

LC-dolida LC001

LC-dolida Bluetooth Sleep Headband Headphones User Manual

Model: LC001 | Brand: LC-dolida

1. INTRODUCTION

Welcome to the user manual for your new LC-dolida Bluetooth Sleep Headband Headphones. This innovative 3-in-1 device combines the comfort of a headband with the functionality of wireless headphones, making it ideal for sleeping, sports, meditation, and everyday relaxation. Please read this manual carefully to ensure proper use and maintenance of your product.

2. PRODUCT FEATURES

- **3-in-1 Design:** Functions as sleep headphones, wireless earbuds, and a sports headband.
- **Comfortable & Breathable:** Made from super elastic, soft, and breathable polyurethane material.
- **HiFi Stereo Sound:** Delivers immersive audio with clear sound and punchy bass.
- **Long Playtime:** Up to 8-10 hours of listening time on a single charge.
- **Quick Charging:** Fully charges in 1-2 hours.
- **Hands-Free Calling:** Built-in microphone for convenient phone calls.
- **Washable:** Detachable electronic components allow for easy cleaning of the headband.
- **Universal Compatibility:** Connects with iOS, Android, Windows, Mac, and all Bluetooth-enabled devices.
- **Ergonomic Design:** Ultra-thin and adjustable speakers for maximum comfort, even for side sleepers.

AMAZING SPORTING HEADBAND

Fabrics upgraded for sports



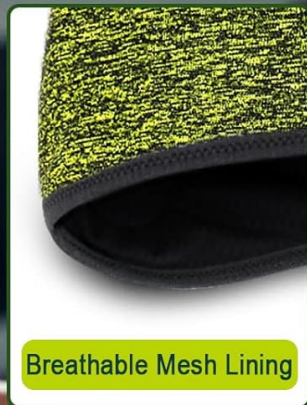
HD Stereo



Lightweight



**Breathable &
Comfortable**



Breathable Mesh Lining

The headband is designed for comfort and high-quality audio.

3. PACKAGE CONTENTS

- 1 x LC-dolida Bluetooth Sleep Headband Headphones
- 1 x USB Charging Cable
- 1 x User Manual



Your package includes the headband, charging cable, and user manual.

4. SETUP AND GETTING STARTED

4.1 Charging the Headband

Before first use, fully charge your headband. Connect the provided USB charging cable to the charging port on the control panel of the headband and plug the other end into a USB power source (e.g., computer, wall adapter). The indicator light will show charging status. A full charge takes approximately 1-2 hours.

POWER YOUR DAY

Enjoy your headphones the entire day,
without missing a beat.

1-2 ⚡

Hours of
Charging time

8-10 🎵

Hours of
Listening time



Charge your headband for 1-2 hours for 8-10 hours of listening.

4.2 Bluetooth Pairing

1. Ensure the headband is charged.
2. Press and hold the power button on the control panel until you hear "Power On" and the indicator light starts blinking blue/red, indicating it's in pairing mode.
3. On your smartphone or Bluetooth-enabled device, go to Bluetooth settings.
4. Search for "Music Cozy" (or similar name) in the list of available devices.
5. Select "Music Cozy" to connect. You will hear "Connected" once pairing is successful.

Watch this video for a demonstration on how to power on and pair your Bluetooth headband headphones.

5. OPERATING INSTRUCTIONS

5.1 Control Panel Functions

The control panel on your headband features three buttons:

- **Power Button (Middle):** Press and hold to power on/off. Short press to play/pause music or answer/end calls.
- **Volume Down / Previous Track Button (-):** Short press to decrease volume. Long press to go to the previous track.
- **Volume Up / Next Track Button (+):** Short press to increase volume. Long press to go to the next track.

Habe ein Problem?

Wir reparieren es!
kontaktieren sie uns mit
diese Stufen:



Schritt 1

Klicken Sie auf der
Amazon-Produktseite auf den
Link "SZHEYE-DE" unterhalb
des Bluetooth-Symbols "In den
Einkaufswagen".



Schritt 2

Klicken Sie auf der
Verschachtelungsseite auf die
Schaltfläche "Frage stellen" in
der oberen rechten Ecke.



LC-dolida

The control panel allows easy management of music and calls.

5.2 Wearing the Headband

Position the headband comfortably around your head, ensuring the speakers are aligned with your ears. The flexible design allows for various wearing styles, whether for sleep, sports, or casual use.



MULTI-PURPOSE USES

Love Sports, Love Music, Love Life

The headband is versatile for multiple activities.

6. MAINTENANCE

6.1 Cleaning Instructions

To clean your headband, first remove the electronic components (speakers and control panel). Gently slide them out from the internal pockets of the headband. Once removed, the fabric headband can be hand-washed or machine-washed on a gentle cycle with mild detergent. Air dry completely before reinserting the electronics.

