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## Lenovo ThinkPad T14 Gen 5

# Lenovo ThinkPad T14 Gen 5 Business Laptop User Manual

Model: ThinkPad T14 Gen 5 | Brand: Lenovo

## INTRODUCTION

This manual provides essential information for setting up, operating, maintaining, and troubleshooting your Lenovo ThinkPad T14 Gen 5 Business Laptop. Please read this manual thoroughly to ensure proper use and to maximize the performance and longevity of your device.

## WHAT'S IN THE BOX

Verify that all items are present in the package:

- 14" ThinkPad T14 Gen 5 Laptop
- 65W AC Adapter with Power Cord
- User Manual

## SETUP

1. **Unpack the Laptop:** Carefully remove the laptop and all accessories from the packaging.
2. **Connect Power:** Plug the 65W AC adapter into the laptop's power port (USB-C Thunderbolt 4 port) and then into a wall outlet.
3. **Initial Boot:** Open the laptop lid and press the power button. Follow the on-screen instructions to complete the Windows 11 Pro setup.
4. **Connect to Network:** During setup, connect to a Wi-Fi network or use an Ethernet cable for internet access.

## OPERATING INSTRUCTIONS

### Power On/Off

- **Power On:** Press the power button located on the side or top of the keyboard deck.
- **Shut Down:** Click the Start button, then Power, and select 'Shut down'.

- **Sleep Mode:** Close the lid or click the Start button, then Power, and select 'Sleep'.

## Keyboard and TrackPoint

The ThinkPad T14 Gen 5 features a comfortable, backlit keyboard and the iconic TrackPoint for precise cursor control.

- **Backlit Keyboard:** Adjust keyboard backlight intensity using the Fn + Spacebar shortcut.
- **TrackPoint:** Use the red TrackPoint in the center of the keyboard for navigation, along with the dedicated left, right, and middle-click buttons below the spacebar.
- **Touchpad:** The large precision touchpad supports multi-touch gestures for enhanced navigation.

## Fingerprint Reader

For enhanced security, the laptop includes a fingerprint reader. Enroll your fingerprints through Windows Settings for quick and secure login.

## Webcam and Privacy Shutter

The integrated 5MP RGB IR Webcam is equipped with a physical privacy shutter. Slide the shutter to cover the camera lens when not in use to ensure privacy.

## Connectivity

The ThinkPad T14 Gen 5 offers a variety of ports for connecting peripherals and external displays:

- 2 x USB-A 3.2 Gen 1 (1 Always On)
- 2 x Thunderbolt 4 (USB-C)
- HDMI 2.1
- Ethernet (RJ-45)
- Headphone / microphone combo jack (3.5mm)

Wireless connectivity includes Intel Wi-Fi 6E AX211 vPro and Bluetooth 5.3.



Image: Overview of the I/O ports on the Lenovo ThinkPad T14 Gen 5.

## Display and Graphics

Experience clear visuals on the 14" WUXGA (1920 x 1200) IPS 400nits Anti-glare, 16:10 Display. The integrated Intel Graphics support up to 3 external monitors via HDMI and Thunderbolt 4 ports, with a maximum supported resolution of 4K (3840x2160) @60Hz.



Image: Details of the 14-inch 16:10 display on the ThinkPad T14 Gen 5.

## Audio

The laptop features Dolby Audio Speaker System and Dolby Voice, powered by Realtek ALC3287, for clear sound during calls and multimedia consumption.



Image: Multimedia features including Dolby Audio and Realtek ALC3287.

## Operating System

The ThinkPad T14 Gen 5 comes with Windows 11 Pro 64-bit, offering intelligent assistance through AI-powered Copilot for various tasks.

## KEY FEATURES

- Durability:** MIL-STD 810G Military Grade certified for robust performance in demanding environments.
- Portability:** Weighing approximately 3.10 lbs, this business laptop is designed for easy transport.
- Processor:** Powered by an Intel Core Ultra 7 155U Processor (E-cores up to 3.80 GHz, P-cores up to 4.80 GHz, 12 Cores, 14 Threads, 12 MB Cache).
- Memory:** Equipped with 32GB DDR5-4800MHz RAM for efficient multitasking.
- Storage:** Features a fast 1TB PCIe M.2 SSD for quick boot times and ample storage.
- AI PC:** Integrated AI capabilities for enhanced productivity and intelligent assistance.



Image: Key features of the ThinkPad T14 Gen 5, including the webcam, fingerprint reader, and backlit keyboard.



Image: The portable design of the ThinkPad T14 Gen 5.

## PERFORMANCE OVERVIEW

The Lenovo ThinkPad T14 Gen 5 is engineered for business and academic use, providing responsive performance for everyday tasks, multitasking, and demanding applications. The Intel Core Ultra 7 processor and 32GB DDR5 RAM ensure smooth operation across various software and workflows.

Your browser does not support the video tag.

Video: An overview of the Lenovo ThinkPad T series, showcasing its design and features relevant to business and productivity.

## MAINTENANCE

- Cleaning:** Use a soft, lint-free cloth to clean the screen and exterior. Avoid harsh chemicals.
- Software Updates:** Regularly update your Windows operating system and drivers to ensure optimal performance and security.
- Battery Care:** To prolong battery life, avoid extreme temperatures and fully discharging the battery frequently.
- Ventilation:** Ensure the laptop's vents are not obstructed to prevent overheating.

## TROUBLESHOOTING

- Laptop Not Powering On:** Ensure the AC adapter is securely connected and the battery has sufficient charge. Try a different power outlet.
- Slow Performance:** Close unnecessary applications, check for background processes, and ensure sufficient free storage space. Restarting the laptop can often resolve temporary slowdowns.
- Wi-Fi Connectivity Issues:** Verify that Wi-Fi is enabled, restart your router, and check network settings.
- Display Problems:** If the screen is blank or flickering, try connecting an external monitor to diagnose if the issue is with the laptop's display or graphics card.
- Peripheral Not Recognized:** Ensure the peripheral is correctly plugged into the appropriate port. Try a different port or restart the laptop.

## SPECIFICATIONS

Feature	Detail
Standing screen display size	14 Inches
Screen Resolution	1920 x 1200 pixels (WUXGA)
Processor	Intel Core Ultra 7 155U (3.8 GHz E-cores, 4.8 GHz P-cores)
RAM	32 GB DDR5-4800MHz
Hard Drive	1 TB PCIe M.2 SSD
Graphics Coprocessor	Integrated Intel Graphics
Wireless Type	802.11ax (Wi-Fi 6E), Bluetooth 5.3
Number of USB 3.0 Ports	2
Operating System	Windows 11 Pro
Item Weight	2.96 pounds
Product Dimensions (LxWxH)	12.44 x 8.81 x 0.7 inches

Color	Black
Special Features	Anti Glare Coating, Backlit Keyboard, Fingerprint Reader, HD Audio, Lightweight

## WARRANTY AND SUPPORT

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This Lenovo ThinkPad T14 Gen 5 laptop includes:

- A three-year warranty from Issaquah Highlands Tech on upgraded memory/SSD components.
- A one-year warranty from Lenovo on the remaining components.

For technical support or warranty claims, please contact Issaquah Highlands Tech or refer to the official Lenovo support channels.

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