

Meta SK-1000926-01

Meta Quest 3S (128GB) VR Headset User Manual

Model: SK-1000926-01

INTRODUCTION

The Meta Quest 3S is an all-in-one virtual and mixed reality headset designed to deliver immersive experiences. This manual provides essential information for setting up, operating, maintaining, and troubleshooting your device, ensuring you get the most out of its advanced features.

Experience your favorite applications in entirely new ways. The Meta Quest 3S seamlessly blends digital content with your physical space, opening up endless possibilities. Transform your room into a grand cinema with its crisp, vibrant display, or dive into action-packed games with a sense of presence right in your living room. Connect with friends as if you're in the same place, whether attending virtual concerts or exploring Meta Horizon together. Its lightweight, wireless design also makes fitness more engaging. Prepare for an amazing experience.



Image: The Meta Quest 3S headset, controllers, and included accessories.

SETUP

Setting up your Meta Quest 3S is a straightforward process. Follow these steps to get started:

1. **Unboxing:** Carefully remove the headset, controllers, charging cable, and power adapter from the packaging.

2. **Initial Charge:** Connect the headset to the power adapter using the provided USB-C cable. Ensure the headset is fully charged before first use.
3. **Power On:** Press and hold the power button on the headset until the Meta logo appears.
4. **Controller Pairing:** The controllers should automatically pair with the headset. If not, follow the on-screen instructions to manually pair them.
5. **Fit Adjustment:** Adjust the head strap and interpupillary distance (IPD) to ensure a comfortable fit and clear vision. The lightweight design and adjustable straps help minimize discomfort during extended use.
6. **Software Setup:** Follow the on-screen prompts to connect to Wi-Fi, log in to your Meta account, and complete any necessary software updates.
7. **Guardian System:** Set up your Guardian boundary to define your play space and prevent collisions with physical objects.



Image: Detailed view of the Meta Quest 3S headset and controllers, illustrating key components for setup.

OPERATING INSTRUCTIONS

Once set up, the Meta Quest 3S offers intuitive controls and a rich user interface.

Basic Navigation

- **Home Environment:** After powering on, you will enter your virtual home environment.
- **Controllers:** Use the Touch Plus controllers to interact with menus, select applications, and navigate virtual worlds. The controllers feature precise tracking and haptic feedback for an enhanced experience.
- **Hand Tracking:** The Meta Quest 3S supports hand tracking, allowing you to interact with the virtual environment using your bare hands. Enable this feature in the settings.
- **Passthrough:** Double-tap the side of the headset to activate passthrough mode, which uses the RGB color cameras to show you a clear view of your real-world surroundings without removing the headset. This feature is crucial for mixed reality experiences.

ソーシャルエクスペリエンス

これまでにな 交流のしかた

友達と集まって同じ場所にいるような感覚で過ごせるから、『Gorilla Tag』で木を駆け上ったり、『Soapstone』でショーを見たりするときも、いつも一緒。



Image: A user engaging with virtual elements seamlessly integrated into their physical space, demonstrating the mixed reality capabilities.

Applications and Content

- **Meta Quest Store:** Browse and download a wide variety of games, entertainment apps, and social experiences from the integrated store.
- **Gaming:** Enjoy smooth gameplay thanks to the Snapdragon XR2 Gen 2 processor, offering twice the graphics processing power of previous models.
- **Entertainment:** Watch movies and videos on a massive virtual screen, turning any room into a personal theater.
- **Fitness:** Engage in new exercise routines and track your progress with fitness applications that make workouts more enjoyable.
- **Social:** Connect with friends and other users in Meta Horizon and other social VR platforms.

これまでになゲーム

お気に入りのゲームを、 好きな方法でプレイ

今すぐ、『Marvel's Deadpool VR』の世界に飛び込もう。Meta Quest 3/3S限定。



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Image: A diverse collection of games and applications available for the Meta Quest platform.

Battery Management

The Meta Quest 3S provides over 2.5 hours of battery life for continuous use. To maximize battery performance:

- Charge the headset fully before each session.
- Reduce screen brightness if not needed.
- Close unused applications running in the background.