This video demonstrates how to remove the electronic components for washing.

6.2 Fabric Information

The headband is made from a blend of Polyester Fiber (38%), Polyamide Fiber (52%), and Spandex (10%) with a breathable mesh lining. This composition ensures moisture-wicking, breathability, and quick-drying properties, making it comfortable for extended wear and active use.

Seit 2023 haben unsere von ClimatePartner
zertifizierten klimaneutralen Produkte
1.132.118 kg CO₂-Emissionen ausgeglichen –
das entspricht dem Pflanzen von
650.000 Bäumen. Machen Sie mit
für einen grüneren Planeten.



ClimatePartner
Zertifizierung



FSC-zertifizierte
grüne Verpackung



**mit geringem
Kunststoffanteil**
Products



The fabric is designed for comfort and quick drying.

7. SPECIFICATIONS

Feature	Detail
Model Number	LC001
Brand	LC-dolida
Connectivity Technology	Wireless (Bluetooth)
Material	Polyurethane
Dimensions (L x W x H)	20 x 10 x 2 cm
Weight	90 Grams
Battery	1 Lithium-Polymer (included)
Charging Time	1-2 hours
Playtime	8-10 hours
Control Type	Volume Control
Form Factor	On-Ear
Noise Control	None
Target Audience	Unisex-Adults

8. TROUBLESHOOTING

If you encounter any issues with your LC-dolida Bluetooth Sleep Headband Headphones, please refer to the following common solutions:

- **No Power:** Ensure the headband is fully charged.
- **Cannot Pair:** Make sure the headband is in pairing mode (blinking blue/red light). Turn off and on your device's Bluetooth, then try re-pairing. Ensure no other devices are connected to the headband.
- **No Sound:** Check the volume levels on both the headband and your connected device. Ensure the headband is successfully paired.
- **Poor Sound Quality:** Ensure the headband is within Bluetooth range (approx. 10 meters/33 feet) of your device. Check for interference from other electronic devices.
- **Charging Issues:** Try a different USB cable or power adapter. Ensure the charging port is clean and free of debris.

If the problem persists, please contact customer support.



ENGAGEMENT

Wählen Sie uns und profitieren Sie von **große Vorteile:**

- (1). Online-Kundenservice rund um die Uhr.
- (2). 2 Jahre Garantie.
- (3). Ausstellung von Rechnungen.
- (4). Bei Qualitätsproblemen: Ersatz oder Rückerstattung verlangen.

Follow these steps if you encounter a problem.

9. WARRANTY AND SUPPORT

LC-dolida is committed to providing high-quality products and excellent customer service. Your Bluetooth Sleep Headband Headphones come with a **2-year technical support and warranty**. If you experience any quality-related issues, you are entitled to a replacement or refund.

We offer **24/7 online customer service** to assist you with any questions or concerns. Please do not hesitate to reach out to us for support.








【 Beste Geschenke 】
für fast Jeden
Sie können sie als
Yoga
Lauf
Musikfestival
Wander
Trainings
Sport-Stirnbänder
verwenden

Benefit from 24/7 customer service and a 2-year warranty.

© 2024 LC-dolida. All rights reserved.

Related Documents - LC001

	<p>LC-dolida Bluetooth Headband Headphones User Manual</p> <p>Comprehensive user manual for LC-dolida Bluetooth Headband Headphones. Learn about package contents, product specifications, LED status indicators, operation instructions, quick start guide, washing and care, and support information. Features Bluetooth 5.2, HD stereo sound, and comfortable headband design.</p>

	<p>LC-dolida Bluetooth Sleep Headphones: Features, Usage, and Warranty</p> <p>Comprehensive Q&A covering the features, material, charging, usage, cleaning, sound quality, warranty, brand history, and design team behind the LC-dolida Bluetooth Sleep Headphones.</p>
	<p>LC-dolida Bluetooth Sleep Mask User Manual: Features, Operation, and Care</p> <p>Comprehensive user manual for the LC-dolida Bamboo Cotton Bluetooth Sleep Mask. Learn about its 3D soft design, sleep headphones, timing settings, blackout capabilities, and how to use it for side sleepers, men, and women.</p>
	<p>LC-dolida Bluetooth Headband Headphones User Manual</p> <p>User manual for LC-dolida Bluetooth Headband Headphones, detailing features, specifications, operation, care instructions, and support information.</p>
	<p>LC-dolida K30 Bluetooth Headband Headphones User Manual</p> <p>Comprehensive user manual for LC-dolida K30 Bluetooth Headband Headphones. Learn about features, specifications, setup, operation, and troubleshooting for these sweatproof, long-lasting wireless headphones.</p>