

ZINUS Mia Metal Platform 1500H

ZINUS Mia Metal Platform 1500H Bed Frame Instruction Manual

Model: Mia Metal Platform 1500H (Double, White)

Brand: ZINUS

1. INTRODUCTION

Thank you for purchasing the ZINUS Mia Metal Platform 1500H Bed Frame. This manual provides essential information for the safe and correct assembly, use, and maintenance of your new bed frame. Please read these instructions carefully before beginning assembly and retain them for future reference.

The ZINUS Mia Metal Platform series bed frame is designed for easy assembly and features a simple design with a headboard and wooden slats. It is constructed from durable steel and polyethylene, with wooden slats equipped with silent tape for a quiet sleeping environment.

2. PRODUCT FEATURES

- **Spacious Under-Bed Storage:** Provides approximately 30.5 cm (12 inches) of clearance for convenient storage.
- **Minimalist Design:** A clean metal frame design that seamlessly integrates into any room decor.
- **Easy Assembly:** All necessary tools are included within the headboard packaging, eliminating the need for separate tool purchases.
- **Silent & Soundproof:** Anti-slip tape is applied to the contact surfaces between the wooden slats and the frame to prevent noise, ensuring a peaceful sleep.
- **Durable and Breathable:** Constructed with sturdy steel and wooden slats for enhanced durability and air circulation.

3. PACKAGE CONTENTS

Please verify that all parts are present before beginning assembly. Some screw parts may be pre-attached to the main body. Please check in advance.

The package typically includes:

- Headboard
- Footboard

- Side Rails
- Center Support Bar(s)
- Wooden Slats with Silent Tape
- Legs
- Assembly Tool (Ratchet wrench)
- Screws and Nuts

Note: This product includes the bed frame only. A mattress is not included.

4. SAFETY INFORMATION

- Always follow the assembly instructions carefully.
- Assembly is recommended for two or more adults.
- Ensure all bolts and screws are securely tightened before use. Periodically check and re-tighten as needed.
- Do not exceed the maximum weight capacity of 180 kg (396 lbs).
- Do not jump on the bed frame, as concentrated weight can cause damage.
- Use a mattress at least 15 cm (6 inches) thick for optimal support and to prevent damage to the bed frame.
- Avoid using a futon directly on the wooden slats, as direct body pressure may lead to damage to the bed frame.
- Keep small parts away from children during assembly to prevent choking hazards.

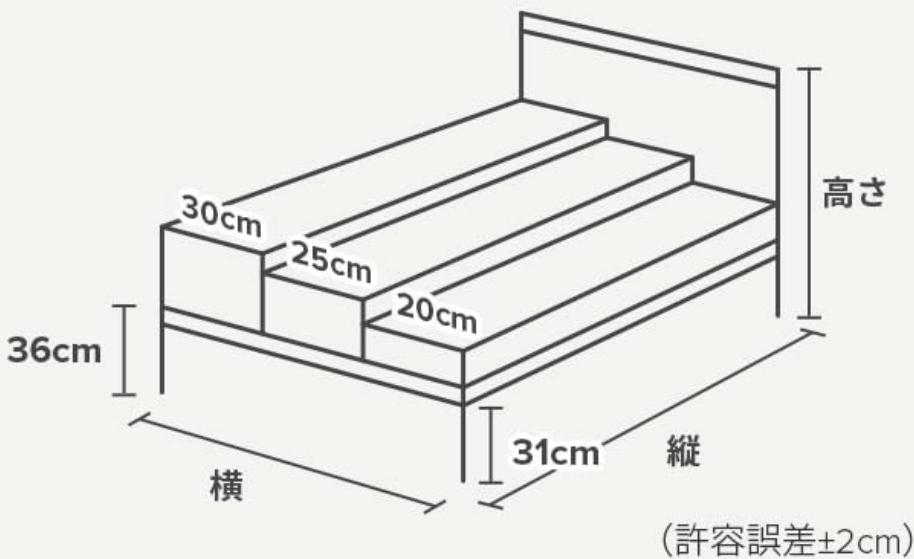
5. SETUP AND ASSEMBLY INSTRUCTIONS

Estimated assembly time: 15-30 minutes (for 2 or more adults).

Follow the numbered steps provided in the included instruction manual. The ZINUS numbering system makes assembly straightforward.

Visual Guide: Product Dimensions

Mia スチールベッドフレーム ヘッドボード付 ブラック



規格	シングル	97 X 195 X 97 (cm)
	セミダブル	122 X 195 X 97 (cm)
	ダブル	140 X 195 X 97 (cm)

Image: Diagram showing the dimensions of the Mia Metal Platform Bed Frame. Key dimensions include a height of 36cm, under-bed storage height of 30.5cm, and headboard height of 95cm. The diagram also illustrates the width and depth for Single, Semi-Double, and Double sizes.

