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> [Itech Fusion 2 R Smart Watch User Manual](#)

Itech 500201R-40-C12

Itech Fusion 2 R Smart Watch User Manual

Model: 500201R-40-C12 | Brand: Itech

INTRODUCTION

Welcome to your Itech Fusion 2 R Smart Watch user manual. This guide provides essential information for setting up, operating, maintaining, and troubleshooting your device. The Itech Fusion 2 R is designed to help you track your health and fitness activities, including heart rate, steps, body temperature, and more, while keeping you connected with smartphone notifications.

Please read this manual thoroughly to ensure proper use and to maximize the features of your smart watch.

WHAT'S IN THE BOX

- Itech Fusion 2 R Smart Watch
- Charging Cable
- User Manual (this document)

SETUP

1. Charging Your Smart Watch

Before first use, fully charge your Itech Fusion 2 R Smart Watch. Connect the charging cable to the charging contacts on the back of the watch and to a USB power source. A full charge typically takes approximately 2 hours.



Image: Back view of the Itech Fusion 2 R Smart Watch, highlighting the charging contacts and health sensors.

2. Installing the iTOUCH Wearables App

To unlock all features and track your daily activity trends, download the **iTOUCH Wearables** app from your smartphone's app store (Apple App Store for iOS or Google Play Store for Android).

3. Pairing Your Smart Watch

1. Ensure your smart watch is charged and powered on.
2. Enable Bluetooth on your smartphone.
3. Open the iTOUCH Wearables app.
4. Follow the on-screen instructions within the app to search for and connect to your Itech Fusion 2 R Smart Watch.
5. Confirm the pairing request on both your watch and smartphone.

OPERATING INSTRUCTIONS

Basic Navigation

The Itech Fusion 2 R features a digital display. Swipe left, right, up, or down on the screen to navigate through different menus and features. Tap to select an option.



Image: Front view of the Itech Fusion 2 R Smart Watch, showing the main watch face with health metrics.

Heart Rate Monitoring

The watch tracks your heart rate 24/7. To view your current heart rate, navigate to the heart rate screen on your watch. For detailed historical data and trends, refer to the iTOUCH Wearables app.

Step Tracking (Pedometer)

Your smart watch automatically tracks your steps, distance, and calories burned throughout the day. Swipe to the activity screen to see your daily progress. Sync with the iTOUCH Wearables app for comprehensive activity logs.

Body Temperature Monitoring

The Itech Fusion 2 R includes a body temperature monitor. Navigate to the temperature screen on your watch to check your current body temperature. Ensure the watch is worn snugly on your wrist for accurate readings.

Sports Modes

The watch offers 8 sports modes to track specific workouts. These include running, cycling, hiking, elliptical training, basketball, baseball, soccer, and football. Select the desired mode before starting your activity for more accurate tracking.

Notifications

Receive notifications for texts, calls, calendar events, and other smartphone apps directly on your smart watch. Ensure your watch is paired with your smartphone and notification permissions are enabled in the iTOUCH Wearables app settings.

Sleep Tracking

Wear your smart watch to bed to automatically track your sleep patterns. The iTOUCH Wearables app provides detailed insights into your sleep quality and duration.

MAINTENANCE

Cleaning

Regularly clean your smart watch and band with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials, which can damage the device. Ensure the watch is dry before charging.

Battery Care

To prolong battery life, avoid exposing the watch to extreme temperatures. Charge the device fully when the battery is low. The watch features a 14+ day battery life under typical usage conditions.

Water Resistance

The Itech Fusion 2 R is designed to be splash and sweat resistant. It is not recommended for swimming or showering. Avoid prolonged exposure to water.

TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Watch not pairing with phone:** Make sure Bluetooth is enabled on your phone and the iTOUCH Wearables app is open. Try restarting both your phone and watch.
- **Inaccurate readings (Heart Rate/Steps/Temperature):** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors on the back of the watch.
- **Notifications not appearing:** Check app permissions in your phone settings and within the iTOUCH Wearables app to ensure notifications are enabled for the desired applications.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and ensure background app refresh is managed.

SPECIFICATIONS

Feature	Detail
Model Number	500201R-40-C12
Brand	Itech
Display Type	Digital
Screen Size	43 Millimeters
Case Diameter	43.0 Millimeters
Bezel Material	Metal
Band Material	Silicone
Band Color	Pink
Clasp Type	Buckle
Wireless Communication	Bluetooth
Battery Type	Lithium Ion
Battery Life	14+ Days (typical usage)
GPS	Via Smartphone
Compatible Devices	Smartphone
Product Dimensions	5 x 2.5 x 3 inches
Item Weight	5.2 ounces

WARRANTY AND SUPPORT

For warranty information, technical support, or further assistance, please refer to the official Itech Wearables website or contact their customer service directly. Details can typically be found on the product packaging or the manufacturer's website.