LifePro LP-ALVRDPMN-BLK

LifePro Mini Red Light Therapy Belt User Manual

Model: LP-ALVRDPMN-BLK

1. Important Safety Information

Please read all instructions and warnings carefully before using the LifePro Mini Red Light Therapy Belt. Retain this manual for future reference.

- Consult with a healthcare professional before use if you have any medical conditions, are pregnant, or are taking medications.
- Do not use on open wounds, broken skin, or areas with active infections.
- Avoid direct eye exposure to the light. Wear protective eyewear if necessary.
- Do not use if the device appears damaged or malfunctioning.
- Keep out of reach of children.
- This device is not intended to diagnose, treat, cure, or prevent any disease.
- Do not immerse the device in water or other liquids.
- Use only the provided charging cable and adapter.

2. Package Contents

Verify that all components are present in your package:

- LifePro Mini Red Light Therapy Belt
- Velcro Extender Belt
- Controller Unit
- USB Charging Cable
- User Manual

3. Product Overview

The LifePro Mini Red Light Therapy Belt is designed to deliver targeted red and near-infrared (NIR) light therapy to various body parts. It features a compact, portable design with customizable settings for light modes, pulse, and intensity.



Image: The LifePro Mini Red Light Therapy Belt, showing the main pad, detachable controller, and included extender belt, alongside its retail packaging.

4. Features

- **Dual Wavelengths:** Combines Red Light (660nm) and Near-Infrared Light (850nm) for comprehensive therapy.
- **Customizable Sessions:** Offers Red, NIR, and Combined light modes.
- **Pulse Settings:** Includes 10Hz and 40Hz pulse options.
- **Intensity Control:** Four adjustable intensity levels.
- **Rechargeable Battery:** Integrated 6000mAh battery for wireless operation.

- **Compact and Portable:** Lightweight design suitable for travel and on-the-go use.
- **Versatile Application:** Includes a velcro extender belt for use on various body parts.



Image: Detailed view of the controller unit and a summary of key features, including the 6000mAh battery, 120 triple chip LEDs (660nm, 850nm), 2 pulse settings (10Hz, 40Hz), and 3 light modes with 4 intensity levels.

5. Setup and Charging

5.1 Initial Charging

1. Connect the USB charging cable to the charging port on the controller unit.
2. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB port.
3. The indicator light on the controller will show charging status. Charge fully before first use.

5.2 Attaching the Belt

1. Unroll the therapy belt.

2. Attach the controller unit to the designated magnetic connection points on the belt.
3. For larger areas or a more secure fit, attach the velcro extender belt to the main therapy belt.

6. Operating Instructions

6.1 Controller Functions

- **Power Button:** Press and hold to turn the device ON/OFF.
- **Mode Button (M):** Cycles through light modes: Red Light only, Near-Infrared (NIR) Light only, Combined Red + NIR Light.
- **Pulse Button (P):** Toggles between continuous light, 10Hz pulse, and 40Hz pulse.
- **Intensity Button (Sun Icon):** Adjusts the light intensity through 4 levels.

6.2 Starting a Session

1. Secure the therapy belt to the desired body area using the velcro straps. Ensure the light-emitting side is facing your skin.
2. Press and hold the Power button on the controller to turn on the device.
3. Press the Mode button to select your preferred light mode (Red, NIR, or Combined).
4. Press the Pulse button to choose between continuous or pulsed light (10Hz or 40Hz).
5. Press the Intensity button to adjust the light intensity to a comfortable level.
6. The device will automatically shut off after a preset time (typically 20 minutes). You can manually turn it off by pressing and holding the Power button.

7. Usage Guidelines

7.1 Recommended Application Areas

The flexible design and extender belt allow for application on various body parts:

- Lower back and waist
- Upper back and shoulders
- Arms and elbows
- Legs, knees, and thighs
- Feet and ankles



Image: Demonstrates the versatility of the therapy belt, with one person using it on their knee and another on their shoulder, highlighting its adaptability for various body parts.

7.2 Session Duration and Frequency

A typical session duration is 15-20 minutes. It is generally recommended to use the device 1-3 times per day on the target area, with at least a few hours between sessions. Adjust frequency based on individual needs and comfort. Consistency is key for optimal results.

8. Maintenance and Care

8.1 Cleaning

- Ensure the device is turned off and unplugged before cleaning.
- Wipe the surface of the belt and controller with a soft, damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals.
- Allow the device to air dry completely before storage or next use.

8.2 Storage

- Store the device in a cool, dry place away from direct sunlight.
- Keep it in its original packaging or a protective case to prevent damage.
- Avoid placing heavy objects on top of the device.

9. Troubleshooting

Problem	Possible Cause	Solution
Device does not turn on	Low battery; Controller not properly connected	Charge the device fully; Ensure controller is securely attached to the belt.
Lights are dim or flickering	Low battery; Incorrect intensity setting	Recharge the device; Adjust intensity using the Intensity button.
Device turns off unexpectedly	Automatic shut-off timer activated; Low battery	This is normal operation after 20 minutes; Recharge the device.
Controller buttons are unresponsive	Temporary software glitch	Turn off the device, wait a few seconds, then turn it back on.

10. Product Specifications

Feature	Specification
Model Number	LP-ALVRDPMN-BLK
Light Wavelengths	Red Light (660nm), Near-Infrared (850nm)
LEDs	120 Triple Chip LEDs
Battery Capacity	6000mAh
Pulse Settings	10Hz, 40Hz
Intensity Levels	4 Levels
Light Modes	Red, NIR, Combined
Automatic Timer	20 minutes (approx.)
Item Weight	544 g (0.44 lb)
Package Dimensions	21.79 x 12.19 x 11.81 cm

11. Warranty and Support

LifePro products are manufactured to high-quality standards. For information regarding warranty coverage, product

registration, or technical support, please refer to the official LifePro website or contact their customer service directly.

Please have your model number (LP-ALVRDPMN-BLK) and purchase date available when contacting support.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

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