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› [SHINE WELL Full Leg Massager with Heat and Compression Instruction Manual](#)

SHINE WELL c2f4c194-4f1e-455a-81c9-8bf5f9e2bd4e

# SHINE WELL Full Leg Massager with Heat and Compression

Model: c2f4c194-4f1e-455a-81c9-8bf5f9e2bd4e

## 1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the SHINE WELL Leg Massager. Retain this manual for future reference.

### General Safety Warnings:

- Consult a physician before use if you have any pre-existing medical conditions, including but not limited to: varicose veins, restless legs, lymphedema, heart conditions, or are pregnant.
- Do not use on swollen, inflamed, or injured areas of the skin.
- Do not use if you have a pacemaker or other implanted medical devices.
- Keep out of reach of children.
- Ensure the device is unplugged when not in use or during cleaning.
- Do not immerse the device in water or other liquids.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## 2. PRODUCT OVERVIEW

The SHINE WELL Full Leg Massager with Heat and Compression is designed to alleviate leg soreness, fatigue, muscle pain, and sprains. It promotes blood circulation through upgraded massage techniques and optional heating functions. Ideal for individuals who experience leg problems, long-standing workers, runners, and cyclists.

### Key Features:

- **Upgraded Massage Techniques:** Features full leg heating, 3 heating levels (optionally closed), 3 intensities, and 3 modes.
- **20-Minute Auto Shut-Off:** For safety and convenience.
- **Equipped Hand Controller:** With an LCD screen for easy operation.
- **Sequential Compression Device:** Air compression leg wraps with upgraded airbags that inflate and deflate quickly and stably for comfortable and realistic massage.

- **Adjustable Leg Wraps:** Includes 2 extensions, accommodating thigh circumferences up to 36.5" and calf circumferences up to 28.5".
- **Ergonomic Design:** Provides professional massage therapy suitable for home use.
- **Quiet Operation:** Can be used while resting or working.

# Full Leg Massager with Heat

promote blood circulation in full legs



Figure 2.1: SHINE WELL Full Leg Massager in use, promoting blood circulation in full legs.



Figure 2.2: User enjoying the SHINE WELL Leg Massager in a home setting.

### 3. PACKAGE CONTENTS

Verify that all items are present in the package:

- Leg Massager (2 units)
- Smart Controller (1 unit)
- Power Adapter (1 unit)
- Instruction Manual (1 unit)
- Two Extensions (2 units)
- Portable Bag (1 unit)

LOW: 113 °F      LOW: 122 °F      LOW: 131 °F

### 3 Massage Modes

**Mode 1**  
Sequence

Figure 3.1: All components included in the SHINE WELL Leg Massager package.

### 4. SETUP

1. **Apply Leg Wraps:** Place the leg wraps around your feet, calves, and thighs. Ensure they are snug but not overly tight. The wraps are clearly labeled for the right and left leg. If needed, use the included extensions to achieve a comfortable fit.
2. **Connect Hoses:** Connect the air hoses from both leg wraps to the designated ports on the smart controller. Ensure both hoses are securely plugged in, even if you only intend to use one leg wrap, as the device requires

both connections to function correctly.

3. **Connect Power:** Plug the power adapter into the smart controller and then into a wall outlet.

# One Size Fits Most


## With 2 Extensions

Thighs up  
to 36.5"

Calves Up  
to 28.5"



Figure 4.1: Adjustable leg wraps with extensions for various leg sizes.



## Leg Best gift choice




-  for parents
-  for friends
-  for loves

Figure 4.2: Attentive details of the massager, including flexible Velcro adjustment and integrated air hose connection.

## 5. OPERATING INSTRUCTIONS

Use the hand controller to customize your massage experience.

1. **Power On/Off:** Press the **Power Button** (🔌) to turn the device on or off. The LCD screen will illuminate.
2. **Select Massage Mode:** Press the **Mode Button** (M) to cycle through the 3 available modes: Sequence, Circulation, and Combination. Each mode offers a different massage pattern.
3. **Adjust Air Intensity:** Press the **Air Intensity Button** (▲) to select from 3 intensity levels: Min (soft massage), Mid (comfort massage), and Max (strong massage).
4. **Adjust Heat Level:** Press the **Heat Button** (☁️) to choose from 3 heating levels: Low (113°F), Mid (122°F), and Max (131°F). The heat function can be optionally closed.
5. **Automatic Shut-Off:** The device will automatically turn off after 20 minutes of continuous use for safety.

# EASY TO CONTROL



- 3 air compression intensities
- 3 modes sequence/circulation/whole
- 3 levels temperature

 **MODE BUTTON**

 **AIR INTENSITY**

 **HEAT BUTTON**


 **ON/OFF**



Figure 5.1: Hand controller for easy operation of the massager.

## More Attentive Details



 360° Fully Wrap Compression



 Flexible Velcro Adjustment



 Finely Sewn Fabrics




 Integrated air hose

Figure 5.2: Overview of massage modes, heating levels, and intensity settings.



- 01: Leg massager
- 02: Smart controller
- 03: Adapter
- 04: Manual
- 05: packing box
- 06: Two extensions
- 07: Portable bag

Figure 5.3: Visual guide to selecting massage intensity levels.

### Official Product Video:

Video 5.1: A demonstration of the SHINE WELL leg compression massager with heat, showing how to wear it and operate the controller.

## 6. MAINTENANCE

- **Cleaning:** Wipe the leg wraps with a soft, damp cloth. Do not use abrasive cleaners or immerse in water.
- **Storage:** Fold the leg wraps neatly and store them in the provided portable bag. Keep the device in a cool, dry place away from direct sunlight.

## 7. TROUBLESHOOTING

- **Device Not Turning On:** Ensure the power adapter is securely connected to both the controller and a working wall outlet.
- **No Compression:** Verify that both air hoses are firmly plugged into the smart controller. The device requires both connections to operate correctly, even if only one leg wrap is being used.
- **Weak Compression:** Check that the leg wraps are securely fastened and that the selected intensity level is appropriate.

- **No Heat:** Ensure the heat function is activated on the controller and the desired heat level is selected.

## 8. SPECIFICATIONS

Feature	Detail
Product Dimensions	15 x 8 x 6 inches
Item Weight	4.9 Pounds
Material	Nylon
Power Source	Corded Electric
Massage Modes	3 (Sequence, Circulation, Combination)
Intensity Levels	3 (Min, Mid, Max)
Heating Levels	3 (113°F, 122°F, 131°F)
Auto Shut-Off	20 minutes
Max Thigh Circumference (with extensions)	36.5 inches
Max Calf Circumference (with extensions)	28.5 inches

## 9. WARRANTY & SUPPORT

SHINE WELL is committed to providing the highest standard of customer support. For any questions, concerns, or warranty inquiries, please contact our customer service team. Specific warranty details may vary; please refer to the product packaging or contact support for more information.