MARATHON ADANAC 3000

Marathon Adanac 3000 Digital Stopwatch Timer User Manual

Model: ADANAC 3000 | Brand: MARATHON

INTRODUCTION

Thank you for choosing the Marathon Adanac 3000 Digital Stopwatch Timer. This high-precision instrument is designed for accurate timekeeping in various activities, from sports coaching to personal training. Its durable, water, dust, and shock-resistant design ensures reliability in diverse environments. This manual provides detailed instructions to help you get the most out of your stopwatch.

The Marathon Adanac 3000 Digital Stopwatch Timer, featuring a clear display and an attached lanyard.

PRODUCT OVERVIEW

The Adanac 3000 is a compact, palm-sized digital stopwatch with an easy-to-read display and intuitive button layout. It includes a 46-inch lanyard for convenient wear and quick access.

Key Components:

- **Display:** Shows minutes, seconds, 1/100th seconds, time, date, and day of the week.
- **SPLIT/RESET Button:** Used to record split times and reset the stopwatch.
- **MODE Button:** Cycles through different operating modes (Stopwatch, Time/Calendar).
- **START/STOP Button:** Initiates and pauses the stopwatch function.
- **Lanyard:** 46-inch adjustable cord for wearing around the neck.

Visual representation of the stopwatch's durability, multiple modes, and sleek design.

SETUP

Battery Installation:

The Marathon Adanac 3000 requires 2 LR44 batteries. The stopwatch typically comes with pre-installed batteries. If the display is faint or off, the batteries may need to be re-seated or replaced. To access the battery compartment, carefully remove the screws on the back of the unit.

Setting Time and Date:

1. From the stopwatch mode, press the **MODE** button repeatedly until the Time/Calendar display appears.

2. Press and hold the **MODE** button until the digits begin to flash, indicating setting mode.

3. Use the **START**/**STOP** button to adjust the flashing digit (hours, minutes, seconds, month, day, year).

4. Use the **SPLIT**/**RESET** button to move to the next digit or setting.

5. Once all settings are complete, press the **MODE** button to exit setting mode.

OPERATING INSTRUCTIONS

Stopwatch Mode:

1. Ensure the stopwatch is in stopwatch mode (indicated by 0:00:00 on the display). If not, press the **MODE** button until it appears.

2. Press the **START**/**STOP** button to begin timing.

3. Press the **START**/**STOP** button again to pause the timer.

4. Press the **SPLIT**/**RESET** button to reset the timer to zero.

Split Mode (Lap Timing):

Split Mode allows you to record intermediate times (laps) while the main timer continues to run in the background.

1. In stopwatch mode, press the **START**/**STOP** button to begin timing.

2. To record a split time, press the **SPLIT**/**RESET** button. The display will momentarily show the split time, while the main timer continues to run.

3. Press the **SPLIT**/**RESET** button again to return to the running total time display.

4. Repeat step 2 and 3 for additional split times.

5. Press the **START**/**STOP** button to stop the main timer.

6. Press the **SPLIT**/**RESET** button to reset the stopwatch.

DYNAMIC DISPLAY

Time/Calendar displays the hour, minute, seconds, date, day & alarm.

Detailed view of the stopwatch's dynamic display, showing time and calendar functions.

MAINTENANCE

Cleaning:

Wipe the stopwatch with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners, as these can damage the display or casing.

Battery Replacement:

When the display becomes dim or unresponsive, it's time to replace the batteries. Use 2 LR44 batteries. Open the battery compartment on the back of the stopwatch using a small screwdriver. Ensure correct polarity when inserting new batteries. Close the compartment securely to maintain water resistance.

Water, Dust & Shock Resistance:

The Adanac 3000 is designed to be water, dust, and shock resistant. While it can withstand splashes and brief immersion, it is not intended for prolonged underwater use. Ensure the battery compartment is properly sealed after replacement to maintain water resistance. Avoid dropping the stopwatch from significant heights to prevent damage.

The stopwatch is built to withstand various conditions, making it suitable for active use.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Display is faint or blank.	Low battery or improperly seated battery.	Replace or re-seat the 2 LR44 batteries. Ensure correct polarity.
Buttons are unresponsive or sticky.	Dirt or debris under buttons; internal malfunction.	Clean around the buttons with a soft, dry cloth. If problem persists, contact customer support.

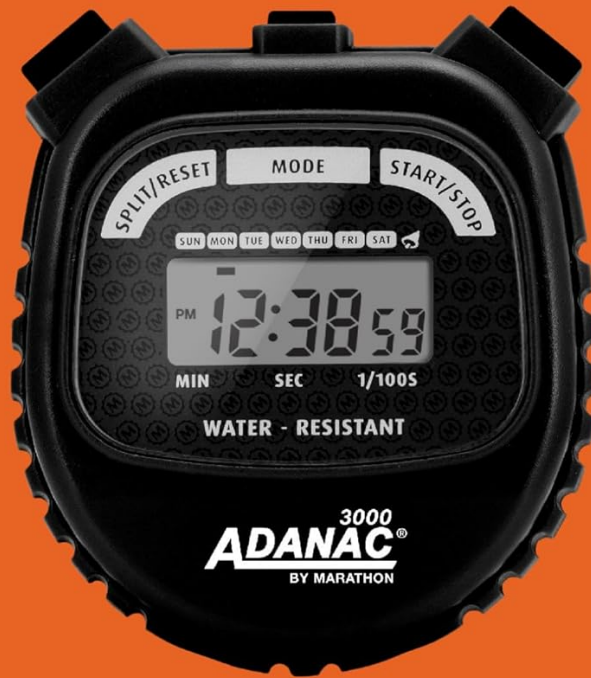| Problem	Possible Cause	Solution
Stopwatch not timing accurately.	Internal issue or extreme environmental conditions.	Ensure the stopwatch is used within its specified operating temperature range. If accuracy issues persist, contact customer support.
Alarm sounds at the wrong time.	Incorrect alarm setting.	To turn off the alarm, depress the upper-left (SPLIT/RESET) and upper-right (START/STOP) buttons simultaneously while in normal time mode until it beeps and the alarm icon disappears. Re-set the alarm if desired.

