Saved from manuals.plus.
Open the live page for links to other documents and user manuals.

Gourmia Gourmia 6.7 Quart

Gourmia Digital Air Fryer 6.7 L / 7-QT User Manual

Model: Gourmia 6.7 Quart

Introduction

Welcome to the Gourmia Digital Air Fryer 6.7 L / 7-QT user manual. This appliance is designed to provide a healthier way to cook your favorite foods, using rapid air circulation technology to fry, bake, roast, and grill with little to no oil. Please read this manual thoroughly before use to ensure safe and optimal operation.

Important Safeguards

When using electrical appliances, basic safety precautions should always be followed:

- Do not touch hot surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse cord, plugs, or appliance in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.
- Do not use appliance for other than intended use.

Product Components



Figure 1: Front view of the Gourmia Digital Air Fryer, showcasing its sleek design and intuitive digital touch control panel.



Figure 2: Included accessories: the main cooking basket, a crisper tray for optimal air circulation, and a multi-purpose rack for layered cooking.



Figure 3: Rear view of the air fryer, showing the ventilation and the integrated power cord storage for neat organization.

List of Components:

- Main Air Fryer Unit with Digital Touch Control Panel
- Removable Cooking Basket (6.7 L / 7-QT capacity)
- Crisper Tray
- Multi-Purpose Rack
- Power Cord (with integrated storage)

Setup and First Use

1. **Unpacking:** Carefully remove all packaging materials and any promotional labels or stickers from the air fryer.
2. **Cleaning:** Wash the cooking basket, crisper tray, and multi-purpose rack with hot water, dish soap, and a non-abrasive sponge. Rinse thoroughly and dry completely. Wipe the interior and exterior of the main unit with a damp cloth.
3. **Placement:** Place the air fryer on a stable, heat-resistant surface, away from walls or other appliances to allow for proper air circulation. Ensure there is at least 6 inches of space on all sides.
4. **Power Connection:** Plug the power cord into a grounded electrical outlet.
5. **Initial Run (Optional but Recommended):** For the first use, it is recommended to run the air fryer empty for about 10-15 minutes at 200°C (390°F) to burn off any manufacturing residues. A slight odor may be present, which is normal.

Operating Instructions

Control Panel Overview:

The Gourmia Digital Air Fryer features an intuitive touch control panel.

- **Power Button:** Turns the unit on/off.
- **Preheat:** Activates the preheat function.
- **Start/Pause:** Begins or pauses the cooking cycle.
- **Stop/Cancel:** Stops the current cooking cycle.
- **Temperature/Time Controls (+/-):** Adjusts cooking temperature (80°C - 200°C / 170°F - 400°F) and time.
- **Turn Reminder:** An alert to remind you to shake or flip food for even cooking.
- **Preset Functions:** Various icons for common food types (e.g., fries, chicken, fish) with pre-set time and temperature.

General Cooking Steps:

1. **Prepare Food:** Place your food in the cooking basket, on the crisper tray, or on the multi-purpose rack. Do not overfill.
2. **Insert Basket:** Slide the cooking basket firmly into the air fryer unit.
3. **Power On:** Press the Power button to turn on the display.
4. **Set Temperature and Time:**
    - **Manual Setting:** Use the Temperature/Time controls to set your desired temperature (80°C to 200°C / 170°F to 400°F) and cooking time.
    - **Preset Function:** Select a preset icon for common dishes. The air fryer will automatically set the recommended time and temperature, which can be adjusted manually if needed.
5. **Preheat (Optional):** For best results, especially with certain foods, press the "Preheat" button before adding food. The air fryer will heat up to the set temperature and notify you when ready.
6. **Start Cooking:** Press the "Start/Pause" button to begin the cooking process.
7. **Turn Reminder:** If activated, the air fryer will beep midway through the cooking cycle to remind you to shake or flip the food. Carefully remove the basket, shake/flip, and reinsert. Cooking will resume automatically.
8. **Completion:** The air fryer will beep when the cooking time is complete. Carefully remove the basket and transfer food to a serving dish.

Maintenance and Cleaning

Regular cleaning ensures optimal performance and extends the life of your air fryer.

1. **Unplug and Cool:** Always unplug the air fryer and allow it to cool completely before cleaning.
2. **Dishwasher Safe Parts:** The cooking basket, crisper tray, and multi-purpose rack are dishwasher safe. For manual cleaning, wash with hot water, dish soap, and a non-abrasive sponge. The non-stick coating makes cleaning easy.
3. **Main Unit:** Wipe the exterior and interior of the main unit with a damp cloth. Do not immerse the main unit in water or any other liquid.
4. **Heating Element:** Use a cleaning brush to remove any food residue from the heating element.
5. **Storage:** Once clean and dry, store the air fryer in a cool, dry place. Utilize the integrated cord storage for neatness.

Troubleshooting

Problem	Possible Cause	Solution
Air fryer does not turn on.	Appliance is not plugged in.	Ensure the power cord is securely plugged into a grounded electrical outlet.
Food is not cooked evenly.	Basket is overcrowded; food not shaken/flipped.	Do not overfill the basket. Shake or flip food halfway through cooking, especially smaller items. Use the Turn Reminder feature.
White smoke coming from the appliance.	Grease residue from previous use; fatty food cooking.	Clean the basket and crisper tray thoroughly after each use. For fatty foods, this is normal; ensure proper ventilation.
Food is not crispy.	Too much moisture; not enough oil (if applicable); incorrect temperature/time.	Pat food dry before air frying. A light spray of oil can help crispiness. Adjust temperature and time as needed. Ensure preheating is used.

Specifications

Brand:	Gourmia
Model Name:	GOURMIA DIGITAL AIR FRYER 6.7 L/ 7-QT
Model Number:	Gourmia 6.7 Quart
Capacity:	6.7 Liters / 7 Quarts
Power Output:	1600 Watts
Electrical Power:	2000 Watts
Temperature Range:	80°C - 200°C (170°F - 400°F)
Control Method:	Touchscreen
Material (Interior/Exterior):	Aluminum

Non-stick Coating:	Yes
Dishwasher Safe Parts:	Basket, Crisper Tray, Rack
Weight:	5.78 Kilograms
UPC:	810002862847

Warranty and Support

For detailed warranty information and customer support, please refer to the warranty card included with your product or visit the official Gourmia website.
If you encounter any issues not covered in the troubleshooting section, please contact Gourmia customer service for assistance.

© 2026 Gourmia. All rights reserved.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question

Open the live page

https://manuals.plus/asin/B09LMV2H1G

More documents and user manuals: **https://manuals.plus/**