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Maksone SL-Z01

Maksone Under Desk Treadmill User Manual

Model: SL-Z01

IMPORTANT SAFETY INFORMATION

Read all instructions carefully before using this treadmill. Keep this manual for future reference.

- Ensure the treadmill is placed on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it has a damaged cord or plug.
- Always wear appropriate athletic footwear when using the treadmill.
- Do not step on or off the treadmill while the belt is moving.
- Consult a physician before starting any exercise program.

PRODUCT OVERVIEW

The Maksone Under Desk Treadmill (Model SL-Z01) is designed for walking and light jogging, offering a convenient way to stay active indoors. Its compact design allows for easy storage and use in various settings, including under a standing desk.



Image: The Maksone Under Desk Treadmill, showcasing its compact design and the included remote control. A person is depicted using the treadmill under a standing desk, highlighting its primary use case.

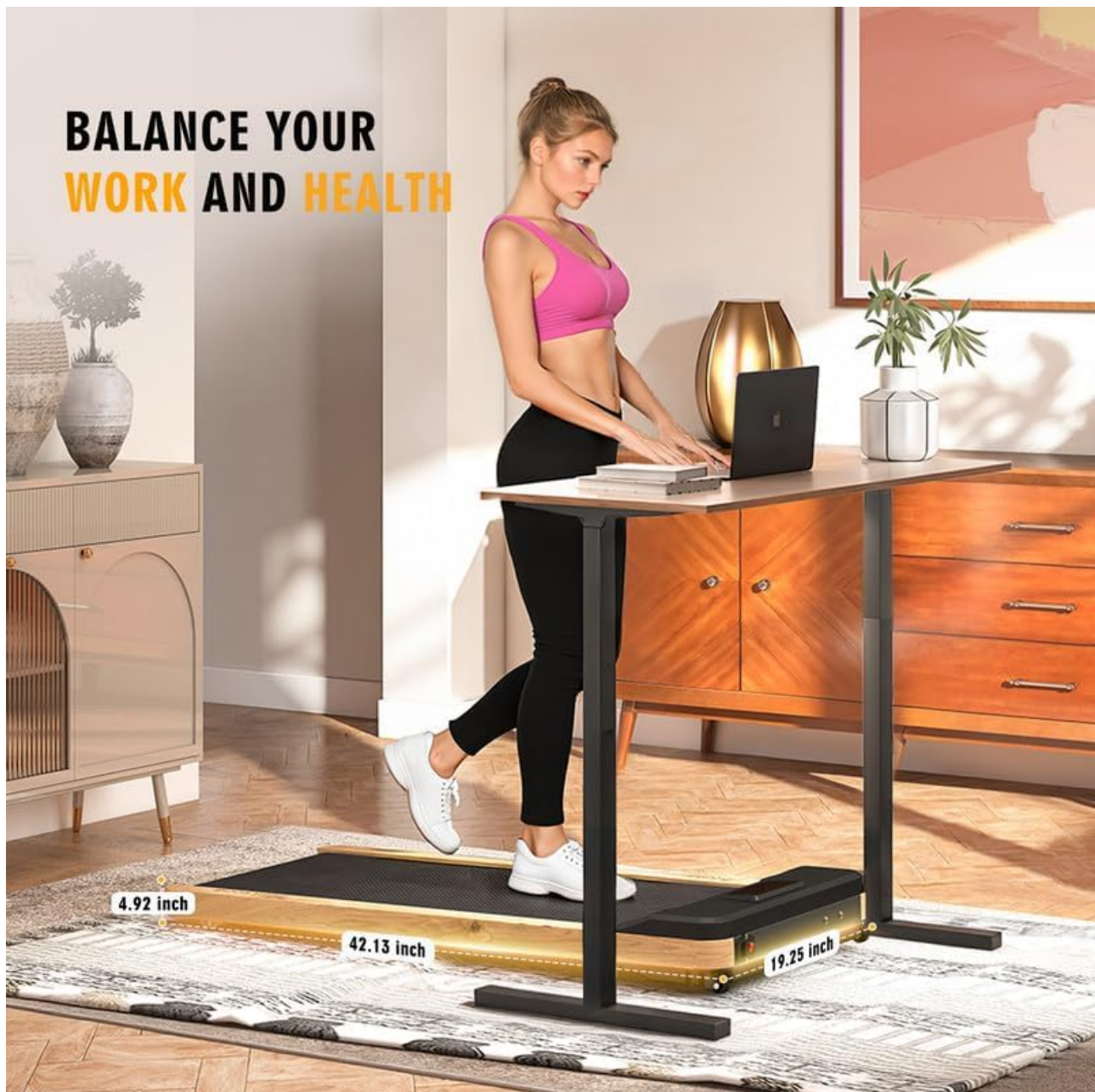


Image: Close-up of the treadmill's LED display, which provides real-time data such as time, calories burned, and distance. The remote control, essential for operation, is also visible.

Key Components:

- **Running Belt:** Multi-layer design for shock absorption and noise reduction.
- **Motor:** Powerful 2.25HP quiet motor.
- **LED Display:** Shows speed, distance, time, and calories.
- **Remote Control:** For adjusting speed and stopping the treadmill.
- **Transport Wheels:** For easy movement and storage.

SETUP

The Maksone Under Desk Treadmill comes fully assembled and ready for use directly out of the box. No complex installation is required.

1. **Unboxing:** Carefully remove the treadmill from its packaging.
2. **Placement:** Place the treadmill on a flat, stable, and level surface. Ensure there is adequate clear space around the treadmill for safe operation (at least 2 feet behind and 1 foot on each side).
3. **Power Connection:** Connect the power cord to the treadmill's power input and then plug it into a grounded electrical outlet.

