

## Lixada Men's Compression Shorts

# Lixada Men's Compression Shorts (3-Packs) Instruction Manual

Model: Men's Compression Shorts

## 1. INTRODUCTION

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This instruction manual provides essential information for the proper use, care, and maintenance of your Lixada Men's Compression Shorts. Please read this manual thoroughly to ensure optimal performance and longevity of your product.



*This image displays a pack of three Lixada Men's Compression Shorts. Each short is black with a white Lixada logo on the waistband and includes a functional side pocket, one of which holds a white smartphone.*

## 2. PRODUCT FEATURES

- **High Performance Elasticity:** Designed with excellent elasticity for increased mobility and muscle support during physical activity.
- **Breathable and Durable Fabric:** Composed of 85% polyester and 15% elastane, ensuring breathability and durability. The non-abrasion material resists tearing from high-intensity exercise.
- **Moisture-Wicking Technology:** Effectively wicks sweat away from the body to keep you dry and comfortable.
- **Comfortable Design:** Features an ergonomic seam design to minimize rubbing and flatlock seams to reduce skin irritation. A wide elastic waistband provides a snug and secure fit.
- **Side Elastic Pockets:** Equipped with exterior pockets for convenient storage of small items like mobile phones or cards.



Elastic Wide Waistband



Moisture-wicking Fabric



Comfortable Flatlock Stitching



Exterior Pocket for Storage

*A composite image highlighting key features of the Lixada compression shorts. It shows a close-up of the elastic wide waistband with the Lixada logo, the texture of the moisture-wicking fabric, the comfortable flatlock stitching, and the design of the exterior pocket for storage.*



*This image illustrates the stretchable nature of the Lixada compression shorts fabric. An inset shows the side pocket's dimensions (14cm/5.5in length, 9cm/3.5in width) and how a smartphone fits securely within it.*

### 3. SIZING GUIDE

To ensure the best fit, please refer to the size chart below. Measurements are provided for waist, hip, and length.

Size	Waist (cm)	Waist (in)	Hip (cm)	Hip (in)	Length (cm)	Length (in)
S	64	25.2	80	31.5	41	16.1
M	68	26.8	84	33.1	42	16.5
L	72	28.3	88	34.6	43	16.9
XL	76	29.9	92	36.2	44	17.3
XXL	80	31.5	96	37.8	45	17.7

# LIXADA

## Men's Compression Shorts(3PCS)

The High Performance Compression Shorts keeps you dry and comfortable with enough support to take you to the next level!



*This image presents the official Lixada size chart for men's compression shorts, detailing waist, hip, and length measurements in both centimeters and inches for sizes S, M, L, XL, and XXL. The chart is overlaid on an image of people running, suggesting active use.*

## 4. USAGE INSTRUCTIONS

Lixada Men's Compression Shorts are designed for a wide range of athletic and outdoor activities. They can be worn as a base layer or as outer shorts, depending on personal preference and activity type.

### 4.1. Wearing the Shorts

1. Ensure you have selected the correct size using the provided sizing guide for optimal compression and comfort.
2. Pull the shorts up, ensuring the wide elastic waistband sits comfortably around your waist.
3. Adjust the shorts to ensure the ergonomic seams and flatlock stitching align properly to prevent chafing.

### 4.2. Recommended Activities

These compression shorts are suitable for all seasons and various sports, including but not limited to:

- Running and Jogging
- Training and Workouts (e.g., Squats, Weight Training)
- Team Sports (e.g., Baseball, Basketball, Soccer, American Football)
- Cycling and Yoga
- Winter Sports (e.g., Skiing, Snowboarding) as a base layer
- General outdoor activities (e.g., camping, fishing)





*A man is shown wearing the Lixada black compression shorts in a gym environment, demonstrating the product's athletic fit and appearance during use.*



#### 1 Warning

Please dispose of the packaging materials properly after use to avoid choking hazard.

#### 2 Warnung

Bitte entsorgen Sie das Verpackungsmaterial nach Gebrauch ordnungsgemäß, um Erstickungsgefahr zu vermeiden.

#### 3 Avertissement

Veuillez jeter les matériaux d'emballage correctement après utilisation pour éviter tout risque d'étouffement.

