strokes per second)
Level 6 (50 strokes per second)

Image: Diagram illustrating the Comfort Mode (Levels 1-3) and Sports Mode (Levels 4-6) of the Eleels X4 Massage Gun, showing the corresponding strokes per second for each level.

3. Using the 180° Rotatable Handle

The unique 180-degree rotatable handle allows you to easily reach different body parts and apply pressure from various angles, enhancing the massage experience.



Image: A man using the Eleeeels X4 Massage Gun to massage a woman's upper back, demonstrating the device's ergonomic design and ease of use for reaching various body areas.

4. Application Guidelines

Apply the massage gun to the desired muscle area. Move the device slowly over the muscle, applying gentle pressure. Do not apply excessive pressure or use on bony areas. Limit usage to 1-2 minutes per muscle group and avoid prolonged use on a single spot.



Image: A woman demonstrating the use of the Eleeeels X4 Massage Gun on her shoulder, highlighting its ergonomic design for self-application.

MAINTENANCE

Cleaning

To clean the device, wipe it with a slightly damp cloth. Do not use harsh chemicals or abrasive cleaners. Ensure the device is turned off and unplugged before cleaning.

Storage

Store the massage gun in a cool, dry place away from direct sunlight and extreme temperatures. Keep it in its original packaging or a protective case to prevent damage.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Battery is low or depleted.	Charge the device fully.
Device stops during use.	Overheating or low battery.	Allow device to cool down. Recharge if battery is low.
Unusual noise or vibration.	Massage head not properly attached or internal issue.	Ensure massage head is securely attached. If issue persists, contact customer support.
Cannot change speed settings.	Device malfunction.	Turn off and restart the device. If problem continues, contact customer support.

If you encounter issues not listed here, or if the suggested solutions do not resolve the problem, please contact Eleeels customer support.

SPECIFICATIONS

- **Product Name:** Massage Gun
- **Brand:** Eleeels
- **Model Number:** X4
- **Dimensions:** 23 x 6.5 x 30 cm (9.06 x 2.56 x 11.81 inches)
- **Item Weight:** 1.1 kg (2.43 lbs)
- **Power Source:** Battery Powered
- **Battery Type:** Lithium-ion (1 required, included)
- **Battery Life:** Up to 10 hours (approx.)
- **Material:** Plastic
- **Strokes Per Second:** Max. 50
- **Speed Settings:** 6 (2 modes: Comfort, Sports)
- **Handle:** 180-degree rotatable
- **Special Feature:** Rechargeable
- **Specific Uses:** Myofascial release, full body massage
- **Product Benefits:** Pain relief, stiffness relief, muscle recovery, improved circulation

WARRANTY AND SUPPORT

Eleeels products are designed for quality and durability. For specific warranty information regarding your Eleeels X4 Massage Gun, please refer to the warranty card included with your purchase or visit the official Eleeels website. For technical support, troubleshooting assistance, or any inquiries, please contact Eleeels customer service through their official channels. Contact information is typically provided on the product packaging or the brand's website.

ADDITIONAL INFORMATION

The Eleeels X4 incorporates *Xtreme Power™ Engineering* with a 13 mm vibration amplitude for deep muscle therapy, powered by a 55 mm high-torque, high-speed proprietary brushless motor delivering up to 50 strokes per second. It also features *Eterno Quiet™ Motion Technology* with hardened steel linear bearings for minimal noise during prolonged operation, and self-developed, extremely durable materials.

Xtreme Power™ Engineering

- 13 mm vibration amplitude deep muscle therapy
- 55 mm high-torque, high-speed proprietary brushless motor (delivers up to 50 strokes per second)

Eterno Quiet™ Motion Technology

- Hardened steel linear bearing by metallurgy techniques to keep noise at a minimum under prolonged operation
- Self-developed, extremely durable materials

Innovative 180° Twistable Handle

- Allows full body massage with various angle options

Pioneer 2 Operation Modes

- With Sports Mode to maximize sports performance beyond limit, and Comfort Mode to fit a wide range of therapeutic and relaxation needs

Dampener

- Soft bone safe applicator particularly suitable for tender areas



ELEEELS



Image: An infographic detailing the advanced technologies of the Eleeels X4 Massage Gun, including Xtreme Power Engineering, Eterno Quiet Motion Technology, and the 180-degree twistable handle.



Image: A visual comparison highlighting the 13mm amplitude of the Eleeeels X4 Massage Gun versus typical massage guns, demonstrating its deeper percussive capability.

PRODUCT BENEFITS

Regular use of the Eleeeels X4 Massage Gun can provide numerous benefits:

- Improves blood circulation.
- Relieves stiffness and muscle soreness.
- Prevents muscle damage.
- Reduces lactic acid buildup.
- Enhances muscle recovery.
- Increases strength and flexibility.

Benefits

- Delivers extraordinary benefits for speedy muscle recovery
- Unique 62° inclined handle covers multiple muscle groups
- Encourages blood circulation and reduces lactic acid level
- Relieves muscle stiffness and alleviates muscle soreness and pain
- Prevents muscle damage, and increases strength and flexibility







Image: An illustration summarizing the key benefits of using the Eleeeels X4 Massage Gun, such as speedy muscle recovery, improved circulation, and relief from stiffness and soreness.

OFFICIAL PRODUCT VIDEOS

No official product videos from the seller were found for this product.

Related Documents

	<p>Eleeels X1T Percussive Massage Device User Manual</p> <p>Comprehensive user manual for the Eleeels X1T percussive massage device, covering specifications, usage instructions, charging, maintenance, safety precautions, and warranty information.</p>
	<p>ELEEELS M1 Electrical Muscle Stimulation Massager Instruction Manual</p> <p>This manual provides instructions for the ELEEELS M1 Electrical Muscle Stimulation Massager, covering charging, operation, maintenance, safety warnings, and warranty information. It details the device's features, including multiple massage modes and power levels, and offers guidance for optimal and safe use.</p>
	<p>ELEEELS S2 Hot Stone Massage Wand Collection: User Manual & Guide</p> <p>Detailed instruction manual for the ELEEELS S2, S2A, and S2B Hot Stone Massage Wand Collection. Covers charging, operation, temperature settings, 7 massage techniques, safety warnings, maintenance, and warranty information for this natural bian stone massage device.</p>
	<p>ELEEELS X1T Percussive Massage Device Instruction Manual</p> <p>This document provides comprehensive instructions for the ELEEELS X1T percussive massage device, covering its features, operation, charging, maintenance, safety guidelines, and warranty information.</p>