数え切れない ほどの没入体験

大好きなことを、
まったく新しい方法で体験しよう。



Image: The Meta Quest 3S headset highlighting its battery life for extended play sessions.

MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your Meta Quest 3S.

Cleaning

- **Lenses:** Use a dry microfiber cloth specifically designed for optical lenses. Wipe gently in a circular motion. Do not use liquid cleaners, alcohol, or abrasive cloths, as they can damage the lenses.
- **Headset Body:** Wipe the exterior of the headset with a soft, dry cloth. For stubborn marks, a slightly damp cloth can be used, followed by a dry cloth.
- **Face Interface:** The foam face interface can be gently wiped with a non-abrasive, alcohol-free wipe. Allow it to air dry completely before use.
- **Controllers:** Use a dry or slightly damp cloth to clean the controllers. Avoid getting moisture into any openings.

Storage

- Store the headset in a cool, dry place away from direct sunlight. Prolonged exposure to sunlight can damage the lenses and display.
- If possible, use a protective case to prevent dust accumulation and physical damage.
- Keep the headset and controllers away from extreme temperatures.

TROUBLESHOOTING

Here are solutions to common issues you might encounter:

- **No Power/Won't Turn On:** Ensure the headset is fully charged. Try a different charging cable and power adapter. If the issue persists, perform a hard reset by holding the power button for 30 seconds.
- **Controllers Not Tracking/Paired:** Check the battery levels of the controllers. Re-pair them through the headset's settings menu. Ensure there are no obstructions between the headset and controllers.
- **Blurry Vision/Eye Strain:** Adjust the headset's fit and IPD (interpupillary distance) until the image is clear. Take regular breaks during extended use to reduce eye strain. Ensure the lenses are clean.
- **Wi-Fi Connectivity Issues:** Restart your Wi-Fi router and the headset. Ensure you are within range of your Wi-Fi network and have entered the correct password.

- **Guardian System Problems:** Recalibrate your Guardian boundary in a well-lit area. Ensure your play space is clear of obstacles.
- **Audio Issues:** Check the volume settings on the headset. If using external headphones, ensure they are properly connected. The Meta Quest 3S does not have a 3.5mm audio jack; use USB-C headphones or a USB-C to 3.5mm adapter.

For more detailed troubleshooting or persistent issues, please refer to the official Meta Quest support website.

SPECIFICATIONS

Key technical specifications for the Meta Quest 3S (128GB) headset:

| Feature | Specification |
|------------------------|---|
| Brand | Meta |
| Model Number | SK-1000926-01 |
| Storage Capacity | 128 GB |
| Display Resolution | 3664 x 1920 per eye (3664 x 3840 total) |
| Display Type | LCD |
| Refresh Rate | 90 Hz |
| Field of View | 120 degrees |
| Processor | Snapdragon XR2 Gen 2 |
| RAM | 8 GB |
| Battery Life (Average) | 2.5 Hours |
| Sensors | Accelerometer, Gyroscope, Magnetometer |
| Operating System | Windows 10 (compatible) / Standalone OS |
| Connectivity | Wireless (Standalone) |
| Color | White |
| UPC | 815820025238 |

Note: Specifications are subject to change without notice.

WARRANTY AND SUPPORT

Warranty Information

The Meta Quest 3S (128GB) comes with a **1-year manufacturer's warranty**. This warranty covers defects in materials and workmanship under normal use. Please retain your proof of purchase for warranty claims.

The warranty does not cover damage caused by misuse, accidents, unauthorized modifications, or normal wear and tear. For full terms and conditions, please refer to the warranty documentation included with your product or visit the official Meta Quest

support website.

Customer Support

For technical assistance, product inquiries, or warranty service, please contact Meta Quest customer support through their official channels. You can typically find support contact information and FAQs on the official Meta Quest website:

Official Meta Quest Support: www.meta.com/quest/support/

Before contacting support, it is recommended to review the troubleshooting section of this manual and the online FAQ resources, as many common issues can be resolved quickly.