LAMAX BCool

LAMAX BCool Smart Watch User Manual

Model: BCool

INTRODUCTION

Thank you for choosing the LAMAX BCool Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it thoroughly to ensure proper use and to maximize the watch's features.

Image: The LAMAX BCool Smart Watch, featuring a black body and a blue patterned strap, displays the current time and step count on its screen.

PACKAGE CONTENTS

- LAMAX BCool Smart Watch
- Multi-coloured strap (pre-attached or included)
- Single-colour strap (matching watch body)
- Charging cable (magnetic)

- User Manual (this document)

Benachrichtigung im Telefon	Superfeines 1,4" Touchdisplay	Schrittmesser, zurückgelegte Entfernung und Kcal	4 Bildungsspiele	Steuerung der Musik vom Telefon aus
2 austauschbare Uhrbänder in der Verpackung	Batterielaufzeit 5-7 Tage	Laufende Messung der Herzfrequenz	Überwachung von Sportaktivitäten	Wasserdicht IP68

Image: An illustrative diagram highlighting key features of the LAMAX BCool Smart Watch, including notifications, touch display, pedometer, educational games, music control, interchangeable straps, long battery life, heart rate monitoring, sports tracking, and IP68 water resistance.

SETUP

1. Charging the Device

Before first use, fully charge your LAMAX BCool Smart Watch.

1. Connect the magnetic charging cable to the charging points on the back of the watch.
2. Plug the USB end of the cable into a standard USB power adapter (not included) or a computer's USB port.
3. The watch display will indicate charging status. A full charge typically takes a few hours.

Image: A detailed view of the LAMAX BCool Smart Watch, showing its front and back. Callouts indicate features such as its light weight (34g), app connectivity, customizable watch faces, durable glass, multi-function crown, slim design, magnetic charging connector, and use of phthalate-free materials.

2. Pairing with Your Smartphone

The LAMAX BCool Smart Watch is compatible with both Android and iOS devices.

1. Download the official LAMAX BCool app from your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the LAMAX BCool app and follow the on-screen instructions to create an account or log in.
4. Select "Add Device" or similar option within the app and choose the LAMAX BCool from the list of available devices.
5. Confirm the pairing request on both your watch and smartphone.

Once paired, the watch will synchronize time and data with your smartphone.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touch Display:** Swipe left/right or up/down to navigate through menus and features. Tap to select an option.
- **Side Button:** Press to wake the screen, return to the home screen, or go back in menus.

Key Features Overview

Notifications

Receive alerts for incoming calls, SMS messages, and app notifications (e.g., TikTok) directly on your watch. The watch will vibrate to alert you.

Image: A child's hand wearing the LAMAX BCool Smart Watch, which is displaying an incoming call notification from "Mom". A backpack is visible in the background.

Activity Tracking

The watch automatically tracks steps, distance, and calories burned. It also monitors heart rate throughout the day and sleep quality at night.

- **Steps:** View your daily step count on the main watch face or in the activity menu.
- **Heart Rate:** Access the heart rate monitor from the watch menu to see your current heart rate.
- **Sleep Analysis:** Wear the watch to bed for automatic sleep tracking. Detailed sleep data is available in the companion app.

Image: The LAMAX BCool Smart Watch displaying an incoming call, positioned next to a smartphone screen that shows the companion app's dashboard with daily steps (7,830), sleep duration (8:40), heart rate (89 BPM), and current weather (29°C).

Sports Modes

Select from various sports modes to track specific activities like cycling, hiking, or running.

1. Navigate to the "Sports" menu on the watch.
2. Select your desired activity.
3. The watch will begin tracking duration, distance, and other relevant metrics.

Image: Two LAMAX BCool Smart Watches. One watch displays a menu of sports activities including Basketball, Tourism, and Cycling. The other watch shows active tracking data, including elapsed time (00:58:30), distance (0.750 Km), calories burned (483 Kcal), and heart rate (68 BPM).

Educational Games

The watch includes four educational games designed to hone logic, math, and perception skills.

- Access the "Games" menu from the watch.
- Select the game you wish to play.
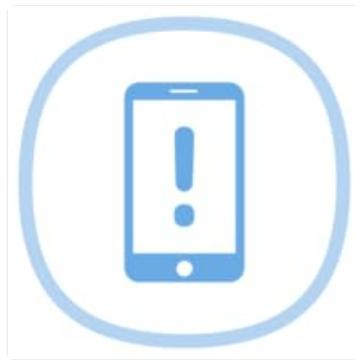
Image: A screenshot of one of the educational games available on the LAMAX BCool Smart Watch, featuring a grid-based puzzle with numbers.