SPECIFICATIONS

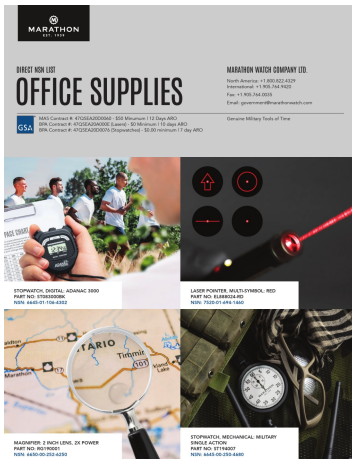| Feature	Detail
Brand	MARATHON
Model Number	ADANAC 3000
Color	Black
Material	Plastic
Dimensions (DxWxH)	0.79"D x 2.17"W x 2.44"H
Item Weight	2.4 ounces
Accuracy	1/100th Seconds
Water Resistance	Water, Dust & Shock Resistant
Lanyard Length	46 inches
Batteries	2 LR44 batteries required
First Available Date	February 26, 2013

MEASUREMENTS

3 in (7.6 cm)

3 in (7.6 cm)

Physical dimensions of the stopwatch.

WARRANTY AND SUPPORT

MARATHON has been manufacturing precision timing instruments since 1941, building on a legacy of quality and craftsmanship since 1939. The company is family-owned and operated, committed to producing high-quality products with modern design sensibility and Swiss engineering.

For warranty claims, technical support, or further assistance, please refer to the contact information provided with your product packaging or visit the official MARATHON website. Keep your proof of purchase for any warranty-related inquiries.

A brief history of Marathon's commitment to precision timing instruments.

Documents - MARATHON – ADANAC 3000

Office Supplies Government Purchasing Information Marathon Watch OfficeSupplies NSN v 1664292011 cdn shopify s files 1 2581 7358 |||

DIRECT NSN LIST OFFICE SUPPLIES MAS Contract #: 47QSEA20D0060 - 50 Minumum 12 Days ARO BPA Contra ... 05.764.0035 Email: government marathonwatch.com Genuine Military Tools of Time STOPWATCH, DIGITAL: **ADANAC 3000** PART NO: ST083000BK NSN: 6645-01-106-4302 LASER POINTER, MULTI-SYMBOL: RED PART NO: EL8...

lang:i-klingon score:22 filesize: 1.96 M page_count: 2 document date: 2022-05-27

[pdf] Specifications Dimension Guide Catalog

Marathon Stopwatch Catalogue Commercial R5 indd KEY FEATURES Non slip Comfort Grip Soft Rubber Case Digital LCD 12 or 24 HR Format Time Date and Month Out Split Feature Daily Alarm small new tech products support |||

BEST IN THE LONG RUN STOPWATCH CATALOGUE PROFESSIONAL GRADE PRODUCT NAME NSN 6645-01-106-4302 664 ... ST083000NEONSET DIMENSIONS 6.5 CM 2.5 IN 6.5 CM 2.5 IN 0.6 CM 0.2 IN TABLE OF CONTENTS 04 **ADANAC 3000** 05 **ADANAC 3000** 06 ADANAC 4000 07 ADANAC 5000 08 ADANAC SOLAR 09 ADANAC 7000 1...

lang:en score:21 filesize: 2.92 M page_count: 12 document date: 2020-01-27

[pdf] Specifications Dimension Guide Catalog

Digital Stopwatch Catalogue Government Purchasing Information Marathon Watch v 1664291945 cdn shopify s files 1 2581 7358 |||

BEST IN THE LONG RUN STOPWATCH CATALOGUE PROFESSIONAL GRADE PRODUCT NAME NSN 6645-01-106-4302 664 ... ST083000NEONSET DIMENSIONS 6.5 CM 2.5 IN 6.5 CM 2.5 IN 0.6 CM 0.2 IN TABLE OF CONTENTS 04 **ADANAC 3000** 05 **ADANAC 3000** 06 ADANAC 4000 07 ADANAC 5000 08 ADANAC 7000 09 ADANAC 8000 10...

lang:en score:18 filesize: 2.35 M page_count: 12 document date: 2022-09-21

[pdf] Catalog

Marathon Clock 22 Catalogue new tech products support |||

MARATHON WATCH C O M PA N Y EUROPA CATALOGUE V10.0 Desktop Travel Clocks USB Qi Charging Clocks ... RT STOP SKU: ST083000 48 48A 48B 48C 48D W x D x H : 5.5 x 2 x 6 cm 2.17 x .79 x 2.44 in **ADANAC 3000** Digital Stopwatch Timer EASY READING DISPLAY: Displays the minutes, seconds and 1/100th ...

lang:en score:17 filesize: 4.58 M page_count: 35 document date: 2021-12-21

Material Safety Data Sheet

357A   ALKALINE BUTTON CELL

Section I

Section II – Hazardous Ingredients/Identity Information

Section III – Physical/Chemical Characteristics

Section IV – Fire and Explosion Hazard Data

Section V – Reactivity Data