Assembly Overview Video

Video: A general assembly video for a ZINUS-style metal bed frame. It demonstrates the process of connecting frame components, highlighting the ease of assembly and the sturdy construction. The video shows a person assembling the bed, placing a mattress, and utilizing under-bed storage.

Detailed Assembly Steps (General Metal Bed Frame)

Video: An animated guide demonstrating the step-by-step assembly of a metal bed frame. It visually breaks down the process of connecting different frame parts, securing them with bolts, and installing the support slats. This video provides a clear visual reference for general metal bed frame assembly.

6. USAGE GUIDELINES

- **Mattress Requirement:** To ensure the longevity of your bed frame, always use a mattress with a thickness of 15 cm (6 inches) or more.
- **Futon Use:** If using a futon, place it on top of a mattress. Direct use of a futon on the wooden slats may cause concentrated pressure and lead to damage.
- **Weight Distribution:** Avoid activities that concentrate weight on a single point, such as jumping on the bed, as this can cause structural damage.
- **Under-Bed Storage:** Utilize the generous 30.5 cm (12 inches) of under-bed clearance for storing clothes, bedding, or other items.

空間を有効活用

ベッド下に十分な収納スペースを用意しました。
お洋服や寝具の収納に活用ください。



Image: A ZINUS Mia Metal Platform Bed Frame in white, showcasing the spacious under-bed storage area. Several storage boxes are neatly placed beneath the bed, demonstrating how to effectively utilize the space for organization.

7. MAINTENANCE

- **Cleaning:** Wipe clean with a dry cloth. Avoid using harsh chemicals or abrasive cleaners that could damage the finish.
- **Regular Checks:** Periodically inspect all connections and fasteners to ensure they remain tight. Re-tighten any loose bolts or screws to maintain stability and safety.
- **Ventilation:** The wooden slats provide excellent ventilation for your mattress. Ensure the area around the bed is well-ventilated to prevent moisture buildup.

快適な睡眠をサポートする

機能一覧

様々な機能により毎晩快適にお過ごしください。



木製すのこ

湿気に強く、十分な強度を持っているため、長い間、安心して利用できます。



ナンバーリングシステム

シールの順番通りに進めていくだけで迷わず簡単に組み立てられます。



滑り止めテープ

マットレスのズレを防ぐテープと、すのことフレームが接する面に添付した防音テープにより、静かで快適な睡眠環境をサポートします。

※中央部の支柱は、セミダブルとダブルのみになります。

Image: A detailed view highlighting key features of the ZINUS Mia Metal Platform Bed Frame. It shows the wooden slats for mattress support and ventilation, the numbering system for easy assembly, and the anti-slip tape on the slats to prevent mattress movement and noise.

8. TROUBLESHOOTING

- **Squeaking Noises:** If the bed frame makes squeaking noises, check all bolts and screws and tighten them securely. The silent tape on the wooden slats is designed to minimize noise, but loose connections can still cause sounds.

- **Unstable Frame:** Ensure all parts are correctly aligned and fully tightened. If the frame feels unstable, disassemble and reassemble carefully, double-checking each step.
- **Missing Parts:** If any parts are missing or damaged upon arrival, please contact ZINUS customer support immediately.

9. SPECIFICATIONS

Attribute	Specification
Model Name	Mia Metal Platform 1500H
Color	White
Size	Double
Product Dimensions (L x W x H)	195 cm x 140 cm x 36 cm (76.8 x 55.1 x 14.2 inches)
Product Weight	27.78 kg (61.24 lbs)
Headboard Height	95 cm (37.4 inches)
Under-Bed Storage Height	30.5 cm (12 inches)
Weight Capacity	180 kg (396 lbs)
Main Material	Steel, Polyethylene
Bed Base Material	Wooden Slats
Assembly Required	Yes
Finish	Painted

10. WARRANTY AND SUPPORT

ZINUS offers a 5-year manufacturer's warranty on this product. This warranty covers defects in materials and workmanship for both mattresses and frames, ensuring peace of mind for our customers.



ZINUSは 5年間のメーカー保証をお付けします。

お客様が安心してお使いいただけるように、
マットレスとフレームの商品に関して
製品不良への5年間の無償保証期間を設けています。

Image: A graphic displaying the ZINUS 5-Year Warranty Quality Assurance logo, emphasizing the brand's commitment to product quality and customer satisfaction.

For any inquiries, missing parts, or warranty claims, please contact ZINUS customer support through the official ZINUS website or your retailer.