Customization

Change watch faces to personalize your device. The watch comes with numerous pre-installed watch faces.

Und mehr…

MAINTENANCE

Cleaning

- Wipe the watch and straps with a soft, damp cloth.
- Do not use harsh chemicals or abrasive cleaners.
- Ensure the charging contacts are clean and dry before charging.

Water Resistance (IP68)

The LAMAX BCool Smart Watch has an IP68 rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes.

- It is suitable for everyday use, including hand washing and light rain.
- Avoid prolonged immersion, hot water, or exposure to high-pressure water jets.
- Do not press buttons while the watch is submerged.

Strap Replacement

The watch comes with two interchangeable straps. To replace a strap:

1. Locate the quick-release pins on the underside of the strap where it connects to the watch body.
2. Slide the pin inwards to detach the strap.
3. Align the new strap with the watch body and insert one end of the pin into the lug hole.
4. Slide the quick-release pin inwards and guide the other end into the opposite lug hole. Release the pin to secure the strap.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Watch not turning on	Low battery	Charge the watch for at least 30 minutes.
Watch not pairing with phone	Bluetooth off, app issue, watch not discoverable	Ensure Bluetooth is on. Restart both watch and phone. Reinstall the app.
Notifications not appearing	App permissions, notification settings	Check app notification permissions on your phone. Ensure notifications are enabled in the LAMAX BCool app.
Inaccurate activity data	Improper wear, software glitch	Ensure the watch is worn snugly on the wrist. Restart the watch.
Short battery life	Frequent use of features, old battery	Reduce screen brightness. Limit continuous heart rate monitoring. Ensure full charge cycles.

SPECIFICATIONS

Feature	Detail

Feature	Detail
Model Name	BCool
Brand	LAMAX
Display	1.4-inch Touch Display
Battery Life	Up to 5-7 days (typical usage)
Water Resistance	IP68 (up to 1.5m for 30 minutes)
Connectivity	Bluetooth (Android & iOS compatible)
Sensors	Heart Rate Monitor, Pedometer
Educational Games	4 pre-installed games
Dimensions	22.3 x 3.65 x 1.1 cm
Weight	34 g
Battery Type	1 Lithium Ion battery

WARRANTY AND SUPPORT

LAMAX products are covered by a manufacturer's warranty. For detailed warranty information, please refer to the warranty card included in your product packaging or visit the official LAMAX website.

For technical support, troubleshooting assistance, or to inquire about replacement parts, please contact LAMAX customer service through their official website or the contact information provided in your product documentation.

Official LAMAX Website: www.lamax.eu

Related Documents - BCool

[LAMAX WatchY4 Play Operating Instructions](#)

Comprehensive operating instructions for the LAMAX WatchY4 Play, covering charging, setup, features, and technical specifications. Includes guidance on SIM card insertion, app installation, and device usage.

	[LAMAX BCool2 Plus Smartwatch: Operating Instructions and Features](#) Comprehensive operating instructions for the LAMAX BCool2 Plus smartwatch, covering charging, basic controls, functions like Bluetooth calling, health monitoring (heart rate, blood pressure, SpO2), sports tracking, app installation, and technical specifications.
	[LAMAX WatchY2 Quick Start Guide](#) A quick start guide for the LAMAX WatchY2, detailing setup, SIM card installation, app connection, and basic device settings.
Hey! I'm WatchY4 Let's get started	[WatchY4 Quick Start Guide: Setup and LAMAX Connect App](#) Get started with your WatchY4 smartwatch. This guide covers SIM card setup, connecting to WiFi, downloading and using the LAMAX Connect app for communication, location tracking, safety zones, and more.
	[LAMAX WatchY4 Play Operating Instructions and User Guide](#) Detailed operating instructions and user guide for the LAMAX WatchY4 Play smartwatch, covering charging, setup, features, app integration, and technical specifications.
Hallo! Ich bin Handee Lernen wir uns kennen	[LAMAX Handee Smartwatch: Quick Start Guide and Setup](#) This guide provides essential steps for setting up your LAMAX Handee smartwatch, including SIM card insertion, Wi-Fi connection, downloading and using the LAMAX Connect app, managing contacts, setting up safety zones, and enabling location tracking.