4. **Remote Control Battery:** Insert the required CR2 battery into the remote control. (Note: Batteries are not included and must be purchased separately).
5. **Initial Check:** Before first use, ensure the running belt is centered and free from any obstructions.



Image: Demonstrates the ease of moving the treadmill using its built-in transport wheels, making it simple to position or store.



Image: A user walking comfortably on the treadmill in a home environment, illustrating its compact footprint and suitability for indoor use.

OPERATING INSTRUCTIONS

The treadmill is operated primarily using the remote control. The LED display provides real-time feedback on your workout.

Starting the Treadmill:

1. Ensure the treadmill is plugged in and the main power switch (usually located at the front or side) is turned ON.
2. Stand on the side rails of the treadmill, not on the belt.
3. Press the **START/STOP** button on the remote control. The treadmill will typically start at a low speed (e.g., 0.5 KMH).
4. Carefully step onto the moving belt once it reaches a comfortable speed.

Adjusting Speed:

- Use the + button on the remote to increase speed.
- Use the - button on the remote to decrease speed.
- The speed range is 0.5 to 6 KMH (approximately 0.31 to 3.73 MPH).

Using Pre-set Programs:

The treadmill features 12 pre-set programs designed to vary speed and intensity for different workout goals. Refer to the remote control's specific buttons for program selection (e.g., 'P' button or numbered buttons if available).

Stopping the Treadmill:

- Press the **START/STOP** button on the remote control to gradually slow down and stop the treadmill.
- Once the belt has completely stopped, step off the treadmill.
- For emergency stops, simply press the **START/STOP** button.

SMART LED DISPLAY & REMOTE CONTROL

Record Exercise Data
Enjoy Healthy Life



Image: Illustrates the advanced 7-layer running belt, designed to reduce knee impact through its 5 layers of anti-slip belt, 4 silicone shock absorbers, and 2 soft cushions.



Image: Shows the treadmill in use with a standing desk, emphasizing its role in promoting a balance between work and physical activity.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your Maksone treadmill.

Cleaning:

- Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust.
- Do not use abrasive cleaners or solvents, as these can damage the finish.

Belt Lubrication:

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Lubricant is included with the product.

1. Turn off and unplug the treadmill.
2. Lift the edge of the running belt on one side.
3. Apply a small amount of silicone lubricant (included) in a Z-pattern directly onto the deck under the belt.
4. Repeat on the other side.

5. Plug in the treadmill and run it at a low speed (e.g., 1 KMH) for 2-3 minutes to distribute the lubricant evenly.
6. Lubricate every 30 hours of use or every 3 months, whichever comes first.

Belt Adjustment:

If the running belt starts to shift to one side, it may need adjustment.

- If the belt shifts to the left, turn the left rear roller adjustment bolt clockwise by a quarter turn using the provided tool.
- If the belt shifts to the right, turn the right rear roller adjustment bolt clockwise by a quarter turn.
- Run the treadmill for 1-2 minutes at a low speed and check the belt alignment. Repeat adjustments as necessary until the belt is centered.

TROUBLESHOOTING

This section addresses common issues you might encounter with your Maksone treadmill.

Problem	Possible Cause	Solution
Treadmill does not start.	Not plugged in; Power switch OFF; Remote control battery low/dead.	Ensure power cord is securely plugged in. Turn ON main power switch. Replace remote control battery (CR2).
Belt stops suddenly during use.	Overload protection activated; Loose power connection.	Reduce load (user weight within limits). Check power cord connection. Unplug and plug back in after 5 minutes.
Belt slips or hesitates.	Belt too loose; Insufficient lubrication.	Adjust belt tension (refer to manual for specific instructions, usually involves tightening rear roller bolts evenly). Lubricate the running belt.
Unusual noise (squeaking, grinding).	Lack of lubrication; Loose components; Motor issue.	Lubricate the running belt. Check and tighten any visible loose screws. If noise persists, contact customer support.
Remote control not responding.	Battery dead; Obstruction between remote and treadmill sensor.	Replace CR2 battery. Ensure clear line of sight to the treadmill's display/sensor.

If you encounter issues not listed here or if solutions do not resolve the problem, please contact Maksone customer support.

SPECIFICATIONS

Feature	Detail
Model Number	SL-Z01
Motor Horsepower	2.25 HP
Speed Range	0.5 - 6 KMH (0.31 - 3.73 MPH)
Maximum Weight Capacity	265 lbs (120 kg)
Running Belt Area	16.54" x 41.34" (42 cm x 105 cm)
Product Dimensions (L x W x H)	130.99 x 64.01 x 16.51 cm (51.57 x 25.20 x 6.50 inches)
Item Weight	18.9 kg (41.67 lbs)
Display Type	LCD
Display Metrics	Time, Distance, Speed, Calories Burned

Feature	Detail
Number of Programs	12
Frame Material	Alloy Steel, Wood
Power Source	Corded Electric
Required Batteries (Remote)	1 x CR2 (not included)

WARRANTY AND SUPPORT

Maksone provides comprehensive support for its products to ensure a positive user experience.

- **Warranty Period:** The product comes with 12 months of support from the date of purchase.
- **Customer Service:** For any questions, concerns, or technical assistance, please contact Maksone customer support. Refer to the product packaging or the official Maksone website for contact details.
- **After-Sales Support:** Maksone is committed to providing high-quality after-sales support.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Answered questions about this manual

I lost my remote control; can I purchase a replacement remote for the Maksone SL-Z01 Under Desk Treadmill?

Yes, you can typically obtain a replacement remote control for the Maksone SL-Z01 Under Desk Treadmill. Since the treadmill is operated primarily via the remote, it is essential for use. To secure a replacement, follow...

[Read full answer](#)