

URAMAZ CK10E

URAMAZ Smart Food Scale (Model CK10E) User Manual

Model: CK10E | Brand: URAMAZ

1. INTRODUCTION

The URAMAZ Smart Food Scale (Model CK10E) is a digital kitchen scale designed for precise food measurement and nutritional tracking. This device connects via Bluetooth to the 'Foodiet' app, offering detailed nutritional analysis for various food items. It is suitable for individuals monitoring calorie intake, macros, or specific dietary needs, supporting a healthier lifestyle through accurate data.



Image: URAMAZ Smart Food Scale displaying a weight of 368g, with a colorful fruit bowl on its platform and a smartphone showing the 'Foodiet' app interface.

2. SETUP

2.1. Battery Installation

The scale requires **2 CR2032 batteries**, which are included. To install or replace batteries:

1. Locate the battery compartment on the underside of the scale.
2. Open the battery cover.
3. Insert the 2 CR2032 batteries, ensuring correct polarity (+/-).
4. Close the battery cover securely.



Image: Close-up view of the battery compartment on the underside of the scale, showing the location for CR2032 batteries.

2.2. App Download and Initial Pairing

To utilize the nutritional tracking features, download the "Foodiet" app:

1. Search for "Foodiet" in your smartphone's app store (iOS or Android).
2. Download and install the app.
3. Ensure Bluetooth is enabled on your smartphone.
4. Open the Foodiet app and follow the on-screen instructions to pair with your URAMAZ Smart Food Scale.



Image: A woman using her smartphone with the Foodiet app, showing icons for Bluetooth, Apple Health, and Fitbit, indicating data synchronization capabilities.

3. OPERATING INSTRUCTIONS

3.1. Power On/Off

- To power on: Press the **ON/TARE** button.
- To power off: Press and hold the **ON/TARE** button for a few seconds, or wait for the automatic shut-off.

3.2. Unit Conversion

The scale supports five measurement units:

- **g** (grams)
- **lb:oz** (pounds and ounces)
- **ml** (milliliters for water)
- **fl'oz** (fluid ounces for water)
- **ml for milk** (milliliters for milk)

Press the **UNIT** button to cycle through the available units.



Image: The scale's display showing various unit options (g, ml, ml/milk, fl'oz, lb:oz) with strawberries being weighed.

3.3. Tare Function

The one-touch tare function allows you to subtract the weight of a container or continuously add ingredients without recalculating.

1. Place an empty container on the scale.
2. Press the **ON/TARE** button to zero out the display.
3. Add your ingredients to the container; the display will show only the weight of the ingredients.

Easy to Tare



Step 01 Place container



Step 02 Press "TARE" to zero



Step 03
Add ingredients

Image: Visual demonstration of the tare function: placing a container, pressing 'TARE' to zero, and then adding ingredients.

3.4. App Connection & Nutritional Analysis

Once paired, the Foodiet app provides comprehensive nutritional data:

- **Nutrient Metrics:** Access 20 metrics including calories, fat, sugar, and protein from a vast USDA database (over 1 million items).
- **Food Entry:** Search for food items or scan barcodes directly within the app.
- **Custom Foods/Recipes:** Create and save your own custom food entries and recipes.
- **Progress Tracking:** The app automatically stores daily intake data and organizes it into charts, helping you monitor progress towards health goals.
- **Data Synchronization:** Sync your nutritional data with Apple Health and Fitbit for integrated health

tracking.



Image: An infographic illustrating the 20 nutritional metrics (Protein, Total Carbs, Calories, Total Fat, Vitamin C, Vitamin A, Vitamin D, Sodium, Iron, Potassium, Cholesterol, Calcium) analyzed by the Foodiet app.

Track Calories & Macros Trend



Image: A woman viewing calorie and macro trend charts on her smartphone, with the URAMAZ Smart Food Scale visible in the foreground.

3.5. Customizable Auto-Off

The scale features an automatic shut-off function to conserve battery life. The default is 2 minutes, but this can be customized via the Foodiet app to **2, 3.5, 5, or 30 minutes** to prevent unwanted shutdowns during longer food preparation sessions.

4. MAINTENANCE

4.1. Cleaning

To clean your URAMAZ Smart Food Scale:

- Wipe the scale surface with a soft, damp cloth.
- Do not immerse the scale in water or use abrasive cleaners.
- Ensure the scale is dry before storage.

4.2. Battery Replacement

When the display indicates low battery, replace the 2 CR2032 batteries as described in Section 2.1.

5. TROUBLESHOOTING

If you encounter issues with your URAMAZ Smart Food Scale, consider the following:

- **Scale not turning on:** Check if batteries are correctly installed and have sufficient charge. Replace if necessary.
- **Inaccurate readings:** Ensure the scale is placed on a flat, stable surface. Avoid placing it near strong electromagnetic fields. Recalibrate if the option is available in the app or manual.
- **App connectivity issues:** Ensure Bluetooth is enabled on your device and the scale is within range. Restart both the app and the scale.
- **Display issues (e.g., blank screen, flickering):** This could indicate low battery or a connection issue. Try replacing batteries.

6. SPECIFICATIONS

- **Model Number:** CK10E
- **Brand:** URAMAZ
- **Product Dimensions:** 7.9 x 5.94 x 0.43 inches
- **Item Weight:** 7.06 ounces
- **Weight Limit:** 11 lbs (5 kg)
- **Accuracy:** 3g / 0.1 oz
- **Batteries:** 2 CR2032 (included)
- **Display Type:** LCD
- **Special Features:** Auto Shut Off, Bluetooth Connectivity, Macro Counting, Nutritional Analysis APP, Smart Foodiet App, Connect to Fitbit



Image: The scale displaying its minimum (0.1 oz) and maximum (11 lb) weight capacities.

7. OFFICIAL PRODUCT VIDEO

Video: A demonstration of the URAMAZ Smart Food Scale, highlighting its ease of use for calculating calories and macros intake with the accompanying app.

8. WARRANTY AND SUPPORT

For product support, warranty information, or any inquiries, please contact URAMAZ customer service through their official channels or the retailer where the product was purchased.