#### 4 Advertencia

Deseche los materiales de embalaje adecuadamente después de su uso para evitar peligro de asfixia.

#### 5 Ostrzeżenie

Po użyciu należy odpowiednio zutylizować materiały opakowaniowe, aby uniknąć ryzyka zadławienia.

#### 6 Waarschuwing

Gooi de verpakkingsmaterialen na gebruik op de juiste manier weg om verstikkingsgevaar te voorkomen.

#### 7 Varning

Kassera förpackningsmaterialet på rätt sätt efter användning för att undvika kvävningsrisk.

#### 8 Attenzione

Smaltire correttamente i materiali di imballaggio dopo l'uso per evitare rischi di soffocamento.

#### 9 Uyarı

Boğulma tehlikesini önlemek için lütfen kullanımdan sonra ambalaj malzemelerini uygun şekilde atın.

*A collage depicting various outdoor and athletic activities where Lixada compression shorts can be utilized, including running on a treadmill, camping, fishing, cycling, and surfing.*

## 5. CARE AND MAINTENANCE

Proper care will extend the life and maintain the performance of your Lixada Compression Shorts.

### 5.1. Washing Instructions

- **Machine Wash:** The shorts are machine washable. Use cold water and a gentle cycle.
- **Detergent:** Use a mild detergent. Avoid bleach or harsh chemicals, as these can damage the fabric and elasticity.
- **Drying:** Tumble dry on low heat or hang dry. Air drying is recommended to preserve fabric integrity and elasticity over time. Avoid high heat.
- **Ironing:** Do not iron.
- **Fabric Softeners:** Avoid using fabric softeners, as they can reduce the moisture-wicking properties of the material.

## 6. SPECIFICATIONS

- **Material Composition:** 85% Polyester, 15% Spandex
- **Closure Type:** Pull On
- **Department:** Men's
- **Manufacturer:** Lixada
- **Product Dimensions:** Approximately 9.84 x 7.48 x 1.18 inches (packaged)

7. SAFETY INFORMATION



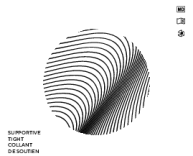


**Packaging Material Warning:** Please dispose of all packaging materials properly after use to avoid choking hazards, especially for children and pets.

8. WARRANTY AND SUPPORT

For information regarding warranty coverage or customer support, please refer to the product packaging or contact Lixada customer service directly through their official channels. Specific warranty details are not provided in this manual.

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Related Documents - Men's Compression Shorts

	<p><a href="#">Pega Sports Size Chart 2025/26   Apparel &amp; Sportswear Sizing Guide</a></p> <p>Find the perfect fit with the official Pega Sports Size Chart for the 2025/26 season. Detailed measurements for jerseys, shorts, socks, jackets, and more sportswear for men, women, and youth.</p>
	<p><a href="#">Matman USA Sports Catalog 2025-2026</a></p> <p>Explore the 2025-2026 Matman USA Sports Catalog featuring wrestling, baseball, softball, volleyball, and soccer apparel, plus custom activewear and accessories. Find high-quality athletic uniforms and gear for teams and individuals.</p>
	<p><a href="#">Stoko Supportive Tights: How to Wear, Adjust, and Care for Your Knee Support</a></p> <p>Detailed instructions for using Stoko Supportive Tights, including how to put them on, adjust support, care for the garment, and understand indications and warnings. Designed for knee stabilization and support.</p>
	<p><a href="#">Stoko Supportive Shorts: Fitting, Adjustment, and Care Guide</a></p> <p>Learn how to properly wear, adjust, and care for your Stoko Supportive Shorts. This guide provides essential instructions for fitting, support customization, indications, contraindications, and product maintenance for optimal comfort and performance.</p>
	<p><a href="#">Stoko Merino Supportive Tight - User Guide and Instructions</a></p> <p>Detailed instructions and information for the Stoko Merino Supportive Tight, including how to wear, adjust, care, and important safety warnings. Features Stoko Support System for knee stabilization.</p>





### [N-Weave Pro Shorts Sizing Guide | BE Ultimate Apparel](#)

Find the perfect fit for your N-Weave Pro Shorts with this comprehensive sizing guide from BE Ultimate Apparel. Includes detailed measurements for women's and men's sizing, and tailored fit options.