Toorx Experience Plus AC HRC App Ready 3.0

Toorx Experience Plus AC HRC App Ready 3.0 Treadmill Instruction Manual

Model: Experience Plus AC HRC App Ready 3.0

1. INTRODUCTION

Thank you for choosing the Toorx Experience Plus AC HRC App Ready 3.0 Treadmill. This manual provides essential information for the safe and efficient use, assembly, operation, and maintenance of your new fitness equipment. Please read all instructions carefully before use and retain this manual for future reference.

2. IMPORTANT SAFETY INFORMATION

Always consult with a healthcare professional before starting any new exercise program. Ensure the treadmill is placed on a flat, stable surface with adequate clearance around it. Keep children and pets away from the equipment during operation. Always use the safety key during workouts.

3. SETUP

3.1 Unboxing and Assembly

Carefully remove all components from the packaging. It is recommended to have two people for assembly due to the size and weight of the treadmill. Follow the step-by-step assembly instructions provided in the separate assembly guide.

3.2 Initial Power-Up

Once assembled, connect the power cord to a grounded electrical outlet (AC220V). Ensure the main power switch is in the 'ON' position. The console display should illuminate.

Image: Toorx Experience Plus AC HRC App Ready 3.0 Treadmill in its folded, space-saving position, showing its compact design.

Image: The Toorx Experience Plus AC HRC App Ready 3.0 Treadmill displayed with its full dimensions (length, width, height) for user reference.
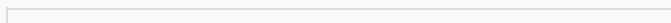
Video: This video demonstrates the initial setup and folding mechanism of the Toorx Experience Plus treadmill, including connecting the power and unfolding the unit for use.

4. OPERATING INSTRUCTIONS

4.1 Console Overview

The console features a Matrix Display showing various workout metrics. Familiarize yourself with the buttons for speed, incline, program selection, and user profiles.

Image: A detailed view of the treadmill's console, highlighting the digital display and control buttons.

Image: A close-up of the control panel buttons on the treadmill console, showing options for speed, incline, and program selection.

4.2 Basic Operation

1. **Safety Key:** Always attach the safety key clip to your clothing before starting. The treadmill will not operate without it.

2. **Start/Stop:** Press the 'START' button to begin your workout. Press 'STOP' to end it.

3. **Speed Adjustment:** Use the '+' and '-' buttons or quick-speed keys to adjust the running belt speed (1-22 km/h).

4. **Incline Adjustment:** Use the 'INCLINE' buttons or quick-incline keys to change the incline level (up to 10%).

Image: The handlebar controls of the treadmill, providing convenient access to speed and incline adjustments during a workout.

4.3 Program Modes and App Connectivity

The treadmill offers various pre-set programs and user-defined modes. For enhanced features, connect your device via the optional App Gate 3.0 Bluetooth module.

Image: The integrated tablet holder on the treadmill console, designed to securely hold a tablet or smartphone for entertainment or app use.

Video: This video demonstrates the advanced features and app connectivity of the Toorx Experience Plus treadmill, showcasing how to use the console and connect to external fitness applications.

5. MAINTENANCE

5.1 Cleaning

Regularly wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents.

5.2 Lubrication

The running belt requires periodic lubrication to ensure smooth operation and prolong its lifespan. Refer to the separate maintenance guide for specific instructions on how and when to lubricate the belt.

5.3 General Care

Inspect the treadmill regularly for any loose parts, wear, or damage. Tighten any loose bolts or screws. If any component is damaged, discontinue use and contact customer support.

6. TROUBLESHOOTING

- **Treadmill not starting:** Ensure the power cord is securely plugged in, the main power switch is on, and the safety key is correctly placed on the console.

- **Running belt slipping:** The belt may need tensioning or lubrication. Refer to the maintenance section or contact support.
- **Unusual noises:** Check for any loose parts or foreign objects under the belt. If the noise persists, contact customer support.

7. SPECIFICATIONS

Feature	Specification
Product Dimensions (L x W x H)	197 x 81 x 139 cm
Item Weight	130 kg
Maximum Supported Weight	130 kg
Color	Black
Frame Material	Steel Alloy
Power Source	Corded Electric (AC220V)
Maximum Speed	22 km/h
Maximum Incline Percentage	10%
Assembly Required	No (initial setup may require minor assembly)

8. WARRANTY AND SUPPORT

Your Toorx Experience Plus AC HRC App Ready 3.0 Treadmill comes with a manufacturer's warranty. Please refer to the warranty card included with your product for specific terms and conditions. For technical support, spare parts, or service inquiries, please contact Toorx customer service or visit the official Toorx website.