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## Fila 38-191-104

# Fila Unisex Digital Watch - Model 38-191-104 Instruction Manual

Brand: Fila | Model: 38-191-104

## INTRODUCTION

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Thank you for choosing the Fila Unisex Digital Watch, Model 38-191-104. This manual provides essential information for the proper setup, operation, and maintenance of your watch. Please read it carefully to ensure optimal performance and longevity of your device.

## PRODUCT OVERVIEW

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The Fila Model 38-191-104 is a digital wrist watch designed for unisex use, featuring a style inspired by 1970s fashion. It combines a retro aesthetic with modern digital timekeeping and an alarm function.



Image: Fila Unisex Digital Watch, Model 38-191-104, showcasing its digital display and pink silicone strap.

## SETUP

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### Battery Installation

Your Fila digital watch comes with one Lithium Ion battery pre-installed. No immediate battery installation is required for initial use.

### Initial Time Setting

1. **Identify Buttons:** Locate the control buttons on the side of your watch. Typically, there are buttons for 'Mode', 'Set', 'Adjust', and 'Light'. Refer to the watch's physical markings if available.
2. **Enter Time Setting Mode:** Press the 'Mode' button repeatedly until the time display starts flashing or indicates a setting mode.
3. **Adjust Time:** Use the 'Adjust' or 'Set' button to change the hour, minute, and other time parameters. The 'Mode' button usually cycles through the different settings (hours, minutes, 12/24-hour format).
4. **Confirm Settings:** Once the time is set, press the 'Mode' button or a dedicated 'Confirm' button to exit the setting mode.

*Note: Specific button functions may vary slightly. If you encounter difficulties, refer to the general*

operating instructions below.

## OPERATING INSTRUCTIONS

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### Basic Functions

- **Time Display:** The watch primarily displays time in digital format.
- **Date Display:** Press the 'Mode' button once from the time display to view the date.
- **Backlight:** Press the 'Light' button (if available) to illuminate the display in low-light conditions.

### Setting the Alarm

Your watch includes an alarm feature.

1. **Access Alarm Mode:** Press the 'Mode' button until "AL" or "Alarm" appears on the display.
2. **Set Alarm Time:** Use the 'Set' or 'Adjust' button to set the desired alarm hour and minute.
3. **Activate/Deactivate Alarm:** In alarm mode, use a specific button (often 'Adjust' or 'Start/Stop') to toggle the alarm ON or OFF. An alarm icon will typically appear when activated.
4. **Exit Alarm Mode:** Press the 'Mode' button to return to the normal time display.

## MAINTENANCE

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### Cleaning

To clean your watch, wipe it gently with a soft, dry cloth. For the silicone strap, a damp cloth with mild soap can be used, followed by drying thoroughly. Avoid harsh chemicals or abrasive materials.

### Water Resistance

This watch is water-resistant up to 10 meters. This means it can withstand splashes or brief immersion in water, such as during hand washing or light rain. It is **not** suitable for swimming, showering, or diving. Do not operate buttons while the watch is wet.

### Battery Replacement

When the display dims or functions become erratic, the battery may need replacement. Battery replacement should ideally be performed by a qualified watch technician to ensure proper sealing and water resistance. The watch requires one Lithium Ion battery.

## TROUBLESHOOTING

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- **Watch not displaying time:** Check if the battery is depleted. If the watch is new, ensure any protective plastic tabs have been removed.
- **Time is incorrect:** Follow the "Initial Time Setting" instructions to reset the time.
- **Alarm not sounding:** Ensure the alarm function is activated (look for an alarm icon on the display). Check the alarm time setting.
- **Display is dim:** This usually indicates a low battery. Consider professional battery replacement.

## SPECIFICATIONS

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Feature	Detail
Model Number	38-191-104
Brand	Fila
Display Type	Digital
Movement Type	Japanese Quartz
Target Gender	Unisex (Adult)
Case Material	Polycarbonate
Case Diameter	40 millimeters
Case Thickness	12 millimeters
Band Material Type	Silicone
Band Width	6 millimeters
Band Color	Pink
Dial Color	Grey
Clasp Type	Buckle
Water Resistance Depth	10 meters
Special Features	Alarm
Power Source	Battery Powered (1 Lithium Ion battery included)
Product Dimensions	0.59 x 0.59 x 0.59 cm
Item Weight	100 grams

## WARRANTY AND SUPPORT

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### Warranty Information

This Fila watch comes with a **6-month limited warranty** from the date of purchase. This warranty covers manufacturing defects under normal use. It does not cover damage resulting from accidents, improper use, unauthorized repairs, or normal wear and tear.

### Customer Support

For warranty claims, technical assistance, or any questions regarding your Fila watch, please contact the retailer or the official Fila customer service in your region. Please have your purchase receipt and watch model number (38-191-104) available when contacting support.