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> [ZIK](#) /

> ZIK Ergonomic Office Chair User Manual

ZIK ZIK-6120

ZIK Ergonomic Office Chair User Manual

Model: ZIK-6120

PRODUCT OVERVIEW

The ZIK Ergonomic Office Chair is designed to provide optimal comfort and support for extended periods of sitting. Featuring adjustable lumbar support, reclining armrests, and a dynamic headrest, this chair promotes proper posture and reduces fatigue. Its robust construction ensures durability and stability for various work environments.



Image: Front and side view of the ZIK Ergonomic Office Chair in grey and black, highlighting its design and features.

SETUP AND ASSEMBLY

Before assembly, ensure all components are present and undamaged. Assembly typically takes about 20 minutes and

requires no special tools beyond what is provided.

Package Contents:

- Seat cushion (1)
- Backrest with mesh (1)
- Headrest (1)
- Armrests (2)
- Base with 5 wheels (1)
- Gas lift cylinder (1)
- Mechanism plate (1)
- Screws and Allen key (1 set)

Assembly Steps:

1. **Attach Wheels to Base:** Insert the five wheels into the holes at the end of each leg of the chair base. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the central hole of the chair base.
3. **Attach Mechanism Plate to Seat:** Align the mechanism plate with the pre-drilled holes under the seat cushion. Secure it using the provided screws and Allen key. Ensure the front of the mechanism faces the front of the seat.
4. **Connect Seat to Gas Lift:** Carefully place the assembled seat onto the gas lift cylinder, ensuring it is centered and stable.
5. **Attach Armrests:** Secure the armrests to the sides of the seat using the designated screws.
6. **Attach Backrest:** Connect the backrest to the seat and armrest assembly using the remaining screws.
7. **Attach Headrest:** Slide the headrest into the top slot of the backrest until it locks into position.



Image: The ZIK office chair fully assembled in a modern office environment, demonstrating its aesthetic appeal and fit.

OPERATING INSTRUCTIONS

Familiarize yourself with the chair's adjustable features to customize your seating experience for maximum comfort and ergonomic support.

1. Height Adjustment:

Locate the lever on the right side, beneath the seat. Pull the lever up to raise the chair. To lower, remain seated and pull the lever up. Release the lever at the desired height. The BIFMA Class 3 gas lift supports up to 150 kg.

2. Lumbar Support Adjustment:

SUPPORTO LOMBARE REGOLABILE



Image: Close-up of the adjustable lumbar support mechanism on the backrest, showing the vertical adjustment arrows. The integrated lumbar support can be adjusted vertically by a simple click mechanism. Adjust it to fit the natural curve of your lower back for optimal support.

3. Armrest Adjustment:

POGGIABRACCIA IMBOTTITI RECLINABILI



Image: The armrests shown in their 90-degree reclined position, allowing the chair to be pushed closer to a desk. The padded armrests can be tilted up to 90 degrees. This feature allows you to push the chair closer to your desk, optimizing space when not in use.

4. Headrest Adjustment:

POGGIATESTA DINAMICO

Oscillante e Regolabile in Altezza



Image: Detail of the dynamic headrest, illustrating its oscillating and height-adjustable capabilities for neck support. The headrest is both oscillating and height-adjustable. Position it to comfortably support your neck and head, reducing strain during long periods of sitting.

5. Backrest Tilt and Lock:

The backrest features an oscillating function with a lock/unlock mechanism. Use the lever (often the same as the height adjustment lever, or a separate one) to recline the backrest or lock it in your preferred upright position.

6. Swivel and Mobility:

The chair offers full 360-degree swivel action. The rubberized wheels ensure smooth and quiet movement across various floor types, including carpets, tiled floors, and parquet.

MAINTENANCE AND CARE

Regular maintenance will prolong the life and appearance of your ZIK office chair.

- **Cleaning:** Wipe down all surfaces with a soft, damp cloth. For mesh fabric, use a mild soap solution if necessary, then wipe with a clean, damp cloth and allow to air dry. Avoid harsh chemicals or abrasive cleaners.
- **Inspection:** Periodically check all screws and bolts to ensure they are tight. Re-tighten if necessary to maintain stability and safety.
- **Wheel Care:** Keep the wheels free of hair, dust, and debris to ensure smooth rolling.
- **Gas Lift:** The gas lift is maintenance-free. Do not attempt to disassemble it.

TESSUTO IN MESH MORBIDO

A DOPPIO Strato Traspirante



Image: A close-up view of the soft, double-layer breathable mesh fabric used on the chair's backrest and headrest.

TRUBLESHOOTING

If you encounter any issues with your ZIK office chair, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Chair does not raise or lower.	Gas lift malfunction or lever not fully engaged.	Ensure the height adjustment lever is fully pulled. If the issue persists, the gas lift may need replacement. Contact customer support.
Chair wobbles or feels unstable.	Loose screws or uneven assembly.	Check and tighten all assembly screws, especially those connecting the seat to the mechanism and the backrest. Ensure the base is on a flat surface.
Wheels do not roll smoothly.	Debris caught in wheels or damaged wheels.	Clean any hair or debris from the wheel casters. If a wheel is damaged, it may need to be replaced.
Squeaking noises.	Loose connections or friction between parts.	Tighten all screws. Apply a small amount of silicone lubricant to moving parts if necessary, avoiding the gas lift.

PRODUCT SPECIFICATIONS

DIMENSIONI



Image: Diagram illustrating the key dimensions of the ZIK Ergonomic Office Chair in centimeters.

Feature	Detail
Brand	ZIK
Model Number	ZIK-6120
Color	Grey
Product Dimensions (L x W x H)	63 x 62 x 119/129 cm (Adjustable Height)
Item Weight	13.24 Kilograms
Material	Resin, Resin Fabric Canvas, Fabric (Mesh)
Special Features	Headrest, Ergonomic, Adjustable Height, Swivel, Padded, Armrests, Wheels

Feature	Detail
Frame Material	Alloy Steel
Gas Lift Class	BIFMA Class 3 (supports up to 150 kg)
Seat Cushion Thickness	8 cm high-density foam

WARRANTY AND SUPPORT

The ZIK Ergonomic Office Chair comes with a **3-year warranty**, ensuring peace of mind regarding the product's reliability and quality. Our Italian support team is available to assist you with any inquiries or issues.

For technical assistance, warranty claims, or general inquiries, please contact ZIK customer support through the retailer's platform or visit our official website for contact details.

Please retain your proof of purchase for warranty purposes.