GYMAX B0936GXQC2

GYMAX Walking Pad User Manual

Model: B0936GXQC2

1. Introduction

Thank you for choosing the GYMAX Walking Pad. This innovative 2-in-1 fitness equipment is designed to provide a versatile exercise experience, functioning as both a compact walking pad for under-desk use and a full-featured treadmill for running. Its foldable design makes it ideal for home and office environments with limited space. This manual provides essential information for safe operation, setup, maintenance, and troubleshooting to ensure optimal performance and longevity of your device.



This image displays the GYMAX Walking Pad's versatile 2-in-1 design, showing it configured for both upright running with the handle raised and as a flat walking pad for under-desk use.

2. Safety Instructions

Please read all instructions carefully before using the GYMAX Walking Pad. Keep this manual for future reference.

- Ensure the treadmill is placed on a hard, flat surface.**Do not use the treadmill on carpet, especially with long fur, to avoid overheating and potential damage to the motor.**
- Keep children and pets away from the treadmill during operation.
- Always use the safety key. Attach the clip to your clothing before starting the treadmill. In case of an emergency or fall, the safety key will detach, immediately stopping the machine.
- Wear appropriate athletic footwear.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Consult a physician before starting any exercise program.

- The maximum weight recommendation for this treadmill is 265 pounds.

3. Package Contents

Upon unpacking, please verify that all components are present and undamaged:

- GYMAX Walking Pad Treadmill Unit
- Remote Control
- Safety Key
- User Manual (this document)
- Power Cord
- Phone/iPad Holder (may require minor assembly)



An exploded view diagram highlighting the main components of the GYMAX Walking Pad, such as the running belt, LED display, power switch, safety key, and transportation wheels.

4. Setup

The GYMAX Walking Pad is designed for easy setup with minimal assembly required.

1. **Unpack:** Carefully remove the treadmill and all components from the packaging.
2. **Positioning:** Place the treadmill on a firm, level surface, ensuring adequate space around it for safe operation. Remember to avoid carpets.
3. **Unfolding (if applicable):** If the riser is folded, gently lift it into the upright position until it locks securely.
4. **Attach Phone Holder:** Secure the phone/iPad holder to the designated area on the riser (typically requires two screws).
5. **Connect Power:** Plug the power cord into the treadmill's power socket and then into a grounded electrical outlet.
6. **Power On:** Flip the main power switch to the "ON" position. The LED display should illuminate.



The GYMAX Walking Pad features a foldable design for convenient storage. It can be easily folded and stored under furniture or upright against a wall, thanks to its built-in flexible wheels.

5. Operating Instructions

The GYMAX Walking Pad offers two primary operating modes:

Walking Mode (Riser Folded Down)

- With the riser folded down, the treadmill operates in walking mode.
- Speed range: 1 km/h to 4 km/h (approximately 0.6 mph to 2.5 mph).
- Ideal for light exercise, walking while working, or rehabilitation.

Running Mode (Riser Erected)

