

POC Fornix MIPS

POC Fornix MIPS Ski Helmet Instruction Manual

Model: Fornix MIPS (Model Number: 10476)

Brand: POC

1. OVERVIEW

The POC Fornix MIPS Ski Helmet is engineered for all-day comfort and protection during ski and snowboard activities, both on and off the slopes. This lightweight and well-ventilated helmet incorporates advanced safety features and adaptable design elements to enhance your mountain experience.

Key Features:

- **MIPS Technology:** Enhances rotational impact protection.
- **Lightweight & Durable Construction:** Features an in-mold PC shell, reinforced EPS liner, and aramid bridge for strength and structural stability.
- **Adjustable Ventilation:** Provides optimal temperature control in varying weather conditions.
- **360° Adjustment System:** Ensures a comfortable and secure fit without the need for changing padding.
- **Goggle Compatibility:** Fixed goggle clip and integrated goggle vents prevent fogging.

2. SETUP

2.1. Sizing and Fit

To ensure maximum protection, your helmet must fit correctly. Helmet sizes are based on the circumference of your head. Use a measuring tape to wrap around your head, just above your eyebrows, to determine your head circumference.

Helmet Size Guide

Brand Size	Head Circumference (cm)
XS - S	51 - 54
M - L	55 - 58
XL - 2XL	59 - 62

Once you have selected the correct size, use the 360° adjustment system located at the back of the helmet to fine-tune the fit. Turn the dial clockwise to tighten and counter-clockwise to loosen until the helmet feels snug and secure without causing pressure points.



Image: Front view of the POC Fornix MIPS Ski Helmet in Apatite Navy Matt, showing the overall shape and ventilation slots.

2.2. Goggle Attachment

The helmet features a fixed goggle clip at the rear to securely hold your goggles in place. Ensure your goggle strap is positioned correctly within this clip to prevent slippage during activity. The helmet's design also includes vents that align with most goggle frames to facilitate airflow and minimize fogging.



Image: Rear view of the POC Fornix MIPS Ski Helmet, highlighting the goggle clip and adjustable ventilation system.

3. OPERATING THE HELMET

3.1. Ventilation Control

The Fornix MIPS helmet is equipped with fully adjustable ventilation. Locate the sliders on the helmet's exterior to open or close the vents. Adjust these as needed to regulate airflow and maintain a comfortable head temperature, preventing overheating or excessive cooling.



Image: Side view of the POC Fornix MIPS Ski Helmet, illustrating the ear pads and side ventilation openings.

3.2. Detachable Ear Pads

For increased comfort in warmer conditions or for personal preference, the ear pads are detachable. Gently unclip or unfasten the ear pads from their attachment points within the helmet. Reattach by aligning and securing them back into position.

4. MAINTENANCE

4.1. Cleaning

- **Exterior:** Clean the helmet's exterior with a soft, damp cloth and mild soap. Avoid harsh chemicals or abrasive materials that could damage the shell.
- **Interior:** The internal padding and ear pads can be gently hand-washed with mild soap and water. Allow them to air dry completely before reinserting into the helmet.
- **Ventilation:** Ensure ventilation openings are clear of debris. Use a soft brush or compressed air if necessary.

4.2. Storage

Store the helmet in a cool, dry place away from direct sunlight and extreme temperatures. Prolonged exposure to heat (e.g., inside a hot car) can damage the helmet's materials and compromise its protective capabilities. Use the provided

helmet bag, if applicable, to protect it from scratches and dust.

4.3. Inspection

Regularly inspect your helmet for any signs of damage, such as cracks in the shell, dents, or deterioration of the EPS liner. If the helmet has sustained an impact, even if no visible damage is present, it should be replaced immediately as its protective integrity may be compromised.

5. TROUBLESHOOTING

- **Helmet feels too tight or too loose:** Re-adjust the 360° adjustment system. If the issue persists, verify your head circumference against the size guide to ensure you have the correct helmet size.
- **Goggles fogging up:** Ensure the helmet's ventilation system is open and that your goggles are properly seated with the helmet's integrated goggle vents. Check that the goggle strap is not obstructing any helmet vents.
- **Discomfort during wear:** Ensure the helmet is properly adjusted and not too tight. Check for any foreign objects or misaligned padding inside the helmet. The detachable ear pads can be removed if they cause discomfort in warmer conditions.

6. SPECIFICATIONS

Feature	Detail
Brand	POC
Model Name	Ski Helmet
Model Number	10476
Color	Apatite Navy Matt
Age Range	Adult
Outer Material	Polycarbonate (PC)
Inner Material	Expanded Polystyrene (EPS)
Item Weight	0.48 Kilograms
Special Features	Adjustable Strap, Lightweight, MIPS Technology, Ventilation
Included Components	Ski helmet

7. WARRANTY & SUPPORT

This POC Fornix MIPS Ski Helmet comes with a **2-year manufacturer's warranty**. For warranty claims, product support, or any inquiries regarding your helmet, please contact POC customer support through their official website or the retailer where the product was purchased. Keep your proof of purchase for warranty validation.

For additional information and resources, please visit the official POC Store.

Note: Always prioritize safety. If you have any doubts about the integrity or fit of your helmet, discontinue use and seek professional advice.

