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HOCO Y3

HOCO Y3 Smart Watch User Manual

Model: Y3

INTRODUCTION

Thank you for choosing the HOCO Y3 Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your smartwatch.



The HOCO Y3 Smart Watch features a sleek design with a clear display, showing the current time and date.

WHAT'S IN THE BOX

Upon opening the package, please verify that all the following items are included:

- HOCO Y3 Smart Watch
- Charging Cable
- User Manual (this document)



The retail packaging for the HOCO Y3 Smart Watch, indicating the product and its model number.

SETUP

1. Charging the Smart Watch

Before first use, fully charge your HOCO Y3 Smart Watch. Connect the provided charging cable to the charging contacts on the back of the watch and a USB power source.



The HOCO Y3 Smart Watch placed on its magnetic charging dock, indicating the charging process.

2. Downloading the App

The HOCO Y3 Smart Watch connects via the **Da Fit** application. Download the Da Fit app from your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).

3. Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the Da Fit app and follow the on-screen instructions to add your device.
3. Select 'Y3' from the list of available devices to pair.
4. Confirm the pairing request on both your watch and smartphone.

OPERATING

Basic Navigation

- **Touch Screen:** Swipe left/right, up/down to navigate through menus and functions.
- **Side Button:** Press to wake the screen, return to the home screen, or access the main menu.

Key Functions

- **Activity Tracking:** The watch automatically tracks steps, distance, and calories burned.



The watch face showing daily activity metrics such as steps taken, calories burned, and heart rate.

- **Heart Rate Monitoring:** Access the heart rate function to measure your current heart rate.
- **Sleep Monitoring:** Wear the watch to bed for automatic sleep tracking and analysis.
- **Sports Modes:** Select from 8 different sports modes (walking, running, rope skipping, cycling, badminton, yoga, mountaineering, sit-ups) to track specific workouts.



A detailed view of workout statistics on the HOCO Y3 Smart Watch, including distance, calories, and BPM.

- **Notifications:** Receive call, message, and app notifications (WeChat, QQ, WhatsApp, Facebook, Line, Twitter) directly on your watch.
- **Sedentary Reminder:** The watch can remind you to move if you've been inactive for too long.
- **Remote Camera Control:** Use your watch to remotely trigger your smartphone's camera.
- **Alarm Clock & Stopwatch:** Set alarms and use the stopwatch function directly from the watch.

Customization

The HOCO Y3 Smart Watch offers multiple watch faces to personalize your device. Browse and select different dials through the Da Fit app.



The HOCO Y3 Smart Watch showcasing a vibrant and dynamic watch face option.

MAINTENANCE

- **Cleaning:** Wipe the watch and strap regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and dry thoroughly.
- **Water Resistance:** The watch is IP68 water resistant, meaning it can withstand submersion up to 1.5 meters for 30 minutes. Avoid hot water, steam, or prolonged submersion.
- **Charging:** Use only the provided charging cable. Ensure the charging contacts are clean and dry before charging.
- **Storage:** Store the watch in a cool, dry place when not in use for extended periods.

TROUBLESHOOTING

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Press and hold the side button for several seconds.
Cannot pair with smartphone	Ensure Bluetooth is on. Restart both the watch and smartphone. Make sure the Da Fit app is updated.
Notifications not received	Check app notification settings on your smartphone and within the Da Fit app. Ensure the watch is connected via Bluetooth.
Inaccurate data (steps, heart rate)	Ensure the watch is worn snugly on your wrist. Calibrate settings in the Da Fit app if available.

SPECIFICATIONS

Feature	Detail
Model Number	Y3
Screen Size	1.69 inch
Display Resolution	240 x 285
Water Resistance	IP68
CPU	Goodix 5515
Memory	RAM256KB + ROM128MB
Bluetooth Version	5.0
Battery Capacity	220 mAh
Typical Usage Time	Up to 5 days
Weight	36.5 grams
Supported Languages	13 languages (English, Russian, Arabic, Vietnamese, Thai, Polish, Spanish, Malaysian, Greek, French, Italian, Simplified Chinese, German)
Operating System	Android (compatible)
GPS	No built-in GPS



The rear view of the HOCO Y3 Smart Watch, highlighting the optical heart rate sensor and charging pins.

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the contact details provided on the product packaging or the official HOCO website. Keep your purchase receipt as proof of purchase for warranty claims.



Uživatelský návod Hoco Y1 Pro

Komplexní uživatelský návod pro chytré hodinky Hoco Y1 Pro, včetně nastavení, funkcí, propojení s telefonem a záruky. Naučte se ovládat a využívat všechny možnosti vašeho zařízení.



НОВО ES62 Сымсыз Құлаққап Пайдалану Нұсқаулығы

НОСО ES62 сымсыз құлаққаптарына арналған техникалық сипаттамалар, пайдалану, сақтау және кәдеге жарату ережелері.

Hoco EW24 Wireless Earphones User Manual

User manual for Hoco EW24 Wireless Earphones, providing setup, usage, and troubleshooting information.

Hoco BS31 Portable Bluetooth Speaker User Manual and Specifications

User manual and technical specifications for the Hoco BS31 portable Bluetooth speaker, including FCC compliance information, device features, and performance details.

Hoco EQ10 Plus True Wireless ANC+ENC Earphones User Manual

Comprehensive user manual for the Hoco EQ10 Plus true wireless ANC+ENC noise-cancelling Bluetooth earphones, covering operation, features, and warranty information.

Hoco ZNSB Smart Watch Y24 User Manual

User manual for the Hoco ZNSB Smart Watch Y24, detailing its features, operation, connectivity, and warranty information. Covers functions like dial-up, call history, SMS, music control, camera remote, weather, notifications, sports tracking, sleep monitoring, and more.