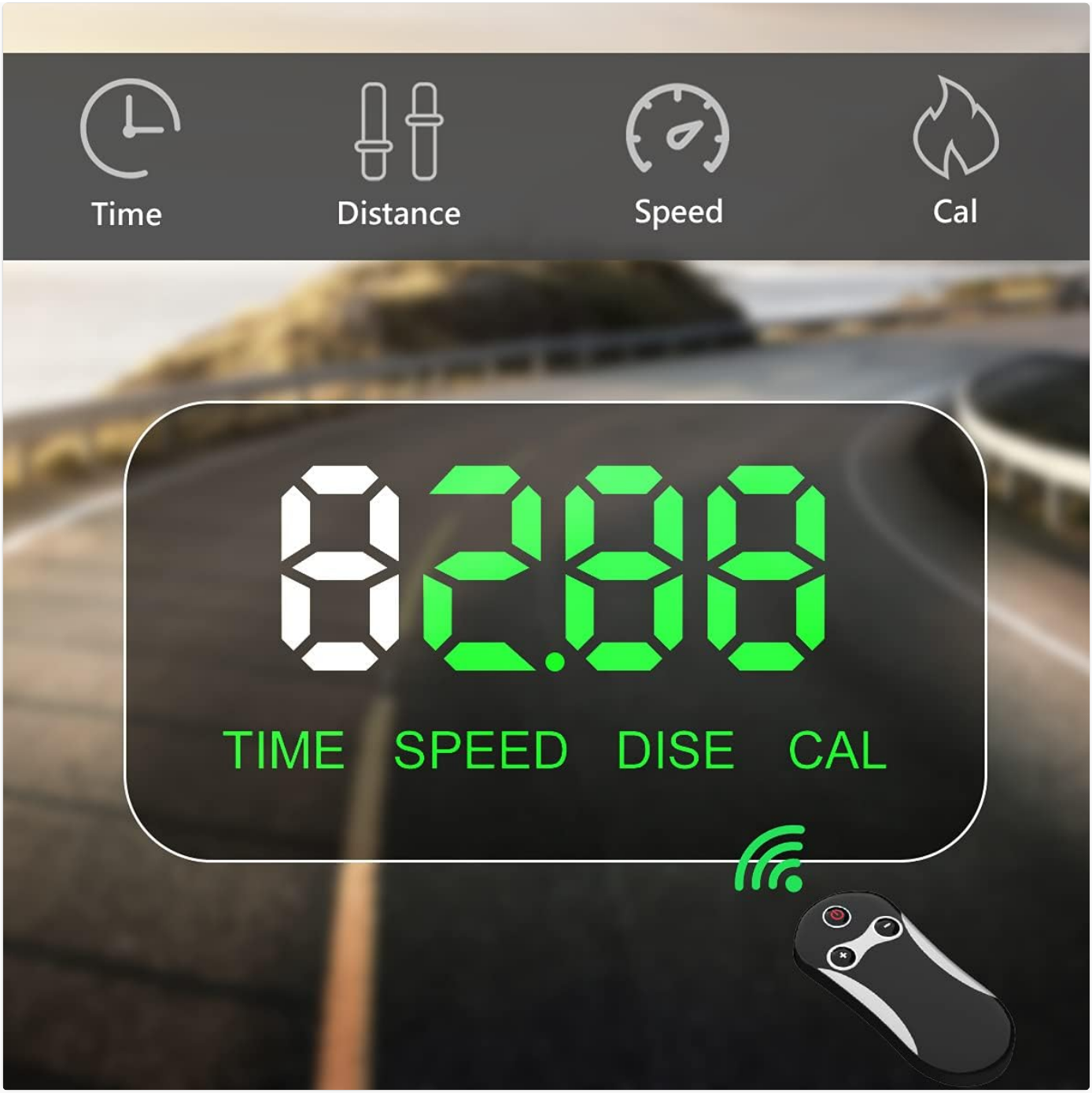
- When the riser is securely erected, the treadmill functions as a full running machine.
- Speed range: 1 km/h to 12 km/h (approximately 0.6 mph to 7.46 mph).
- Suitable for jogging and running workouts.

Using the Remote Control and LED Display

- **Start/Stop:** Press the power button on the remote control to start or stop the treadmill.
- **Speed Adjustment:** Use the '+' and '-' buttons on the remote to increase or decrease the speed.
- **LED Display:** The integrated LED screen displays key workout metrics including speed, distance, calories burned, and time.
- **Safety Key:** Always attach the safety key clip to your clothing. If the safety key is removed, the treadmill will immediately stop.



This diagram illustrates the two primary modes of the GYMAX treadmill: walking mode (1km/h-4km/h) when the riser is folded down, and running mode (1km/h-12km/h) when the riser is erected.



The integrated LED display provides real-time feedback on your workout, showing time, speed, distance, and calories burned. The included remote control allows for easy adjustment of settings.

6. Smart App Control

Enhance your workout experience by connecting your GYMAX Walking Pad to the dedicated smart app.

