

Vitafit VT708

Vitafit Digital Food Scale User Manual

Model: VT708 | Brand: Vitafit

INTRODUCTION

This user manual provides detailed instructions for the operation and maintenance of your Vitafit Digital Food Scale. Designed for high precision and ease of use, this scale is an essential tool for cooking, baking, and portion control in your home kitchen.



Image: Top-down view of the Vitafit Digital Food Scale, showcasing its sleek black design and LED display.

## Safety Information

- Do not immerse the scale in water or other liquids.
- Clean the scale surface with a damp cloth; avoid abrasive cleaners.
- Do not overload the scale beyond its maximum capacity of 33lb/15kg.
- Keep out of reach of children.
- Ensure the scale is placed on a flat, stable surface for accurate readings.

## PACKAGE CONTENTS

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Verify that all items are present in the package:

- Vitafit Digital Food Scale (Model VT708)
- 3 x AAA Batteries
- User Manual (this document)

## SETUP

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### 1. Battery Installation

1. Locate the battery compartment on the underside of the scale.
2. Open the battery compartment cover.
3. Insert 3 AAA batteries, ensuring correct polarity (+/-).
4. Close the battery compartment cover securely.

### 2. Initial Use and Calibration

For the first time using the scale, or if it has been moved, it is important to perform a quick calibration:

- Place the scale on a hard, flat, and stable surface.
- Press the **TARE** button to power on the scale.
- Wait for the display to show "CAL" followed by "0". This indicates the scale is ready for accurate weighing.

## OPERATING INSTRUCTIONS

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### 1. Power On/Off

- To power on, press the **TARE** button.
- The scale features an automatic shut-off function after 120 seconds (2 minutes) of inactivity to conserve battery life.
- To manually power off, press and hold the **TARE** button for 3 seconds.

### 2. Unit Conversion

The Vitafit Digital Food Scale supports multiple units of measurement:

- Press the **UNIT** button to cycle through available units: grams (g), ounces (oz), pounds (lb), and kilograms (kg).

# Membrane Key Button for Unit and Power / Tare No More Hassle of Tiny Objects



Design Patented

Image: The scale display cycling through different measurement units (lb:oz, oz, g, kg).

### 3. Tare Function (Zeroing)

The Tare function allows you to weigh multiple ingredients in the same container or to subtract the weight of a container:

1. Place an empty container on the scale. The display will show its weight.
2. Press the **TARE** button. The display will reset to "0".
3. Add your first ingredient. The display will show the weight of the ingredient only.
4. To add another ingredient, press **TARE** again to zero the scale, then add the next ingredient. Repeat as needed.

## Tare Function



**Step 1:** Put a bowl



**Step 2:** Press "Tare" Button



**Step 3:** Put Weighing Object

Image: Visual guide demonstrating the three steps of using the Tare function: placing a bowl, pressing Tare, and adding the weighing object.

### 4. Weighing Procedure

- Place the item to be weighed directly onto the center of the scale platform or in a container (using the Tare function).
- Wait for the display to stabilize and show the accurate weight.
- The scale has a maximum capacity of 33lb (15kg) and measures with a high precision of 0.1oz (1g).

# Astounding Large Capacity

## 33lb/15kg Capacity for Any Kitchen Weighing Need



Image: The Vitafit Digital Food Scale accurately weighing a bowl filled with strawberries and blueberries, demonstrating its large capacity.

### MAINTENANCE AND CARE

- To clean the scale, wipe the surface with a soft, damp cloth. Do not use chemical cleaning agents.
- Avoid getting water into the internal components.
- Store the scale in a dry, cool place when not in use.
- Remove batteries if the scale will not be used for an extended period to prevent leakage.



Image: A hand wiping the surface of the Vitafit Digital Food Scale, illustrating its easy-to-clean design.

TROUBLESHOOTING

Problem	Possible Cause / Solution
Inaccurate readings	Ensure the scale is on a flat, stable surface. Re-calibrate by powering off and on, waiting for "0" display. Avoid touching the scale during weighing.
Display shows "Lo"	Low battery. Replace the 3 AAA batteries.
Display shows "O-Ld"	Overload. Remove items immediately to prevent damage. The maximum capacity is 33lb/15kg.
Scale does not turn on	Check battery installation and ensure batteries are not depleted.

SPECIFICATIONS

Feature	Detail
Brand	Vitafit
Model Number	VT708
Color	Black
Weight Limit	33 Pounds (15 kg)
Readout Accuracy	0.1oz / 1g
Display Type	LED
Material	Acrylonitrile Butadiene Styrene
Power Source	3 AAA Batteries (included)
Product Dimensions	7.87 x 6.69 x 0.73 inches



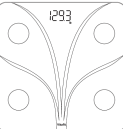
Feature	Detail
Special Features	Auto Shut Off, Backlit Display, Tare Function, Easy-to-Clean

WARRANTY AND SUPPORT

Vitafit products are supported by our US customer service center. For any inquiries or support, please refer to the contact information provided on the product packaging or visit the official Vitafit website. The product comes with a 5-year warranty. For more information, you can visit the [Vitafit Store on Amazon](#).

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**User Manual**  
Smart Body Weight Scale

Please read this User Manual carefully before using the device.

[VitaFit Smart Body Weight Scale User Manual](#)

User manual for the VitaFit Smart Body Weight Scale, providing instructions for setup, operation, and integration with various fitness apps.