- **Download:** Search for "Gymax" or "Smart Treadmill" on Google Play Store (for Android) or Apple App Store (for iOS).
- **Connect:** Follow the in-app instructions to pair your device via Bluetooth.
- **Features:** The app allows you to control the treadmill's speed, track your exercise data (speed, distance, calories, time), set personal workout goals, and access additional entertainment options.
- The speed unit can be switched between miles and kilometers within the app.



Control your GYMAX Walking Pad via the dedicated smart app, available on Google Play and the App Store. The app allows for remote operation and tracking of exercise data.

7. Maintenance

Regular maintenance ensures the longevity and optimal performance of your GYMAX Walking Pad.

- **Cleaning:** Wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Do not use abrasive cleaners.
- **Belt Lubrication:** Periodically check the running belt for proper lubrication. Refer to the specific instructions in your manual for applying silicone lubricant to the belt if needed.
- **Belt Tension and Alignment:** Ensure the running belt is properly tensioned and centered. Adjustments may be necessary over time to prevent slipping or rubbing.
- **Storage:** When not in use, fold the treadmill and store it in a dry, cool place away from direct sunlight.



The treadmill's multi-layer running belt is designed for silent operation and effective shock absorption, featuring a wear-resistant surface, sound insulation, high-strength support, shock-absorbing, and compression layers.

8. Troubleshooting

If you encounter issues with your GYMAX Walking Pad, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not properly connected; Power switch is off; Outlet issue.	Ensure power cord is securely plugged in. Check if the main power switch is ON. Test the outlet with another device.
Treadmill stops suddenly during use.	Safety key detached; Overload protection activated.	Re-attach the safety key. Reduce load if exceeding maximum weight. Allow motor to cool down if it was running for an extended period.

Problem	Possible Cause	Solution
"E07" error message displayed.	This error typically indicates a communication issue or motor fault.	Turn off the treadmill, unplug it, wait for 5 minutes, then plug it back in and restart. If the error persists, contact customer support.
Running belt slips or is off-center.	Belt tension too loose; Belt alignment issue.	Refer to the maintenance section for instructions on adjusting belt tension and alignment.
Unusual noise during operation.	Lack of lubrication; Loose components; Foreign object.	Lubricate the running belt. Check for any loose screws or foreign objects under the belt. If noise persists, contact support.

If the problem persists after attempting these solutions, please contact GYMAX customer support for further assistance.

9. Specifications

Feature	Detail
Brand	GYMAX
Model	B0936GXQC2
Color	Black
Product Dimensions (L x W x H)	52.5"D x 27"W x 42"H
Folded Size (L x W x H)	52" x 27" x 5"
Item Weight	74 Pounds
Material	Alloy Steel, Acrylonitrile Butadiene Styrene (ABS)
Maximum Speed	7.46 Miles per Hour (12 km/h)
Maximum Horsepower	2.25 Horsepower
Maximum Weight Recommendation	265 Pounds
Running Area Size (Deck Length x Deck Width)	40" x 16"
Display Type	LED (2 Inches Screen Size)
Metrics Measured	Speed, Distance, Calories Burned
Power Source	Electric
Input Power	220 Watts
Voltage	110V 60Hz

Feature	Detail
Circuit	15 amp
Sound Level	Less than 60db
Special Features	Portable, Foldable, Compact Design, Smart App Control
Recommended Uses	Home and office use
Assembly Required	Yes



This image provides key dimensions and technical specifications for the GYMAX Electric Folding Treadmill, including its material, weight, maximum speed, and running area size.

10. Warranty & Support

GYMAX is committed to providing high-quality products and customer satisfaction.

- **Returns:** This product is eligible for 30-day easy returns. Please refer to your purchase platform's return policy for detailed instructions.
- **Customer Support:** For any questions, technical assistance, or warranty claims, please contact GYMAX customer support. Contact information can typically be found on the GYMAX official website or through your purchase platform's seller contact options.
- Keep your purchase receipt as proof of purchase for warranty purposes.

© 2025 GYMAX. All rights reserved.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question